

MAJOR REQUIREMENTS (88 UNITS) *Grades of "C" or better required. Courses should be completed in order listed.*

	FALL	WINTER	SPRING
Health Science Core Curriculum - (30 units)			
HLSC 104 Seminar in Health Science (1)	_____	_____	_____
HLSC 214 Dimensions of Health (4) Prerequisite: ENGL 111/124. Recommended: HLSC 120/214. Social Science*	_____	_____	_____
HLSC 225 Nutrition Theory and Practice (4) Prerequisite: Math 007 Sophomore; recommended: HLSC 120/HLSC 214 Life Science*. No laboratory.	_____	_____	_____
HLSC 275 Critical Scholarship in Health Science (4) Prerequisite: ENGL 113 or 124.	_____	_____	_____
HLSC 317 Health, Society, and the Consumer (4) Prerequisite: ENGL 113/124 and HLSC 214 and HLSC 275	_____	_____	_____
HLSC 340 Lifestyle Diseases (4) Prerequisite: HLSC 214 & 275	_____	_____	_____
HLSC 350 Health Science Colloquium II (1) Prerequisite: HLSC 214.	_____	_____	_____
HLSC 467 Principles of Epidemiology (4) Prerequisite: MATH 155, and HLSC 214.	_____	_____	_____
HLSC 476 Health and the Global Environment (4) Prerequisite: HLSC 214 and HLSC 275	_____	_____	_____
Clinical Health Studies Courses (44 units)			
BIOL 111 General Biology I (4) and BIOL 111L Laboratory (1) Prerequisite: MATH 121 eligibility. Life Science*	_____	_____	_____
BIOL 111A General Biology Seminar (0)	_____	_____	_____
BIOL 112 General Biology II (4) and BIOL 112L/114L Laboratory (1) Prerequisite: BIOL 111, 111A, and 111L. Life Science*	_____	_____	_____
BIOL 113 General Biology III (4) and BIOL 113L/115L Laboratory (1) Prerequisite: BIOL 112 and 112L/114L. Life Science*	_____	_____	_____
CHEM 111 General Chemistry I (4) and CHEM 111L Laboratory (1) Prerequisite: MATH 121 eligibility and Chemistry placement, Physical Science *	_____	_____	_____
CHEM 112 General Chemistry II (4) and CHEM 112L Laboratory (1) Prerequisite: CHEM 111 and 111L. Physical Science*	_____	_____	_____
CHEM 113 General Chemistry III (4) and CHEM 113L Laboratory (1) Prerequisite: CHEM 112 and 112L. Physical Science*	_____	_____	_____
CHEM 281 Organic Chemistry I (3) and CHEM 281L Laboratory (1) Prerequisite: CHEM 113 and 133L.	_____	_____	_____
CHEM 282 Organic Chemistry II (3) and CHEM 282L Laboratory (1) Prerequisite: CHEM 281 and 281L.	_____	_____	_____
EXSC 426 Exercise Physiology (4) Prerequisite: BIOL 131 and 132. Offered fall quarters.	_____	_____	_____
Required Cognates (14 units)			
BIOL 131 Human Anatomy and Physiology I (5) Life Science*	_____	_____	_____
BIOL 132 Human Anatomy and Physiology	_____	_____	_____
MATH 155 Introductory Statistics	_____	_____	_____

SEE REVERSE FOR UNIVERSITY STUDIES REQUIREMENTS

*A maximum of 4 units from the Major, and 8 units of Cognates required by the Major, may apply to University Studies General Studies requirements (2020-2021 Undergraduate Academic Bulletin)

NOTE: Should a student's general education and major degree program requirements not meet the minimum 190 units required for graduation, the student must complete elective units to make up the deficiency.

UNIVERSITY STUDIES (73-86 UNITS)

Foundational Studies (21-34 units) *Grades of "C" or better required*

FALL WINTER SPRING

- I. First Year Seminar UNST 101A (1), UNST 101B (1), UNST 101C (1)
- II. Rhetorical Skills A. ENGL 111 (3), ENGL 112 (3), ENGL 113 (3) **OR**
ENGL 124 Freshman Seminar (4)
B. Upper Division Rhetoric in HLSC 317 Health, Society, & Consumer (4)
- III. Mathematics One college-level Mathematics course (4) MATH 155 required by major
- IV. World Languages Level 3 proficiency (e.g. 153) in one non-English language (4-12)
- V. Health and Fitness HLSC 120 (2)

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General Studies (52 units, 16 upper division) *Grades of "D" or better required, unless courses are required by major*

THEME I. Social Sciences (SSCI) 8 units

- Globalization, Identity and Citizenship (4 units from SSCI 204, 205, 206, 207, 208 or 209) Prerequisite: ENGL 113 or 124
- Social Science Breadth Course (4 units)

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THEME II. Arts and Humanities (HUMN) 12 units

- Exploring Culture (4 units from HUMN 104, 105, 106, 107, 108 or 109) Prerequisite: ENGL 111 or 124
- Arts and Humanities Breadth Course (4 units)
- Arts and Humanities Breadth Course (4 units)

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THEME III. Religious Beliefs and Practices (RLGN) 16 units

- RLGN 304 Adventism in Global Perspective or RLGN 305 Religion in Three Cultures (4 units) Prerequisite: ENGL 113 or 124, Junior Status
- A. Spiritual Experience and Expressions (0-4 units)
- B. Beliefs and Heritage (4 units)
- C. Scripture (4 units)
- D. Religion and Society (4 units)

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THEME IV. Natural Sciences (NSCI) 12 units

- Scientific Foundations (4 units from NSCI 404, 405, 406, 407, 408 or 409 Senior Status) Prerequisite: ENGL 113 or 124, College-Level Math, Junior or Senior Status
- Life Science (4 units) Either life science or physical science must include a lab
- Physical Science (4 units) Either life science or physical science must include a lab

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THEME V. Senior Seminar (UNST) 4 units

- UNST 404G Religion, Values, and Social Responsibility (4)

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Service Learning (3 Courses)

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