

# LA SIERRA UNIVERSITY STUDENT WELLNESS SERVICES

4500 Riverwalk Parkway Riverside, CA 92515-8247

951.785.2200

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## Consent to Treatment

I agree to participate in any necessary therapeutic intervention and treatment provided by Student Wellness Services. Students who are currently enrolled at La Sierra University are eligible for 12 sessions per academic year. Psychotherapy consists of face-to-face contacts between the therapist and the person(s) in treatment. The focus will generally be on your presenting problems and associated feelings. Focus will also include assessment of the possible causes of the problems and an exploration of our attempts to cope with them and then to investigate alternative plans of action and other possible consequences.

I acknowledge that I have read and understand the above information. I agree to accept treatment.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Confidentiality Agreement

All clinical information and records shared by you with Student Wellness Services and obtained in the course of treatment shall remain confidential and will not be released except as required by California law under the following conditions:

- If there is reasonable cause to believe that you are in such mental emotional condition as to be a danger to yourself, or the person or property of another;
- If you reveal an act of abuse against a child or elderly person;
- If you sign a written release of information allowing for specific information to be provided to or be exchanged with professionals or others regarding your treatment.

I acknowledge that I have read and understand the about information. If I have any additional questions regarding confidentiality, I will consult with my therapist.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Board of Behavioral Sciences Notice to Clients

The Board of Behavioral Sciences receives and responds to complaints regarding services provided within the scope of practice of (marriage and family therapists, licensed educational psychologists, clinical social workers, or professional clinical counselors). You may contact the board online at [www.bbs.ca.gov](http://www.bbs.ca.gov), or by calling (916) 574-7830.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



LA SIERRA UNIVERSITY, RIVERSIDE CA  
STUDENT WELLNESS SERVICES  
Phone: (951) 785-2200 Fax: (951) 785-2263

LAST NAME:  
FIRST NAME:  
ID #:  
BIRTHDAY: