

LA SIERRA UNIVERSITY

HEALTH SCIENCE: CLINICAL HEALTH STUDIES BS

Total Units Required: 190 units

Required Course Listings

This breakdown shows a Health Science: Clinical Health Studies BS Pathway to be completed in 4 years at La Sierra University. All courses with a star (★) indicate a prerequisite or multiple prerequisites for the class. Courses with a dagger (†) are only offered in years ending with an odd number (e.g. 2022-2023 school year) and courses with a double dagger (‡) are only offered in years ending with an even number (e.g. 2023-2024 school year). By following the suggested/required sequencing all necessary prerequisite courses will be fulfilled. Please consult the Bulletin, Records, or your Guided Pathways Advisor for more information about prerequisites.

Major Requirements (80 units)

Course	Course Title	Units
BIOL 111	General Biology I★	4
BIOL 111A	General Biology Seminar	0
BIOL 111L	General Biology I Lab★	1
BIOL 112	General Biology II★	4
BIOL 112L	General Biology II Lab★	1
BIOL 113	General Biology III★	4
BIOL 113L	General Biology III Lab★	1
BIOL 131	Human Anatomy & Physiology I	5
BIOL 132	Human Anatomy & Physiology II★	5
CHEM 111	General Chemistry I	4
CHEM 111L	General Chemistry I Lab	1
CHEM 112	General Chemistry II★	4
CHEM 112L	General Chemistry II Lab★	1
CHEM 113	General Chemistry III★	4
CHEM 113L	General Chemistry III Lab★	1
CHEM 281	Organic Chemistry I★	4
CHEM 281L	Organic Chemistry I Lab★	1
CHEM 282	Organic Chemistry II★	4
CHEM 282L	Organic Chemistry II Lab★	1

General Education Requirements (110 units)

Course	Course Title	Units
UNST 101	First Year Seminar	3
ENGL 111	College Writing I	3
ENGL 112	College Writing II★	3
ENGL 113	College Writing III★	3
WDLG 151	World Language I	4
WDLG 152	World Language II★	4
WDLG 153	World Language III★	4
HLSC 120	Lifetime Fitness	2
SSCI 20X-SL	SSCI Theme Course (with Service Learning)	4
THM1 X00	Theme I Elective	4
HUMN 10X	HUMN Theme Course	4
THM2 3/400	Theme II Elective Upper Division★	4
THM2 X00	Theme II Elective	4
RLGN 304	Adventism in Global Perspective★	4
RELB X00	Theme IIIBiii - Scripture Elective	4
THM3 3/400	Theme III Elective Upper Division★	4
THM3 X00	Theme III Elective	4
NSCI 40X-SL	NSCI Theme Course (with Service Learning)★	4
UNST 404G-SL	Senior Seminar: Religion, Values & Social Responsibility in Health & Movement (with Service Learning)★	4
MATH 121	College Algebra	4
elct X00	Elective	36

Sequencing

Health Science: Clinical Health Studies BS Pathway in 4 years at La Sierra University.

Year 1			Year 1			Year 1		
Fall Quarter (16 units)			Winter Quarter (17 units)			Spring Quarter (13 units)		
Course	Course Title	Units	Course	Course Title	Units	Course	Course Title	Units
BIOL 111	General Biology I*	4	BIOL 112	General Biology II*	4	BIOL 113	General Biology III*	4
BIOL 111A	General Biology Seminar	0	BIOL 112L	General Biology II Lab*	1	BIOL 113L	General Biology III Lab*	1
BIOL 111L	General Biology I Lab*	1	MATH 155	Introductory Statistics	4	MATH 121	College Algebra	4
HLSC 104	Seminar in Health Science	1	ENGL 112	College Writing II*	3	ENGL 113	College Writing III*	3
MATH 007	Introductory Algebra	4	UNST 101	First Year Seminar	1	UNST 101	First Year Seminar	1
ENGL 111	College Writing I	3	HUMN 10X	HUMN Theme Course	4			
HLSC 120	Lifetime Fitness	2						
UNST 101	First Year Seminar	1						
Year 2			Year 2			Year 2		
Fall Quarter (18 units)			Winter Quarter (18 units)			Spring Quarter (17 units)		
Course	Course Title	Units	Course	Course Title	Units	Course	Course Title	Units
BIOL 131	Human Anatomy & Physiology I	5	BIOL 132	Human Anatomy & Physiology II*	5	CHEM 113	General Chemistry III*	4
CHEM 111	General Chemistry I	4	CHEM 112	General Chemistry II*	4	CHEM 113L	General Chemistry III Lab*	1
CHEM 111L	General Chemistry I Lab	1	CHEM 112L	General Chemistry II Lab*	1	HLSC 275	Critical Scholarship in Health Science*	4
HLSC 214	Dimensions of Wellness*	4	HLSC 225	Nutrition Theory & Practice	4	WDLG 153	World Language III*	4
WDLG 151	World Language I	4	WDLG 152	World Language II*	4	THM2 X00	Theme II Elective	4
Year 3			Year 3			Year 3		
Fall Quarter (17 units)			Winter Quarter (17 units)			Spring Quarter (12 units)		
Course	Course Title	Units	Course	Course Title	Units	Course	Course Title	Units
CHEM 281	Organic Chemistry I*	4	CHEM 282	Organic Chemistry II*	4	HLSC 340	Lifestyle Diseases*	4
CHEM 281L	Organic Chemistry I Lab*	1	CHEM 282L	Organic Chemistry II Lab*	1	SSCI 20X-SL	SSCI Theme Course (with Service Learning)	4
RELB X00	Theme IIIBiii - Scripture Elective	4	HLSC 317	Health, Society & the Consumer*	4	THM3 X00	Theme III Elective	4
RLGN 304	Adventism in Global Perspective*	4	THM1 X00	Theme I Elective	4			
elct X00	Elective	4	THM2 3/400	Theme II Elective Upper Division*	4			
Year 4			Year 4			Year 4		
Fall Quarter (16 units)			Winter Quarter (16 units)			Spring Quarter (17 units)		
Course	Course Title	Units	Course	Course Title	Units	Course	Course Title	Units
HLSC 467	Principles of Epidemiology*	4	THM3 3/400	Theme III Elective Upper Division*	4	HLSC 350	Health Science Colloquium*	1
NSCI 40X-SL	NSCI Theme Course (with Service Learning)*	4	elct X00	Elective	4	UNST 404G-SL	Senior Seminar: Religion, Values & Social Responsibility in Health & Movement (with Service Learning)*	4
elct X00	Elective	4	elct X00	Elective	4	elct X00	Elective	4
elct X00	Elective	4	elct X00	Elective	4	elct X00	Elective	4

