

	FALL	WINTER	SPRING
MAJOR REQUIREMENTS (84 UNITS) Grades of "C" or better required. Courses may not need to be completed in order listed.			
Health Science Core Curriculum: (29 units)			
HLSC 214 Dimensions of Health (4) Prerequisite: ENGL 111/124. Recommended: HLSC 120/214. Social Science*	_____	_____	_____
HLSC 225 Nutrition Theory and Practice (4) Prerequisite: Sophomore; recommended: HLSC 120/HLSC 214 Life Science*. No laboratory.	_____	_____	_____
HLSC 275 Critical Scholarship in Health Science (4) Prerequisite: ENGL 113 or 124.	_____	_____	_____
HLSC 317 Health, Society, and the Consumer (4) Prerequisite: ENGL 113/124 and HLSC 214.	_____	_____	_____
HLSC 340 Lifestyle Diseases (4) Prerequisite: HLSC 214 & 275	_____	_____	_____
HLSC 350 Health Science Colloquium II (1) Prerequisite: HLSC 250.	_____	_____	_____
HLSC 467 Principles of Epidemiology (3) Prerequisite: MATH 121, HLSC 214, and HLSC 429.	_____	_____	_____
HLSC 476 Health and the Global Environment (4) Prerequisite: HLSC 214	_____	_____	_____
Public Health Courses (24 units)			
HLSC 314A Dynamics of Health Education I (2)	_____	_____	_____
HLSC 314B Dynamics of Health Education II (2)	_____	_____	_____
HLSC 326 Behavior Change in Health and Wellness (4)	_____	_____	_____
HLSC 364 Research Methods for Health Science (4) Prerequisite: Math 155 & HLSC 275	_____	_____	_____
HLSC 410 Public Health Foundation & Policies (4)	_____	_____	_____
HLSC 430 Applied Public Health Statistics (4)	_____	_____	_____
HLSC 475 Senior Practicum (3-4) Prerequisite: HLSC 375 and 40 units from any Health Science major.	_____	_____	_____
Required cognates (19 units)			
MATH 155 Introductory Statistics <u>AND</u>	_____	_____	_____
BIOL 111 General Biology I (4) and BIOL 111L Laboratory (1) Prerequisite: MATH 121 eligibility. Life Science*	_____	_____	_____
BIOL 111A General Biology Seminar (0)	_____	_____	_____
BIOL 112 General Biology II (4) and BIOL 112L/114L Laboratory (1) Prerequisite: BIOL 111, 111A, and 111L. Life Science*	_____	_____	_____
BIOL 113 General Biology III (4) and BIOL 113L/115L Laboratory (1) Prerequisite: BIOL 112 and 112L/114L. Life Science* OR	_____	_____	_____
CHEM 111 General Chemistry I (4) and CHEM 111L Laboratory (1) Prerequisite: MATH 121 eligibility and Chemistry placement, Physical Science *	_____	_____	_____
CHEM 112 General Chemistry II (4) and CHEM 112L Laboratory (1) Prerequisite: CHEM 111 and 111L. Physical Science*	_____	_____	_____
CHEM 113 General Chemistry III (4) and CHEM 113L Laboratory (1) Prerequisite: CHEM 112 and 112L. Physical Science*	_____	_____	_____
Major Electives (12 units) selected from:			
ARTS 194 PS/Illustrator Image Creation (4)	_____	_____	_____
BIOL 131 Anatomy & Physiology I (5)	_____	_____	_____
BIOL 132 Anatomy & Physiology II (5)	_____	_____	_____
ARTS 274B Hand-Building (4)	_____	_____	_____
ARTS 395A 3D Modeling (4)	_____	_____	_____
BIOL 446/446L Human Gross Anatomy (5)	_____	_____	_____
COMM 215 Public Relations (4)	_____	_____	_____
COMM 237 Principles of Advertising (4)	_____	_____	_____
COMM 244 Interpersonal Communication (4)	_____	_____	_____
EXSC 426 Exercise Physiology (4)	_____	_____	_____
FLTV 104 Editing for Beginners (4)	_____	_____	_____
HLSC 316 Maternal & Child Health (4)	_____	_____	_____
HLSC 416 Sexuality & Family Health (4)	_____	_____	_____
HLSC 440 Dynamics of Psychological Wellness (4)	_____	_____	_____
HLSC 425B Stress Mgmt Through Appld Therapeutic Humor (4)	_____	_____	_____
HLSC 425C Multicultural Issues in Health (4)	_____	_____	_____
HLSC 490 International Health Experience (4)	_____	_____	_____
PHYS 231 General Physics I (4)	_____	_____	_____
PHYS 232 General Physics II (4)	_____	_____	_____
PHYS 233 General Physics III (4)	_____	_____	_____
PSYC 275 Abnormal Psychology (4)	_____	_____	_____
UNIVERSITY STUDIES FOUNDATIONAL STUDIES (21-34 UNITS) Grades of "C" or better required.			
I FIRST-YEAR SEMINAR UNST 101A (1), 101B (1) and UNST 101C	_____	_____	_____
II RHETORICAL SKILLS A. ENGL 111 (3), 112 (3), 113 (3) College Writing <u>or</u> ENGL 124 Freshman Seminar (4)	_____	_____	_____
B. Upper Division Rhetoric: EXSC 416 Movement in Cultural Perspective (4)	_____	_____	_____
III MATHEMATICS One college-level Mathematics course (4) MATH 155 required by major	_____	_____	_____
IV WORLD LANGUAGES Level 3 proficiency (e.g. 153) in one non-English language (4-12)	_____	_____	_____
V HEALTH AND FITNESS HLSC 120 Lifetime Fitness (2)	_____	_____	_____
UNIVERSITY STUDIES GENERAL STUDIES (52 UNITS, 16 UPPER DIVISION) Grades of "D" or better required, unless courses are required by major.			
THEME I. SOCIAL SCIENCES (SSCI) 8 units			
Globalization, Identity and Citizenship (4 units from SSCI 204/205/206/207/208/209) Prerequisite: ENGL 113/124	_____	_____	_____
Social Science Breadth Courses (4 units)	_____	_____	_____
THEME II. ARTS AND HUMANITIES (HUMN) 12 units			
Exploring Culture (4 units from HUMN 104/105/106/107/108/109) Prerequisite: ENGL 111/124	_____	_____	_____
Arts and Humanities Breadth Courses (4 units)	_____	_____	_____
Arts and Humanities Breadth Courses (4 units)	_____	_____	_____
THEME III RELIGIOUS BELIEFS AND PRACTICES (RLGN) 16 units			
RLGN 304 Adventism in Global Perspective or RLGN 305 Religion in Three Cultures (4) Prerequisite: ENGL 113/124, Junior Status	_____	_____	_____
A. Spiritual Experience and Expressions (0-4 units)	_____	_____	_____
B. Beliefs and Heritage (4 units)	_____	_____	_____
C. Scripture (4 units)	_____	_____	_____
D. Religion and Society (0-4 units)	_____	_____	_____
THEME IV NATURAL SCIENCES (NSCI) 12 units			
Scientific Foundations (4 units from NSCI 404/405/406/407/408)	_____	_____	_____
Life Science (4 units) Either life science or physical science must include a laboratory	_____	_____	_____
Physical Science (4 units) Either life science or physical science must include a laboratory	_____	_____	_____
THEME V SENIOR SEMINAR UNST 404G Religion, Values, and Social Responsibility (4)			
UNIVERSITY STUDIES SERVICE-LEARNING (3 courses)			

*A maximum of 4 units from the Major, and 8 units of Cognates required by the Major, may apply to University Studies General Studies requirements (2019-2020 Undergraduate Academic Bulletin)
 NOTE: Should a student's general education and major degree program not meet the minimum 190 units required for graduation, the student must complete elective units to make up the deficiency.