LA SIERRA UNIVERSITY

HEALTH SCIENCE minor

Course Curriculum Check sheet 2009-2010

Last updated 7/1/09

Required: 30 units (15 upper division) including:		**Units**	**Completed**	**Notes**
Dimensions of Health	HLED 214	4.0		
Health, Society, and the Consumer	HLED 317	4.0		
Mental Health & Substance Dependency	HLED 414	4.0		
Physiological Assessment and Exercise Prescription	HLED 444	3.0		
Prerequisite: Human Anatomy and Physiology I: BIOL 131, College Algebra: MATH 121, Lifetime Fitness: PEAC 120				
Recommended:				
Dynamics of Health Education	HLED 314	4.0		
Sexuality and Family Health	HLED 416	3.0		
Exercise Physiology	HLED 426	4.0		
Human Anatomy and Physiology I	BIOL 131	5.0		
Human Anatomy and Physiology II	BIOL 132	5.0		
Remaining units (select in consultation with department advisor) from:				
Intro to Athletic Training	HLED 215	3.0		
CPR, Cardiopulmonary Resuscitation	HLED 216A	1.0		
First Aid	HLED 216B	1.0		
Nutrition Theory and Practice	HLED 225	4.0		
Health Science Colloquium I	HLED 250	1.0		
Health Science Colloquium II	HLED 350	1.0		
Critical Scholarship in Health Science	HLED 275	4.0		
Public Health Seminar	HLED 300	2.0		
Degenerative and Infectious Diseases	HLED 330	3.0		
Junior Practicum	HLED 375	2.0-3.0		
Safety Education	HLED 417	2.0		
Applied Community Nutrition	HLED 425A	3.0		
Prerequisite: Nutrition Theory and Practice: HLED 225				
Measurement and Evaluation	HLED 429	2.0-4.0		
Prerequisite: College Algebra: MATH 121				
Applied Public Health Statistics	HLED 430	3.0		
Prerequisite: Measurement and Evaluation: HLED 429 OR Introduction to Statistics I: MATH 251				
Principles of Epidemiology	HLED 467	3.0		
Prerequisite: Measurement and Evaluation: HLED 429 OR Introduction to Statistics I: MATH 251				
Senior Practicum	HLED 475	3.0-4.0		
Prerequisite: Junior Practicum: HLED 375				
Health and the Global Environment	HLED 476	4.0		