



*Updated 05/03/2023

 CAREER SEMINAR FOR PRE-HEALTH PROFESSIONALS:
PREH 101A (1 unit required) and PREH 101B and PREH 101C (1unit each, by referral)
HUMANITIES: [16 qtr. units min.] Select from at least 3 subject areas.
 Fine Arts (ARTA, MUHL, DRAM, FLTV)
 History and/or Philosophy 2 categories (HIST, HPSC, PHIL)
 Literature/ Modern Language (ENGL, WDLG, ASLG)
 Performing/Visual Arts (ARTS/ MUPF) not to exceed 4 units
 Religion (RELB, RELE, RELG, RELT, or RLGN)
Humanities (HUMN, MUCT)
NATURAL SCIENCES: [29 qtr. units]
 BIOL 131 Human Anatomy & Physiology I (5)
 BIOL 132 Human Anatomy & Physiology II (5)
 BIOL 185 Medical Microbiology (5)
 CHEM 105/ CHEM 105L Introductory Chemistry I and Lab (4/1) Prereq. MATH 007 or MATH 013 or qualify for MATH 121
 CHEM 106/ CHEM 106L Introductory Chemistry II and Lab (4/1) Prereq. CHEM 105, 102, or 281
 MATH 121 College Algebra (4) Prereq. MATH 007 or MATH 013 or appropriate score on placement exam.)
SOCIAL SCIENCES: [12 qtr. units]
 PSYC 104 General Psychology (4) Prereq: ENGL 111 Can be concurrently enrolled
 SOCI 104 General Sociology (4)
Cultural Diversity (required):
 ANTH 215 Cultural Anthropology (4)
COMMUNICATION: [13 units]
ENGL 111 College Writing (3) Prereq. Satisfactory placement on college entrance exam or the Writing Placement Exam.
 ENGL 112 College Writing (3) Prereq. ENGL 111
 ENGL 113 College Writing (3) Prereq. ENGL 112
 COMM 104 Fundamentals of Speech (4) Prereg. ENGL 112A/B OR
 COMM 244 Interpersonal Communication (4) Prereq. ENGL 113
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HEALTH AND WELLNESS: [5 qtr. units min.]
 HLSC 214 Dimensions of Wellness (4) or HLSC 225 Nutrition Theory & Practice (4) or HLSC 125 Basic Nutrition (4)
2 Physical activity courses: May use HLSC 120 Lifetime Fitness (2) as one of the activity courses
 EXSC Activity #1 #2 (.5/ .5) min.

ADDITIONAL INFORMATION: [This curriculum guide shows a minimum of 86 units. Additional 10 units of college level courses are needed.]