

STEP ONE

Download Packet here: https://lasierra.edu/pre-healthprofessions/recommendations-committee/

STEP TWO

Gather App Materials

- Transcripts
- Personal Statement
- Letters of Recommendation
- BCPM Printout

Letters of Recommendation

- 5- recommended
- 2- Science Professors
- 1- Pastor/Religious Leader
- 1-Work/Supervisor
- 1-Other

STEP THREE

Contact Recommenders and have them send Letters to Pre-Health Office by deadline.

STEP FOUR

Submit Online Forms Packet by March 10, 2023.

STEP FIVE

Recommendation Committee Interview during Spring quarter.

STEP SIX

Send application letter request to Pre-Health Office once you start your Professional school application (AMCAS, AADSAS, AACOMAS)

STEP SEVEN

Pre-Health Office will upload committee letter + letters of recommendation received to your application portal.