## Major Requirements (92 Units)

Grades of "C" or better required. Courses may not need to be completed in order listed.

**Recommended Course for first-year students (does not count toward major)**
- SOWK 114 Influencing Change: Individual, Community & Global Perspectives (2) (open to non-majors)

### Social Work (79 units)
- SOWK 204 Colloquium (2 units)
- SOWK 205 Social Policy I (4 units)
- SOWK 214 Generalist Practice I (4 units) Prerequisite: ENGL 111 & 112 (cc)
- SOWK 215 Generalist Practice II (4 units) Prerequisite: SOWK 214, ENGL 111, 112, 113 (cc)
- SOWK 216 Generalist Practice III (4 units) Prerequisite: SOWK 215
- SOWK 252 Social Work Research I (3 units) Prerequisite: MATH 155
- SOWK 286 Topics in Social Work (4 units)
- SOWK 311 Human Behavior and the Social Environment I (4 units) Prerequisite: SOWK 214, 215, 311
- SOWK 312 Human Behavior and the Social Environment II (4 units) Prerequisite: SOWK 214, 215, 311
- SOWK 313 Social Work Methods: Individuals (4 units) Prerequisite: SOWK 215 & 311
- SOWK 314 Social Work Methods: Groups (4 units) Prerequisite: SOWK 215
- SOWK 316 Social Work Methods: Communities and Organizations (4 units) Prerequisite: SOWK 215
- SOWK 317 Social Work Methods: Children and Families (4 units) Prerequisite: ENGL 113, SOWK 312, SOWK 451 (cc) & 461 (cc), Senior standing
- SOWK 349 Social Work Research II (4 units) Prerequisite: SOWK 252
- SOWK 388 Field Practicum Orientation (1 unit) Prerequisite: SOWK 215, SOWK 312 (cc), SOWK 314 (cc), SOWK 318 (cc)
- SOWK 405 Social Policy II (4 units) Prerequisite: SOWK 250; satisfies upper division Social Science requirement
- SOWK 451-452-453 Field Seminar I-II-III (2 units each seminar) Prerequisite: SOWK 205, 312, 314, 315 (cc), 318, 388; SOWK 317, 461 (cc)
- SOWK 461-462-463 Field Practicum I-II-III (4 units each practicum) Prerequisite: SOWK 205, 312, 314, 315 (cc), 318, 388; SOWK 317, 451 (cc)
- SOWK 495 Social Work Senior Capstone (3-4 units) Prerequisite: Completion of, or concurrent registration with all required social work courses.

### Required Cognates (12 units)
- BIOL 107 Human Biology (or equivalent) (4 units) satisfies Life Science requirement
- MATH 155 Introductory Statistics (or equivalent) (4 units)
- PSYC 104 General Psychology (4 units)

### Additional recommended courses
- ECON 254 Principles of Macroeconomics (4 units)
- ECON 255 Principles of Microeconomics (4 units)
- HPSC 106 Race, Ethnicity, and Class in American History (4 units)
- MGMT 304 Practice of Management (4 units)
- PSYC 314 Psychology of Gender (4 units)
- SOCI 414 Sociology of the Family & Intimate Relationships (4 units)

*A Spanish minor (28 units) is recommended.

### University Studies Foundation Studies (20-33 units)

Grades of "C" or better required.

#### I First-Year Seminar
- UNST 101A (1) and 101B (1) AND UNST 101C (1)

#### II Rhetorical Skills
- A. ENGL 111 (3), 112 (3), 113 (3) College Writing OR ENGL 124 Freshman Seminar (4 units)
- B. Upper Division Rhetoric: SOWK 317 (4) as required by major

#### III Mathematics
- One college-level Math course in MATH 108, 115, 121, 155, CPTG 117 or DATA 115 (4 units)
- MATH 211 Calculus I (4 units)

#### IV World Languages
- Level 3 proficiency (e.g. 153) in one non-English language (4-12 units)
- HLSC 120 Lifetime Fitness (2 units)

#### V Health and Fitness
- HLSC 120 Lifetime Fitness (2 units)

### University Studies General Studies (52 Units, 16 Upper Division)

Grades of "D" or better required, unless courses are required by major.

#### Theme I: Social Sciences (SSCI) 8 units
- Globalization, Identity and Citizenship (4 units from SSCI 204/205/206/207/208) Prerequisite: ENGL 113/124
- Social Science Breadth Courses (4 units)

#### Theme II: Arts and Humanities (HUMN) 12 units
- Exploring Culture (4 units from HUMN 104/105/106/107/108/109) Prerequisite: ENGL 111/124
- Arts and Humanities Breadth Courses (4 units)
- Arts and Humanities Breadth Courses (4 units)

#### Theme III Religious Beliefs and Practices (RLGN) 16 units
- RLGN 304 Adventism in Global Perspective or RLGN 305 Religion in Three Cultures (4 units) Prerequisite: ENGL 113/124, Junior Status
  - A. Spiritual Experience and Expressions (0-4 units)
  - B. Beliefs and Heritage (4 units)
  - C. Scripture (4 units)
  - D. Religion and Society (0-4 units)

#### Theme IV Natural Sciences (NSCI) 12 units
- Scientific Foundations (4 units from NSCI 404/405/406/407/408)
- Life Science (4 units) BIOL 107 satisfies department requirement
- Physical Science (4 units) Physical science must include a laboratory

#### Theme V Senior Seminar
- UNST 40P Religion, Values, and Social Responsibility (4 units)

### University Studies Service-Learning (3 courses)

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* A maximum of 4 units from major and 8 units of major cognates can be applied to General Studies. For more information, consult 2018-2019 Undergraduate Academic Bulletin.

**NOTE:** Should a student's general education and major degree program not meet the minimum 190 units required for graduation, the student must complete elective units to make up the deficiency.
La Sierra University Social Work Department’s mission is to provide strengths-based, ecologically oriented social work education. Within this Christian context we value servant leadership, activism, and the progressive nature of truth. The Social Work department prepares its graduates to be ethically principled, culturally responsive generalist practitioners who value activism yet are sensitive and responsive to individuals rights and self-determination.

**CAREER OPPORTUNITIES AND RELATED OCCUPATIONS:** A professional degree in Social Work prepares graduates of this program for beginning-level, generalist social work practice. Areas in which students are qualified to work include criminal justice, mental health, children and youth services, schools, aging/gerontology, health care, family service agencies, substance abuse programs, domestic violence programs, developmental disabilities services, public welfare (child and adult services), community organization, and social action groups.

**EDUCATIONAL QUALIFICATIONS:** A BSW prepares students for direct-service positions such as caseworker or mental health assistant. These programs teach students about diverse populations, human behavior, social welfare policy, and ethics in social work. All programs require students to complete supervised fieldwork or an internship.

Some positions require a master’s degree in social work (MSW), which generally takes 2 years to complete. Master’s degree programs in social work prepare students for work in their chosen specialty by developing clinical assessment and management skills. All programs require students to complete a supervised practicum or an internship.

**JOB OUTLOOK:** Overall employment of social workers is projected to grow 12 percent from 2014 to 2024, faster than the average for all occupations. Employment of child, family, and school social workers is projected to grow 6 percent from 2014 to 2024; Employment of healthcare social workers is projected to grow 19 percent from 2014 to 2024; and Employment of mental health and substance abuse social workers is projected to grow 19 percent.

**SALARY:**
The median annual wage for social workers was $45,900 in May 2015. The lowest 10 percent earned less than $28,530, and the highest 10 percent earned more than $76,820.

Median annual wages for social workers in May 2015 were as follows:
- Social workers, all other: $58,560
- Healthcare social workers: $52,380
- Child, family, and school social workers: $42,350
- Mental health and substance abuse social workers: $42,170
