Admissions requirements for students seeking matriculation to an Osteopathic Medicine Program*

* LLU does not offer this program.

**Degree:**
- A bachelor’s degree is not required to attend an osteopathic medical school. However, a bachelor’s degree is strongly preferred. Candidates without a bachelor’s degree are rarely admitted into the program.

**Units:**
- **Number:** Minimum of 90 semester or 135 quarter units. (Pre-foundational courses and/or courses with a grade of C- or below will not satisfy prerequisites.)
- **GPA:** A minimum GPA of 3.0 is required. To be competitive, students should have a 3.5 or higher for both their overall and BCPM (Biology, Chemistry, Physics & Math) GPA.
- **Institution:** Courses may be taken from a 2-year or 4-year institution.
- **AP & CLEP:** May satisfy science prerequisites. Can also satisfy non-science prerequisites. At Western University of Health Sciences (Pomona), each is accepted as long as the credits are specified on the transcripts and are class specific.

**Experience:**
- All candidates are encouraged to have had direct patient care experience in order to become acquainted with medical careers.

**Application:**
- **Service:** AACOMAS: American Association of College of Osteopathic Medicine Application Service
- **Deadline:** Applications are submitted at the end of junior year or the summer preceding senior year. Latest filing date is February 1.
- **Tests:** MCAT—last test date accepted is January of application year.
- **Recommendation Letters:** A minimum of 1 recommendation needed: Must be from an osteopathic physician, other health care professional or an instructor.

### Coursework

#### Prerequisite Courses

**Communication:**
- College Writing
  - ENGL 111
  - ENGL 112
  - ENGL 113

**Social Sciences:**
- PSYC 104 General Psychology
- PSYC 234 Developmental Psychology
- SOCI 104 General Sociology

**Natural Sciences:**
- General Biology
  - BIOL 111 & Lab
  - BIOL 111A
  - BIOL 112 & Lab
  - BIOL 113 & Lab

**Organic Chemistry**
- CHEM 271 & Lab
- CHEM 272 & Lab
- CHEM 273 & Lab

**Sciences (cont’d):**
- General Physics
  - PHYS 231 & Lab
  - PHYS 232 & Lab
  - PHYS 233 & Lab

**Pre-Medical Coursework Recommended:**
- CHEM 491 Biochemistry I (Strongly)
- BIOL 301 Cell and Molecular Biology
- BIOL 302 Genetics
- BIOL 461 Virology OR BIOL 474 Microbiology
- BIOL 436 Immunology
- BIOL 131 Anatomy & Physiology I
- BIOL 132 Anatomy & Physiology II
Career opportunities and related occupations:

- Osteopathic Physicians examine patients, obtain medical histories, and order, perform and interpret diagnostic tests. They diagnose illnesses, and prescribe and administer treatment for people suffering from injury or disease. Additionally, they counsel patients on diet, hygiene, and preventative health care. Osteopathic Physicians may work at hospitals or in private practice.

Educational qualifications:

- Licensure requirements for Doctors of Osteopathy (D.O.’s) include graduation from an accredited 4-year osteopathic medical school, completion of a licensing examination, and between one and seven years of internship and residency. Although physicians licensed in one state may obtain a license to practice in another without further examination, some states do limit reciprocity.

Expectations:

- Employment is expected to grow faster than average through the year 2014.

Salary:


For more information:

<table>
<thead>
<tr>
<th>Websites</th>
<th>Arizona College of Osteopathic Medicine of Midwestern University</th>
<th>Professional Organization(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>La Sierra University:</td>
<td>19555 North 59th Avenue</td>
<td>American Osteopathic Association</td>
</tr>
<tr>
<td><a href="http://www.lasierra.edu/prehealth">www.lasierra.edu/prehealth</a></td>
<td>Glendale, Arizona 85308</td>
<td>Department of Public Relations</td>
</tr>
<tr>
<td></td>
<td>Phone: (623) 572-3200</td>
<td>142 East Ontario Street</td>
</tr>
<tr>
<td></td>
<td>Website: <a href="http://www.midwestern.edu/azcom/">www.midwestern.edu/azcom/</a></td>
<td>Chicago, IL 60611</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1-800-621-1773</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.osteopathic.org">www.osteopathic.org</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td>American Assoc. of Colleges</td>
</tr>
<tr>
<td></td>
<td></td>
<td>of Osteopathic Med.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>5550 Friendship, 310</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Chevy Chase, MD 20852</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.AACOM.org">www.AACOM.org</a></td>
</tr>
</tbody>
</table>

Pre-Health Professions is dedicated to providing quality service to La Sierra University students, faculty and staff. Our primary goal is to address your pre-professional needs. To schedule an appointment, please call 951.785.2490. We endeavor to answer all of your questions about careers in the health field; no question is too small for our attention.

Pre-Health Professions
Sierra Vista Hall, Room #101
La Sierra University
4500 Riverwalk Pkwy.
Riverside, CA 92515
Phone: 951-785-2490
E-mail: prehealth@lasierra.edu