DATE: October 13, 2014

FROM: La Sierra University Student Health Services

**MUMPS ALERT**

**Important Notice to Students, Faculty and Staff**

It’s already the third week of Fall quarter and we hope that you are enjoying the new school year.

We would like to inform you that a case of the mumps has occurred on our campus. We are in contact with the Riverside Health Department and the California State Health Department and we want to assure our campus family that there is no cause for panic.

Mumps is a virus that causes painful swelling of one or more salivary glands, a low-grade fever, and headache. Typically, persons with mumps have swelling of the gland located in the cheek area near the ear and at the back angle of the jaw. Some people with mumps infection have very little or no gland swelling. The disease is spread by coughing and sneezing or direct contact with the saliva of an infected person. Symptoms of mumps usually develop 16 to 18 days after exposure, but may develop from 12 to 25 days after exposure.

**Please contact Student Health Services at 951-785-2200 if you develop any swelling of the glands around the ears or neck.**

Review your immunization record to ensure that you have received the appropriate number of mumps or MMR vaccinations (2 shots). If you need an MMR vaccination, contact Student Health Services today. Receiving a mumps vaccination now will not provide protection if you were already exposed to mumps, but should protect you if exposed in the future.

If you have further questions about mumps, please contact Student Health Services.