It’s Important to Select Your Beneficiary

Adventist Plan 93406-01

This simple and quick process helps you prepare for life’s uncertainties, while ensuring your assets will pass on as you intended.

**All you have to do is:**
- Log in to your Plan’s website at www.empower-retirement.com/participant.¹
- Click the “Beneficiary” link under the “My Profile” tile.
- Review current beneficiary information and click “Update Beneficiary,” if needed.
- Click “Change Beneficiaries.”
- Fill in the information about your new beneficiary and click “Submit Changes.” (Please note: You will need a Social Security number, birth date and mailing address for each new beneficiary.)
- Verify the information is correct and click “Continue.”
- Review the beneficiary change confirmation message and print the confirmation screen for your records.

*Reminder: If you are married, your Plan may require that your spouse be the primary beneficiary and receive 100% of your account in the event of your death. If you would like to designate someone other than your spouse as your beneficiary, you will need to complete a paper beneficiary form. In addition, notarized spousal consent will be required with the submission of the paper form.*

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¹ Access to the voice response system and/or any website may be limited or unavailable during periods of peak demand, market volatility, systems upgrades/maintenance or other reasons.

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