New places,
New faces,
New class

Connecting La Sierra University's Campus
The new school year atmosphere is undeniable. In every nook and cranny of this young and vibrant school, one can sense its palpable presence. It's the smell of freshly sharpened pencils, that secret satisfaction when pen is pressed to blank paper. It's the inimitable and somewhat kooky blend of animated greetings between familiar faces and the shy unsure smiles of those new and unadjusted to the campus.

However, the excitement this time it isn't just due to pure novelty. After all, we've all experienced that fluttery first-day-of-school quality each year for the past 12 years or so. This year, there are truly extraordinary ongoings to note. First, as you're clutching a copy right now, you may have already guessed that the Criterion has returned in print. Not only that, but it has since been transformed from a biweekly newspaper to a monthly magazine. You can look forward to its regular distribution at the first University Worship of every month. But if you somehow happen to miss out on a hard copy of an issue after worship, look for issues placed in the dorms, the library and other key locations on campus.

Our publication wasn't the only thing that changed over summer. Inside this edition, you will find that several facilities on campus have been undergoing face lifts. You can meet the new president, Randal Wisbey, fresh additions to the faculty, and of course the new incoming class.

Fresh and energized from the summer, let's not let that exhilaration fizzle but channel that intensity, propelling ourselves into school life and to excellence in bona fide La Sierran style.

Tiffany Ap
Editor-in-Chief
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Join us for Rendezvous every Wednesday at 10 pm, starting October 3 in HMA. Receive dorm worship credit and have an awesome experience!

NOTABLE NEWS & ANNOUNCEMENTS

Take your Perspectives and yearbook photos in the Student Center today!

The booth will be open Monday - Thursday with varying hours until October 12.

The new SALSU website launches today, September 27! Check it out at salsu.lasierra.edu

CABL Run begins October 1 at 6 am on the track. Runs will continue every Monday, Tuesday, and Thursday following. Come for a great physical activity to start your day!

We’re joining the Inland Empire HeartWalk happening September 30 at Fairmont Park. To register for the CABL team and for more info, visit www.ieheartwalk.org

Have something you think is notable? Let us know at criterionlsu@gmail.com!
Dear Reader,

It is my privilege to welcome you to a new school year at La Sierra University. Whether you are new to college or returning to another year of life at LSU, I am excited to find that there are so many new things to tell you about.

But first, let me introduce you to something that may seem new, but is actually a return to a time-honored tradition of La Sierra University. After a year of online publication, SALSU is proud to bring you what you are now reading, the Criterion, returning to you in print. A small group of dedicated students have been hard at work over the summer to create this issue of the Criterion, printed and in your hands. It is the aim of the Criterion staff to keep you informed on campus news and views, and over the course of the school year you can expect to see even more issues of the Criterion published.

I have had the privilege of getting acquainted with our new University President, Dr. Randal Wisbey and our new Student Life Vice President, Mrs. Yami Bazan. Both are excited about their new leadership roles and are very interested in knowing how the students are doing. The residence halls have a fresh look, with a new front desk for Sierra Towers and new carpeting in Angwin Hall.

SALSU has an exciting and wonderful new year planned ahead for you. We are bringing back all the old favorite events and trying some new ideas. Look out for the SALSU Winter and Spring Banquets and the Talent Shows. They are always enjoyable occasions. And do not forget to sign up for the Spiritual Retreats as spots on these fun-filled trips are limited and they fill up fast. Last but not least, be sure to get involved and have your voice heard. Student Senate elections are quickly approaching.

I would love to see you at our SALSU events, students, teachers, and staff alike. Coming and joining in the fun with SALSU is all a part of your participation in the happy and well-connected community that is my vision and goal for this university. May you abide in God’s presence and his abundant blessings as a new school year dawns at La Sierra University.

Sincerely,
Andrew S. Hibbert
As this school year begins, we face novelty of all sorts at La Sierra—from schedules to faculty to freshmen. Somewhere along our academic journeys, however, we’ve all learned to adapt to new classes, new schools, new friends... and now, we will learn to adapt to a new president. This year La Sierra is welcoming Dr. Randall Wisbey into its Presidential Office. For some, this may be a bit more nerve-racking than a new professor, who won’t necessarily affect your whole academic career. I will have to admit that I was a bit nervous too, as I entered that hollow, nearly empty office this summer. I had not been there during the interview he had had with students earlier this year, and did not know what to expect. I was aware that President Wisbey was already handling a busy agenda, but as we chatted away, my idea of cramming a few of my questions in before getting a “one minute left” warning, turned into a more relaxed hour of sharing common interests. Of course, by relaxed, I mean something very different from slow. President Wisbey’s vitality and warmth radiated as he directed the conversation first towards my thoughts and opinions about La Sierra and then, towards any common interests we shared. This realizes his views that students are the life of the university and are the future molders of Adventist education.

Having gone to Walla Walla for his undergraduate studies, Andrews University for seminary, and having worked at Canadian Union College and Columbia Union College, President Wisbey was brought up into the Adventist education system. But our new president has been blessed with much travel experience, since his undergraduate studies. These experiences have offered him new perspectives for understanding other cultures, as well as an appreciation for diversity, such as the one La Sierra offers. His first trip was as a student missionary, during which he had many memorable moments with Palestinians in Jerusalem. It was not only picturesque sunsets and beautiful scenery, but also his interactions with the people he met that shaped his outlook on life and inspired his actions. His traveling still continues, as he enjoys new experiences with his wife, Deanna, and son, Alexander, who will be joining us as a freshman this fall.

Small classes, caring professors, chaplains, and faculty, and his work and academic experiences have turned President Wisbey into a strong advocate for Adventist education. But beyond his previous experiences as college president (Canadian Union College and Columbia Union College), there is much more to share about the fellow student at La Sierra. Yes, that’s right, fellow student. President Wisbey is eager to continue the community ties that our previous Dr. Geraty
worked so hard to create. One of the ways he will do this, is by attending a leadership course as he pursues his involvement in the chamber of commerce, his dialogue with many businessmen around the Riverside area, and his contribution to other Riverside community service organizations. As a fellow student, he also is eager to find out more about La Sierra's students and our hopes for our university, so he warns, "I'll probably be seen sitting around one of the many benches on this beautiful campus, getting to know others." Since he just moved in during a hectic July month, he is still learning a lot about the details of our university and community, and is planning to do a lot of observing and listening, and, of course, sharing of his views. His visions for La Sierra will grow the more he learns about where we (students, faculty, and administrators) are and where we want to be.

President Wisbey was impressed with several of LSU's concentrations, including SIFE and "Twilight Los Angeles," the winter quarter play he was able to see on one of his visits. He is also excited about rooting for our athletics department and supporting other corners of our university. With our professors, he has started building strong relationships, believing that they will maintain and uphold our values, while being given the license to teach as they best see fit, without fear of interference. President Wisbey especially hopes that La Sierra will not only go out into its community, but also, that the community will be attracted into our campus, through different events such as festivals by the founder's green or town square.

As our meeting time came to a close, I was left with the impression that although he would give his very best for La Sierra, it was up to us to step up to the challenge of moving forward in unison. Although we come from all over the country and world, we have our university in common and we can choose to make the most of our education. The greatest thing about our diversity is the opportunity to learn from each other. Maybe, we too, like President Wisbey, ought to take the time from our cramped schedules to give a little, listen a little, and widen our experiences a bit.
This year at La Sierra, Vox Discipulus—soon to be a wing of the Social Justice and Awareness Club—is regrouping and hoping to arouse students on our diverse campus to voice their opinions. Editors of this forum wish to expose this diversity and hope to encourage LSU students to learn from each other's perspectives and expand their own with new thoughts and ideas. More and more, we can see that the effects of close-mindedness have resulted in intolerance of misunderstood differences, such as politics, religion, and culture. But as we all know, very few things in life are black and white. In this forum, we hope to discuss Adventist values of peace with a progressive way of communicating ideas. For each month, we will be introducing three questions on politics, culture, and religion, along with a short background. We will include some student responses, but encourage you to look online at www.blogger.com/salsuforum for more responses on our discussion board which will be updated throughout the month.

These responses will hopefully allow us to grow and challenge ourselves to think outside our ingrained thoughts and emotions. For questions you would like to see posted or to respond to a recent question, please email me at zulema.ibarra@gmail.com.

Thanks,
Zulema Ibarra, Forum Editor

VOX DISCIPULUS FORUM

For this week, we will introduce this forum with one question that touches on politics, religion, and culture, all at once:

Question:
Do you think that the monotheistic religions, Christianity, Judaism, and Islam, worship the same God, or is God different from Jehovah different from Allah?

Background:
Though most would agree that Jehovah is God, there have been varied opinions as to whether Jehovah or God is different from Allah. One of the main contentions for this difference is the contrast in values upheld by Islam, Christianity and Judaism. Culturally, each God has a different dress code and moral policy. Politically, the discrepancies between the three religions, and thus, the three interpretations of God, can be seen with striking clarity. People have often referred to the vengeful God of the Torah, the benevolent God of the Gospels, and the demanding God of the Q’ran. As such, it is easier to justify the political actions of each group, and all three claim that God is on their side.

Student Response:*
To me, the God of Christianity is the same God as that of Judaism, Islam, Taoism, Buddhism, Hinduism, etc. The interpretation of God we see in various texts merely shows that we do not understood God in his entirety. To claim knowing God everything about this supernatural Being or even more than someone else is arrogant of us. And we should be wary of claiming His allegiances.

-Mike Tyler, Senior, English Writing Major

*The opinions and thoughts presented in the student responses are not those of SALSU or its entities but of the contributor.
This year, Freshman Orientation kicked off at La Sierra University Campus. From September 17 to the 20, the new freshmen stayed at their future school grounds, with activities and family groups to begin their chapter of college.

This year's orientation was arranged and planned differently from previous years. The new Vice President of Student Life, Yami Bazan, worked extremely hard to make the orientation a success. Much thought and prayer went to organize this great event. We had great enthusiastic leaders, family group leader or not, who cared sincerely for the new freshmen. God has definitely blessed them all, and was working throughout.

Worship was headed by Nick Zork, and was a positive and spiritual experience. His middlewest background brought new and exciting songs with him as well. The excellent instrumentalists and singers were so in tune with each other that you couldn't help but be moved and feel like you were one with the crowd. The various speakers made students feel safe and at home, comfortable with the thought that there would be someone willing to help you out or listen to your troubles during the year.

After getting registered and receiving an Ignite backpack, new students became one of the many freshmen eager, reluctant, and nervous to meet new, shiny faces. Hole Memorial Auditorium was a chaotic din the first time the freshmen came to meet their family groups as group leaders shouted out their group number/name at the top of their lungs. From then on, each HMA meeting was filled with the energetic bustle of new community.

Family groups were exclusive to the new students assigned to them. These family groups became a neat opportunity to meet people and bond with new freshmen. A favorite game of the family group leaders to play with their members was the game "Perui." In fact, about ten family groups joined at the Founder's Green one evening to play a massive game, "Mega Perui." It was a disaster, and they ended up playing group "Rock, Paper, Scissors," with one side chasing and the other side screaming and running away.

The four days were at times awkward in that it was an environment designed to make people meet each other and bond. But, even after all that, participants continue to greet the friends that they made during that special prep week.
The LSU men's and women's soccer programs have undergone major remodeling since last season with each team adding over twelve new players to their squad. Both teams have essentially fortified their strong core of returning players with new ones, increasing the overall talent of the LSU soccer program.

Head coach of the women's soccer team, Kip Shipley, says, "We have raised the talent level of our whole squad. Everyone is here to compete for playing time. We are now a competitive college soccer program." Last year, the women's soccer program established their competence by winning several games and holding major competitors to marginal victories of only a goal or two. For a second year program that sort of progress is tremendous.

The men's program had a less successful season statistically, but has made progress in their own right. The men achieved more victories last year than they had accrued in their inaugural season which took place in 2005. The men's coach John Muñoz said that he looks forward to making use of the experience gained by the veterans and to coaching exciting new players.

This new season is all about stepping out of the shadow of the last season and taking the LSU soccer program to the next level. Along with the new additions to both teams, came new hopes of excelling even further in competition. Men's soccer captain Sergio Rubio, says that he is "looking forward to having a winning season and seeing how the team performs with new players." The women's soccer team embraces similar goals to that of the men's. Freshman goalkeeper for the women's team Desiree Wood said she looks forward to "team bonding, as well as, a winning season."

The next chance to come support your LSU women's soccer team is on October 3 at 5:00 p.m. where they will face off against Claremont Mudd-Scripps College on our home field. Alternatively, you can show your support for the men's game on October 5 at 2:00 p.m. against Chapman University, also to be held on home turf. Go cheer on your fellow Golden Eagles.

check out future soccer game times and other important dates in the calendar section!!
There's Music in the Air

By Mabel Duncan

It is no small wonder that it is said of La Sierra University, “If you love music...you’ll love this place!” The music department has proven itself year after year to be an exceptional asset within the campus family, giving the school an incredibly rich musical legacy. Musically inclined students never find themselves in want while at LSU. This year, we see further growth through the addition of new people and development of several small ensembles.

Among the changing faces is John Carter, the former conductor of the La Sierra Symphony Orchestra, who will not be returning. His incoming replacement will be announced soon. Ken Narducci is now the new conductor of the Wind Ensemble. His responsibilities include overseeing the Big Band, formerly known as the Jazz Orchestra. In fact, there is a great myriad of instrumental ensembles under Narducci’s experienced supervision ranging from the Sax Quartet, a Flute Quintet, a Jazz Combo, to the Brass Quintet.

On the vocal side of things, the University Chorale as well as the La Sierra University Chamber Singers will continue under the able conductorship of Earl Richards, who is in charge of all vocal ensembles. Richards also highlights the Men’s Chorus and Bella Voce, a smaller ensemble, both excellent groups that are under his wing. Meanwhile, Jason Uyeyama is guiding those involved with Chamber Music.

FINE ARTS

All qualified students, not necessarily music majors, are encouraged to join an ensemble. There are many scholarships available for both qualifying vocalists and instrumentalists. Because ensembles are set up by audition, during the first two weeks of the school year, interested students are encouraged to visit the music department as soon as possible!

WE WANT YOU!
as Senators
To serve you fellow students!

Applications due Tuesday Oct. 2
Elections are Thursday Oct. 11

Committees:
• Social Senate
• Health & Wellness Senate
• Emerging Issues Senate
• Judicial/Bylaws Senate

Only 5 Senators per Committee
PICK UP YOUR APPLICATIONS AT THE OSA OFFICE
La Sierra University is in for a treat this year as students and faculty alike return for the fall quarter as the complete remodel of the dining commons has been finished.

“This is a beautiful facility and we are pleased to offer this to our students to enjoy,” says Ken Khan, General Manager of Food Services.

The remodel included a complete renovation of the dining area, the Palm and Cactus rooms, the entryway, the Eagle’s nest and restrooms. The food serving area was completed in Winter 2007 but has been closed over the summer as the renovations surrounding it were being completed.

The Eagle’s Nest has been expanded and shares space with the new game room. The Student Center features two wall mounted TVs and furniture for lounging. Both the Student Center and game room will be run by Student Life. Larger capacity restrooms have been added with openings to both the Student Center and lobby. The entryway covering has also been expanded and the Palm room has been furnished as a smaller version of a board room.

The Commons hours will remain the same but the Eagle’s Nest is now open generally twelve hours most of the weekdays. For exact hours, visit the Food Services web page.
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<tr>
<th>Date</th>
<th>Event Description</th>
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<tr>
<td>9/23</td>
<td>12pm - Women's Soccer at University of La Verne</td>
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<td>9/24</td>
<td>7:30pm - Women's Volleyball at Occidental College</td>
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<td>9/25</td>
<td>11pm - University Worship at LSUC</td>
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<td>9/26</td>
<td>Late registration fees begin</td>
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<td>9/27</td>
<td>7:45pm - First Service at LSUC</td>
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<td>9/28</td>
<td>10am - Sabbath School Breakfast &amp; Bible study at Sierra Vista Chapel</td>
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<td>9/29</td>
<td>7:30pm - Women's Volleyball at home vs. Southwestern College</td>
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<td>9/30</td>
<td>10am - Sabbath School Breakfast &amp; Bible study at Sierra Vista Chapel</td>
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<td>7am - Inland Empire HeartWalk at Fairmount Park</td>
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<td>6am - CABL Run at the track</td>
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<td>10/3</td>
<td>5pm - Women's Soccer at home vs. Claremont College</td>
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<td>10/4</td>
<td>6am - CABL Run</td>
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<td>10/5</td>
<td>2pm - Men's Soccer at home vs. Chapman University</td>
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<td>10/6</td>
<td>10am - Sabbath School Breakfast &amp; Bible study at Sierra Vista Chapel</td>
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<td>1pm - Women's Soccer at home vs. CSU East Bay</td>
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<td>10/8</td>
<td>6am - CABL Run</td>
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<td>11am - Spiritual Emphasis Week begins at LSUC</td>
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<td>7pm - Band Clinic</td>
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<td>10/13</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>TBA - SALSU Roommate Game</td>
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<td>Last day to withdraw from a course with no record</td>
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<td>7:30pm - Women's Volleyball at home vs. Pomona-Pitzer College</td>
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<td>7pm - Debate Challenge</td>
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<td>Last day to withdraw from a course with no record</td>
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<td>7pm - Senate Elections at LSUC</td>
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<td>7:45pm - First Service at LSUC</td>
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<td></td>
<td>8pm - Theater Sports at Matheson</td>
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**SEPTEMBER 23 - OCTOBER 13, 2007**
Welcome Back, Fellow Nerd

I love summer, but enough is enough already. Of course I spent my fair share of days on the beach and taking part in all Southern California has to offer during our peak tourist season. I love the Fourth of July fireworks and all the great BBQ's, but if I'm going to be honest about it, most of my time was spent hiding inside my house from the triple digit heat Riverside is so notorious for. The heat also forced me to forsake my morning Starbucks fix for a healthy, and much more suited for summer, bottled water obsession. Unfortunately, water bottles make my purse really heavy, and I love coffee. Although I complain about waking up early, I really don't mind the excuse that an 8 o'clock class gives me to have an Americano. I also updated not only my Facebook page, but my Myspace page as well, and you know what? Visiting those sites actually became boring. Who knew? I also have been leisurely reading the same book all summer; a nonfiction, political piece written by a hopeful future presidential candidate. I think I have been starved for some intellectual stimulation. What's that about? The hardest thing for me to come to terms with is the fact that I am actually looking forward to new classes, new teachers and all the new faces that will soon be wandering, some aimlessly, around the LSU campus.

With this newfound (secret) desire to return to school, I have begun to wonder, am I a nerd? Well, let's analyze this rationally (clue #1). I do wish I was a little bit smarter (clue #2), and I do wear thick, black-rimmed glasses (there's #3), although in my defense, everyone is wearing glasses like mine these days! I also have been known to snort (ewww, that's #4) when I laugh really hard. I'm pretty sure that most of my friends are fairly intelligent (and we have #5), oh, and I'm now on the Dean's List (um, I can stop numbering now, can't I?). Conclusion: nerd alert, but that doesn't mean I'm not nervous about starting a new year at La Sierra University. This school year is going to be a tough one, and I am not just saying that because I'm a nerd attempting to get a 4.0 GPA (okay, 3.5). With a lot of new teachers in my chosen major, I am a bit wary of the change that is definitely coming. I am also positive that the new relationships I forge this school year will bring me unique and amazing experiences I will either cherish, or spend the rest of my life trying to forget. With so many departments on campus having received a complete revamp over the summer, the 07-08 school year is bound to hold a few surprises for all of us, but I for one am up for the challenge. So, enjoy this year because it will be over before you know it, trust me on this. Now, if you'll excuse me, I'm off to buy a brand spankin' new pocket protector for the up and coming school year.

YOU KNOW YOU'RE AT LSU WHEN...
YOUR BIOLOGY TEACHER ROLLS UP ON A MOTORCYCLE, WEARING A GREAT DANE T-SHIRT. COOL.

IF YOU HAVE AN IDEA FOR "YOU KNOW YOU'RE AT LSU WHEN..." LET A SISTA KNOW! EMAIL ME YOUR ONE-LINERS AT RHE295@MY.LASIERRA.EDU AND IF IT'S ANY GOOD, WE'LL USE IT.
FRESHMEN ORIENTATION: IGNITE
FRESHMEN ORIENTATION
LSU Walks for Heart Health P. 4

Students Pray for Peace P. 11
Our institutions’ motto boldly reads “from Diversity, Community.” It sure sounds nice, but that concept seems awfully abstract. I think the word “diversity” has developed a bad reputation. The hackneyed term immediately conjures up rehearsed lines about how “everybody’s unique” and the mere mention of the word induces cringes all around.

Our maxim is the metaphorical Russian nested doll. Out of the 300 some million Americans, 16.6 million are college students. Of those, approximately 1600 attend La Sierra University. Continue that trend for as long as you please but that last tiny doll, cased inside all those larger institutions, would be you. Of course we all have times where we would like to consider ourselves completely exclusive, but we also yearn for a sense of belonging. A group identity doesn’t fully encapsulate a person but that individual is no doubt an integral member of that group, or even many groups.

So do we actually live up to this tenet? While putting this issue together, I was pleasantly surprised to find that we do. It may sound trite, but it’s real. Take a look inside this issue if you don’t believe me. While most colleges have to carefully pose their brochure pictures so much that they give Benetton a run for their advertisements, LSU students are as diverse as they come, or so says US News and Reports for the 4th time. Look at our resident SIFE team. This week, they head to New York to compete against a total of 43 different countries in hopes to bring back the World Cup. We also welcome the Red Books Tour, a play from PUC that demystifies Seventh-day Adventist church leader, Ellen G. White, and in a show of support for those suffering heart and other cardiovascular diseases in the greater community, we put our walking shoes on for the Heartwalk in conjunction with the American Heart Association.

Maybe it comes like a second nature to us because if you asked me off hand whether I promoted community from diversity, I would’ve laughed and said no. But make no mistake, this collective campus is pregnant with intellect, talent, and sincerity. And where does it come from? Well, you.

Tiffany Ap
Editor-in-Chief

NOTE FROM THE EDITOR

CRITERION

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  LSU Security Webpage

Criterion is a news publication of the Student Association of La Sierra University.

Want your name on this list? We’re still hiring writers and a layout designer. Join us at our next staff meeting (Mondays at 12:15 in the SALSU Office) or email us at criterionlsu@gmail.com
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Take YOUR Perspective Photos Today!
Photo Station Hours [Ends October 11]
Monday: 3pm-7pm
Tuesday: 11am-13pm, 5pm-10pm
Wednesday: 12pm-2pm, 5pm-10pm
Thursday: 3pm-7pm
Today is the last day!

Photo Station Hours are Subject to Change

puc red books visits Isu 9
sife at world championship 11
fine arts 12
Isu crime statistics 13
the funnies back cover
Campus evangelism opportunity! Make up to $30/hour with a minimum of 12 hours/week. Contact John for more information: 559-300-0999 or Sierra Towers, Room 218.

Need work? Want to assist Security in keeping our campus safe? Security is looking for student dispatchers and one full time staff Security Officer. Call 951-785-2222 or stop by the Security Office in Calkins Hall for more details.

The new SALSU website officially launches today, October 11! Check it out at salsu.lasierra.edu

Have you been getting dorm worship credit? Continue joining us for a great experience at Rendezvous every Wednesday at 10 pm in HMA.

Audition for the November 1 Freshmen Talent Show! October 22 and 24 only at HMA.

Why haven’t you taken your Perspectives photo? Hair messed up? Food in your teeth? There’s no more time for excuses. Today is your last chance to get your photo taken in the Student Center! If you don’t take a photo, you can’t get the directory book.

Have something you think is notable? Let us know at criterionlsu@gmail.com!
LSU Walks for Heart Health

By Tzelon Chernin
Photos by Jacquelyn Weischadle

Thousands of individuals from the Inland Empire were present to show their support at the American Heart Association Walk for the 16th year. Faculty and students alike made a strong showing for La Sierra University on Sunday morning, September 30th at the pristine Fairmont park grounds.

Compassion and happiness filled the air as the thousands took to the cleared path around the amazing display of nature's beauty. Thanks to the numerous friends, plant species and glimmering lake, the three mile walk went by a little too quickly. Some individuals displayed further support by walking laps even after the suggested distance was fulfilled.

"I think the Heart Walk is a great way to raise awareness of the top killer in the United States", said La Sierra Biochemistry Professor Marvin A. Payne, Ph.D. and Chairman of the Board of the Giving Children Hope Foundation. This walk alone raised more than half a million dollars to aid in the yearly expenditures of the American Heart Association, which targets public health education, general research, and community services.

The American Heart Association is the largest voluntary health organization working to prevent, treat and defeat heart disease, stroke and other cardiovascular diseases. "These diseases devastate millions of people of all ages and kill more than 910,000 Americans each year," according to Heartwalk.org.
Red shirts began to make their way to La Sierra University's statue shortly after noon on Friday, October 5. Soon, more than 25 students, faculty, alumni and local pastors had gathered, most sporting red, including red duct tape wrist bands and cloth bandanas. Who are these people and why were they wearing red?

“In support of Burma,” said Vaughn Nelson, La Sierra alum and pastor of the Norco Seventh-day Adventist church. In Burma, now known as Myanmar, peaceful protests for democracy were violently oppressed last month. Protesters led by Buddhist monks have been shot or imprisoned and concerned La Sierra students decided that something should be done about it on this campus.

“I was sitting in class with a friend,” said Adrian James, a junior Philosophy and Cultural Studies major and organizer of the event, “and I floated the idea: ‘Maybe we should do something on Friday.’” That was Wednesday, October 3. Less than forty-eight hours, a small but passionate red tide had gathered.

The event started with senior Independent major Zulema Ibarra’s speech on the background of the situation in Myanmar, a country in Southeast Asia. “One of the world’s untold stories is the tragedy of Burma’s internally displaced persons,” she told the gathering. “Even more at risk than refugees, over one million people are on the run in Burma’s jungles, trying to avoid capture or execution by the regime’s troops. In many cases they are literally hunted down like animals and killed.” That was just one chilling fact in the story of Burma, which has been under a military junta since 1962.

After Ibarra delivered the story of the Burmese people, Dr. Wonil Kim of the School of Religion delivered a short homily, comparing the struggle of the Burmese people with the struggle of the Israelites under the Pharaohs. “Yahweh is the God of the Israelites because She is first the God of the world,” he preached, giving not only political purpose to this group adorned in red, but spiritual purpose as well. “Will the Pharaohs of the Burma hear the voice of a few of us gathered in Riverside, California? Yes. We are
small drops of water in the crashing ocean."

Putting words into action, the group then started signing petitions that would be sent, pressuring leaders around the world to take action to end the violence in Myanmar and give the people under oppression a voice. As well, they created seven posters that were taken to Hollywood the next day to show support for the Burmese people at a rally where approximately 300 people protested in front of the Kodak Theater. La Sierra's signs joined scores of others, drawing cheers, chants, and honks from passers-by in support of Burmese freedom. That rally lasted more than two hours on Hollywood Boulevard.

When asked why he participated in the afternoon's events, Kim answered, "Injury to one is injury to all. Solidarity is a divine mandate."

Also answering the question of why, Rebecca Tampubolon, a freshman in the pre-nursing program, answered, "Because I can feel how the people and Burma feel."

Considering the short time in which the event was planned, the organizers and participants felt it was a great success. "I think there was a great turnout," commented James. "This meeting was something more powerful than just a tactical maneuver. It showed that there is good in the world and that good can triumph ... and with our collective will, we can shake the foundations of tyranny and evil."

The organizers of Friday's rally have indicated they are planning another, similar event that will go in conjunction with a larger event in Los Angeles on November 10th.
Welcome back to the Vox Discipulus Forum! If you’re interested in politics, culture, or religion, or just what everyone else has to say about them, read on. If you agree, disagree, or would like to post your own thoughts, please feel free to email the forum at lsuvox@gmail.com. We will be having a discussion board up and running shortly online at http://www.blogger.com/salsuforum. Look for many more responses there throughout the month. At this forum, we are thrilled to provide a constructive environment, in which students can open up, learn from each other, and think critically about the world they inhabit. This is all about us, La Sierra students, coming together and sharing our beliefs, standpoints, and backgrounds. This forum seeks to be a reflection of La Sierran concerns, ideas, and opinions, so please feel free to email with any suggestions or questions you would like to see on here.

-Zulema Ibarra, Forum Editor

VOX DISCIPULUS FORUM

Are you an international student? Welcome to La Sierra University. It is here where you find yourself at home because a big portion of our students come from countries that represent all corners of the world. It is the place that reads all kinds of stereotypes that seem to be written on the foreheads of the international students: the terrorist, turban-wearing Middle Easterners, illegal all-Mexican Hispanics, hip-hop-dancing African Americans, snooty, red-neck Caucasians. However, it is here where all the stereotypes become topics for discussion rather than a means of offending others. It is here where students try to engage in projects and researches that shed more light on the beauty residing in the different countries, the richness characterizing their cultures that have been shaped by civilizations, the uniqueness of their traditions that have been inherited through thousands of years, and their ability to embrace the aspects of modernization as they maintain their aging identity. It is here where we attempt to wipe out the blinding fog of stereotypes and seek to see and learn more about the diversity of others.

Q: What do people read on your forehead when you mention your nationality? What would you like to say to inform these people?

A: Having come from Lebanon during a time when the area was correlated with terrorism, I was expecting that I would be asked a lot of questions at the airport, and eventually by people I would meet at the school. However, my expectations underestimated what happened. I was shocked when a student from LSU actually asked me if I was a terrorist, if we lived in tents and use camels for transportation, if we had telephones and cell phones, if I would dare go out amidst the violence in Lebanon. However, they were shocked to hear me speak English fluently on the day of my arrival. They were shocked when I showed them the beauty of Lebanon extending from the beaches, up to the mountains, and touching the cores of the valleys, and when I told them that we have historical sites that are more than 3500 years old. They were shocked when I told them that we went through long years of war through which we continued going to work, attending schools, and rebuilding whatever was bombed the previous day. They were shocked when I showed them how our culture has cradled several civilizations and has known how to decorate them with modernization. They were shocked to know that women practice their freedom without constraints.

--Rindala Obeid, Senior, Biology/Pre-med Major

*The opinions and thoughts presented in the student responses are not those of SALSU or its entities but of the contributor.*
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>10/7</td>
<td>1pm - Women's Soccer at home vs. CSU East Bay</td>
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<td></td>
<td>6am - CABL Run</td>
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<tr>
<td></td>
<td>6pm - Men's Soccer at home vs. San Diego Christian College</td>
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<td>7pm - Fall Debate Challenge in CH106</td>
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<td></td>
<td>10pm - Towers Dorm Worship</td>
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<td></td>
<td>Last day to withdraw with no record</td>
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<tr>
<td>10/8</td>
<td>6am - CABL Run</td>
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<td></td>
<td>11am - SEW in LSUC</td>
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<tr>
<td></td>
<td>5pm - Women's Volleyball at home vs. Occidental College</td>
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<td></td>
<td>7:30pm - Women's Volleyball at home vs. Occidental College</td>
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<td></td>
<td>10pm - Angwin Dorm Worship</td>
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<td></td>
<td>Flagball intramurals begin</td>
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<tr>
<td>10/9</td>
<td>11am - SEW in LSUC</td>
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<tr>
<td></td>
<td>5pm - Women's Soccer at home vs. CSU San Marcos</td>
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<td></td>
<td>7pm - Men's Soccer at home vs. Southern Wesleyan Univ.</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>10/10</td>
<td>6am - CABL Run</td>
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<td></td>
<td>10pm - Rendezvous at HMA</td>
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<tr>
<td>10/11</td>
<td>7pm - Invitational Band Clinic Vespers</td>
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<td></td>
<td>7:45pm - First Service at LSUC</td>
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<tr>
<td>10/12</td>
<td>10am - Sabbath School Breakfast &amp; Bible study at Sierra Vista Chapel</td>
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<td>7pm - Band Clinic Concert at Sierra Vista Chapel</td>
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<td></td>
<td>7:30pm - Women's VB vs. Caltech</td>
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<td>8pm - Theater Sports in Matheson</td>
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<td>10/13</td>
<td>10pm - Rendezvous at HMA</td>
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<td></td>
<td>7:45pm - First Service at LSUC</td>
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<td></td>
<td>8pm - Observatory open</td>
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<td></td>
<td>TBA - SALSU Table Tennis Tournament</td>
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<tr>
<td>10/14</td>
<td>1pm - Women's Soccer vs. Cal Lutheranian Univ</td>
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<td></td>
<td>6am - CABL Run</td>
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<td></td>
<td>12pm - Prayer at the Statue</td>
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<td></td>
<td>7pm - Men's Soccer vs. Chapman Univ</td>
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<td>7pm - Women's VB at home vs. West Coast Baptist</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>10/15</td>
<td>6am - CABL Run</td>
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<td></td>
<td>11am - School Assemblies</td>
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<td></td>
<td>10pm - Angwin Dorm Worship</td>
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<tr>
<td>10/16</td>
<td>6am - CABL Run</td>
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<td></td>
<td>11am - School Assemblies</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>10/17</td>
<td>6am - CABL Run</td>
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<td>11am - Breakouts</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>10/18</td>
<td>6am - CABL Run</td>
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<td>11am - Breakouts</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>10/19</td>
<td>7:45pm - First Service at LSUC</td>
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<td></td>
<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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<td></td>
<td>7pm - Band Clinic Concert at Sierra Vista Chapel</td>
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<td>7:30pm - Women's VB vs. Caltech</td>
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<td>8pm - Observatory open</td>
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<td>10/20</td>
<td>10pm - Rendezvous at HMA</td>
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<td></td>
<td>7:45pm - First Service at LSUC</td>
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<td></td>
<td>TBA - SALSU Beach Vespers</td>
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<td>TBA - SALSU Freshmen Talent Show</td>
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<td></td>
<td>TBA - SALSU Costume</td>
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<tr>
<td>10/21</td>
<td>1pm - Women's Soccer at home vs. CSU East Bay</td>
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<td>6am - CABL Run</td>
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<td>12pm - Prayer at the Statue</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>10/22</td>
<td>6am - CABL Run</td>
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<td></td>
<td>11am - Senior Class Assembly</td>
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<td></td>
<td>10pm - Angwin Dorm Worship</td>
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<td>10/23</td>
<td>6am - CABL Run</td>
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<td>11am - Senior Class Assembly</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>10/24</td>
<td>6am - CABL Run</td>
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<td>11am - Men's Soccer vs. Chapman Univ</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>10/25</td>
<td>6am - CABL Run</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>10/26</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>10pm - Rendezvous at HMA</td>
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<tr>
<td>11/4</td>
<td>Want something added to the Criterion calendar?? Email salsu.</td>
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<td><a href="mailto:publications@gmail.com">publications@gmail.com</a></td>
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<tr>
<td>11/5</td>
<td>6am - CABL Run</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>11/6</td>
<td>6am - CABL Run</td>
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<td></td>
<td>11am - Political Awareness Assembly</td>
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<td></td>
<td>10pm - Angwin Dorm Worship</td>
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<td>11/7</td>
<td>6am - CABL Run</td>
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<td>10pm - Rendezvous at HMA</td>
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Blue lights filter onto the stage as a mysterious male character eloquently describes a mystical encounter with “God.” Such scenes of deep personal confession collide with sudden outbursts of song as colorful offbeat characters drift onto the stage, transforming it into a virtual fun-house of the surreal and metaphoric. The experience may be comparable to the screening of an avant-garde film. “Red Books: Our Search for Ellen White” is a documentary-drama that has been receiving a considerable amount of attention from many different Adventist circles over the past year. The play, which debuted in the spring of 2007, is an official production of the Pacific Union College Dramatic Arts Society and is said to have drawn an audience of over 1,000 attendees.

“Red Books” was on tour in Southern California from September 7 through October 6. The tour was sponsored by the Adventist Today Foundation and a number of other churches and organizations throughout the area. There were eleven performances scheduled in four different locations, the last stop being at La Sierra University.

“Red Books” takes a hard look at how perspectives on Ellen White have shifted over the years and the aftermath of some of these turbulent transitions. Eryck Chairez, one of the writers of “Red Books,” described it as, “An observation into the building and destroying of icons that mean so much to us.”

The idea originated with Mei Ann Teo, a Resident Artist at PUC as she was listening to a Sabbath School presentation on Quakers by a history professor at PUC. The first generation of followers would consider their founder to be someone enlightened. The second generation would, after the death of this leader, elevate this person up to the status of ‘inerrancy and uniqueness.’ Then the third generation would tear down the icon which had been elevated so high in the previous generation. Until at last the fourth generation would be left with nothing. Teo explains, “He then asked the group- could this apply to us? There was a visceral reaction in the room. Being part of the fourth generation, I got curious.”

When Teo pitched her idea about an Ellen White play to Chairez, he recalled his skepticism, “Who would want to do a play about Ellen White? But Mei Ann, when she has an idea, she’ll hook you in. And I got hooked in!” In the coming months with Teo, Chairez, and Zachary Dunn sharing the roles of writer and director, the actors interviewed over a hundred individuals from Ellen White historians to friends and family members who had any meaningful views on Ellen White. “Then in November we shut it all down because it was now already a six month process. After that, we took all their interviews and started looking for common threads to build a story,” said Chairez.

The play condensed real-life events into poetic allegories that served to capture the depth of human experience in a powerful way. It allowed closer insight into the underlying emotions of fear, despair, and acceptance that those who truly lived these experiences would have felt. In one scene, characters dressed in suits and ties are wedged between the pages of two humongous red books that are closing down on them. Gradually their arms begin to get weary and dark figures force the books...
down even harder. But the characters strain themselves to keep the books open for as long as they can. In another scene, some of those same characters are gunned down in the middle of the stage by a firing squad.

These powerful scenes are emblematic of the trauma that occurred within the church in the seventies as Adventist scholars, for the first time, sought to make Ellen White a serious topic of academic study. These scholars were met with heavy suspicion and animosity as some of them were eventually fired or blacklisted.

Chairez indicated that there are still vestiges of that same old conflict today, “At first we had no idea what we were dealing with. We realized that we always had to be careful. Especially when it comes to the words we use when we talk about her inspiration. It’s like walking through a minefield. It’s like these mines have been set up by the generation before us, now we have to deal with it.” At times the group even received letters warning them to be careful. Chairez however, is not one to shy away from controversy. “I don’t walk the line.” he said. “I usually end up straddling it. But in this play I didn’t want to lose people just because I used the f-word or made a crude joke.”

Dialogue between the actors and the audience is a key part of the play. “It’s probably one of the most important things.” said Chairez about the Q&A sessions that follow each performance. “We didn’t want anyone to feel unheard. We felt that every idea has a right to be said.”

There is the hope among some Adventists that “Red Books” might be indicative of a greater sense of maturity within the Adventist church in North America. Dr. Frederick Hoyt, history professor emeritus at LSU, was included in the play. His character, played by Tim Wolcott, was one of the individuals who experienced first-hand what it means to be held under suspicion by church leaders for attempting to do serious scholarship on Ellen White. Hoyt has a hunch that “Red Books” represents a new chapter in the Adventist church, “a turning point.”

“This is a turning point in the sense of a new openness about our problems. Instead of covert activities, instead of sweeping things under the rug, we will talk about our problems as mature, intelligent adults,” said Hoyt.

When asked about how he was impacted by this project, Chairez responded, “A lot of it was just realizing how blatantly human she [Ellen White] really was. She was just like us... running around with those religious fanatics. She was a walking contradiction sometimes.” But Chairez still feels that for better or worse Ellen White made valuable contributions to the church and that “God used her. We can’t just have the church without her. But ok, she’s a human being. That gives us room for error.” said Chairez.

Though some would think that Ellen White will have faded into obscurity in the “fourth generation,” a play such as “Red Books” may serve to inspire a new sense of respect and acknowledgement of the complicated history behind Ellen White and her church. And it might even actually encourage a greater sense of “openness” in the ongoing conversation of what it means to be a Seventh-day Adventist.
The La Sierra University SIFE team is currently in New York, NY to try to bring home La Sierra's second SIFE World Cup Championship. SIFE will remain there until October 12 though the competition runs October 10 through 12. Our SIFE team will be in New York City to represent the entire United States at the SIFE World Cup held at the Hilton Hotel.

A contingent of about 20-30 students and faculty will comprise the LSU representation as well as Adam Phillips, Karin Bryner, John Razzouk, Deisy Ruiz, and Warren Sturt, students from LSU, who will be the presenters for La Sierra's SIFE team. China will return this year with hopes of defending their 2006 World Cup championship, which was won by the Shanghai Institute of Foreign Trade in Paris last year, along with over 40 other countries that will be participating in the SIFE World Cup this year.

This will be LSU's 6th appearance at the World Cup following victories at the National Tournament from 1994-1997 and 2002, when they won the World Cup that was held in Amsterdam. The SIFE team will be presenting to the judges at the competition an overview of their five major programs that are making a difference in Riverside as well as around the world. The Projects are as follows: Project Kalaala, Dilemma, Financial Literacy, Harambee, and Build-a-Village which all cater to different target groups but have the same purpose: to educate and enrich the lives of those target audiences.

If you don't know that much about SIFE or the SIFE World Cup, here's a quick background: SIFE was established as an opportunity for students to apply what they've learned in the classroom to use as tools to solve real world problems. SIFE teams are charged to develop community outreach projects that teach the principles of market economics, success skills, entrepreneurship, financial literacy, and business ethics. SIFE teams develop their projects and then present them at regional and then national tournaments.

The National Champion from each country is invited to compete at the SIFE World Cup. The competition allows teams to share techniques used across the globe as well as determine who is judged to be doing the best job in creating economic opportunities. The winning team will be named the SIFE Champion.

Many of SIFE's projects are funded by the SIFE water program, and just recently, SIFE water has been available for sale at the LSU food market. And for all you fans out there, our national championship team will appear on boxes of Kellogg's Frosted Flakes this fall.

For more info about our SIFE team, visit www.sifelink.com.
Invitational Band Clinic
By Kelli Smith

It’s time for another LSU Invitational Band Clinic. What is this ‘clinic’ you may be asking yourself? Every alternate year the school holds open auditions to put the perfect band together. What does that mean for you? You get to listen to amazing music performed by some of the very best musicians around. This year the clinic will be directed by Dr. Eric Hammer, who is not only serving his fifteenth year as the Director of Bands and professor of music education at the Pacific Conservatory of Music in Stockton, California but also hosts the Pacific Western Concert Band Festival, advises the Pacific Pep Band, supervises student teachers, and chairs the Recruitment/Scholarship Committee.

Simply, if you love music, you need to be at this concert. Even if you do not, do yourself a favor and treat yourself to something new; that’s what college is all about right? And do yourself another favor, don’t think high school band concert, think phenomenal music experience. I guarantee that this will knock you off the edge of your seat! But don’t take my word for it, go see it for yourself! LSU Invitational Band Clinic is happening now at 7pm, Wednesday through Saturday, October 10-13, 2007.

Climate Change Gallery Open
Article and photos by Michael Neglia

On October 8, 2007, the Art and Science of Climate Change Gallery opened with great style. It began with the Mayor of Riverside, Ronald Loveridge, addressing the concerns of global warming, followed by La Sierra’s Professor of Biology Dr. John Perumal introducing the star of the exhibit, Sam Huang. Sam Huang is a local artist whom, since the Tsunami in 2005, has dedicated his work to the awareness of the environment and global warming. Mr. Huang decided to donate 15 paintings to La Sierra University in the hope that his message of conservation of our environment will live on. Eight of those will be located in the Price Science Complex. He chose La Sierra because of the Universities active outlook on global warming preventive measures. As Dr. Perumal said, “We want to use art to bring forth important scientific information.” The exhibit is scheduled to be open until November 1 from 10:00am to 4:00pm, Monday through Thursday and from 2:00 to 5:00pm on Sunday.
Submitted by LSU Security  
Photo courtesy of LSU Security's Webpage

Title II of the Right to Know Act, part of the Crime Awareness and Campus Security act of 1990, requires that all post-secondary institutions of higher education provide a statistical report to the students, faculty and staff, of criminal offenses which take place on campus. The following activities are the number of reports received by the La Sierra University Patrol between September 1, 2006 and August 31, 2007.

<table>
<thead>
<tr>
<th>Criminal Offenses</th>
<th>Dorm</th>
<th>University Housing</th>
<th>Campus Area</th>
<th>Arrest Made</th>
<th>Theft Recovery</th>
<th>Car Recovery</th>
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<td>Murder - non-negligent</td>
<td>0</td>
<td>0</td>
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<td>N/A</td>
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NIN = Non-injury    IN = Injury
Personal Safety Tips

1. Trust your instincts. If you suspect that something is wrong, or a situation seems dangerous, you may be right! Do not ignore suspicious people, cars, or situations. Report them to Security or the police immediately.

2. Avoid dangerous situations. Do not invite trouble. Use your best judgement about where you go and what you do.

3. Walk to your car with your key in hand and look in your vehicle before getting into it to see if anyone is inside. Also, be aware of your surroundings and individuals as you approach your vehicle.

4. Keep valuables out of sight in the trunk.

5. Lock your car and use locking devise(s). Such as a Club, alarm, kill switch, etc. Never leave your car parked, running and unattended.

6. Be aware of bushes and tight corners you can not see around.

7. Call Security for an escort in the evening or walk with a friend.

8. If someone attempts to rape, assault, or abduct you, follow your instincts. Attract attention by blowing a whistle or screaming, run, hit, bite, or use other forms of self-defense. Do whatever comes naturally and do it immediately!

9. Your goal is to escape and survive. Escaping and surviving an attack are the most important considerations. Keep them in mind as you act and react. Remember, each emergency is different and only YOU can decide what action is best.

10. If a crime does happen, report it to Security and the police as soon as possible. Important information to remember: time of the incident, person’s appearance, and a car’s make, model, color, and especially it’s license number.

11. When leaving your office, close and lock windows and doors. Do not leave purses unattended and unsecured.

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College stereotypes exist on every campus, whether large or small, secular or parochial. Here at LSU we have such a diverse group of students, which is obvious if you attend University Worship or just look around the cafeteria at lunchtime. Being a senior this year, I have had the chance to meet a lot of great people here at La Sierra, and in good humor, I decided to poke some fun at them, as well as myself. So I've decided to give you a heads up on some of the types of people you can expect to meet here at La Sierra University. I really didn't have any one person in mind, so don't get offended, because I'm definitely not talking about YOU!

The Teacher-to-be: This person can be in any major, occasionally sticking to a Liberal Arts degree and hanging out in the Curriculum and Instruction department with the other teachers in the various programs. This person is often picked as the leader in any group project because of their innate ability to rule others. The teacher-to-be group is divided into two separate classifications; those that like children, and those that don't. Scary.

The Hot Nerd: This person is usually gorgeous and abnormally smart. This girl comes to class every day perfectly made up from head to the pointy toes of her stiletto heels and always seems to have an intelligent question ready for the professor. Somehow this person avoids hatred and infiltrates different cliques by demonstrating an extensive knowledge of fall fashion in Europe as well as a true interest in helping her fellow students with their calculus homework.

The Musician: Whether an aspiring rock star or classical musician, this person can usually be found in Hole Memorial, or any room on campus with a piano or good acoustics. This guy is often invited to participate in activities such as Tuesday Tunes or University Worship, and may have a following of campus groupies, consisting of friends and maybe his advisor.

The Pre-Student: This person is majoring in something that cannot be attained at LSU. Either pre-law, pre-dent, pre-med, whatever, this student's entire existence at LSU is only a precursor to the school he will attend after leaving La Sierra. This student is easily identified by his 12-hour Sundays at the library as well as his no nonsense approach to all the ridiculous classes that he has to take in order to get out of La Sierra, and on with his schooling. As a side note, this guy will most likely make more money, when he finally gets out of school, than you or I can imagine.

The English major: As an English writing major, let me tell you a bit about myself. Usually found in a quiet place on campus with a pen and paper, a book or an iPod and a wistful gaze, the typical English major could have been one of the gothic kids from high school, the prom queen, or any person with something interesting to say. The English major, whether she is interested in literature, drama or writing, sees college as an opportunity to make a career out of talents she has spent most of her Saturday nights cultivating. Although she may look fairly normal on the outside, the English major is a temperamental and sensitive soul, in love with life's tragic beauty and her own abilities.
Money 101 P. 5
Maximize Your Tuition Money P. 9

The Student News Magazine of La Sierra University
NOTE FROM

The popular motivational speaker Zig Ziglar once offered this memorable saying, "Money isn't the most important thing in life, but it's reasonably close to oxygen on the 'gotta have it' scale." The quote's an amusing one, but also holds a surprising amount of truth in it. Fact is, money is nigh impossible to ignore. No, not the people on the fringes of society nor the fabulously wealthy can divorce themselves from the headache that money manifests itself in.

Money dealing moves at dizzying speeds with a kinetic energy that flings a person in a million different directions. Toss in fancy words like 401K, stock portfolios, consolidating debt, annual percentage rate, collateral, and you have a right sick carnival ride we have no choice but to hop onto. I'll admit that banks, credit unions, and even Student Financial Services, still strikes fear into my own heart. Financial institutions in general wield power to reduce completely normal, smart young adults into quivering, baffled, lost sheep.

The Criterion has capital concerns of its own. Though fantastical suggestions come up at our staff meetings, we're restricted by the very finite amount of green allocated us. Our budget never fails to sober us up after an outrageous brainstorming session. Regrettably, our current allowance doesn't permit us to print full color copies. Nonetheless, what we can offer the student body is a color version launched online at http://salsu.lasierra.edu/publications. Visit that website for a vivid full-bodied version of this magazine that does proper justice to our pictures and designs.

So if money really does make the world go 'round, what are we supposed to do? There isn't a blanket answer to how to handle your funds and I'm certainly not about to tell you how to figure out your finances but know that you're not alone. For centuries, people have grappled with it, become slave to it, mastered it, advanced it, reviled it, courted it, multiplied it, squandered it, pinched it. But whatever verb you apply to it, money has the uncanny ability to spend you and every last ounce of energy you possess. And that's okay. Whether you have too much, too little, or the least probable of the three, just the right amount of money for your needs and happiness, here is an issue dedicated to tender. Peruse away. It's free.

Tiffany Ap
Editor-in-Chief
The recent Southern California fires have devastated many families, displacing them and robbing them of their possessions. To aid our neighbors, please bring a donation of clothing or non-perishable food to this year’s SALSU Fall Feast on November 15 at 5 pm in the Commons. For more details, visit salsu.lasierra.edu. Remember to keep these families in your prayers this holiday season.

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PIE FEED is happening today, November 8, at 6 pm. Come for delicious desserts!

JOIN us for the SALSU Fall Feast on November 15 at 5 pm in the Commons! Pay for a special Thanksgiving dinner with four cans, an article of clothing, $2 or with your meal plan. Either way you pay, feel free to bring a donation to help families affected by the Southern California fires. Featured musical guest will be Melissa Polinar.

KEEP attending worship at Wednesday's Rendezvous in HMA at 10 pm. Come for credit, leave with a blessing.

TAKING photos at campus events? Send your pictures to salsu.publications@gmail.com to get them in the yearbook. Include your name, people included in the photo, and make sure the image quality is at least 6 megapixels.

CABL Run ends soon! Keep coming for early morning exercise. Monday, Tuesday, and Wednesday at 6 am on the track.

Have something notable? Send it to us at criterionisu@gmail.com!

SALSU.LASIERRA.EDU
New Commons, New Hours

By Heather Corona and Kelli Smith

If you haven’t been part of conversations about the Dining Commons or the Eagle’s Nest at all, you must be either a commuter student, a hermit that never goes out of their room, or one of the few, proud people with cars and a lot of spare cash.

Currently the Cafeteria is open on Mondays through Thursdays from 7:15 to 9:00 a.m. for breakfast, 11:30 a.m. to 2:30 p.m. for lunch, and 5:00 to 6:30 p.m. in the evenings. This is different from last year’s schedule, when the cafeteria was open until 7 p.m. It may only be a half hour cut, but it is most noticed because dinner is one of the most attended times on campus. As a result, students argue that they don’t get out of classes until 6:50 p.m.

One new freshman states, “The hours of the cafeteria are extremely inconvenient for the student body. Half of the students have labs or music rehearsals in the evenings so they can’t even eat dinner.”

What is the real reason for reduced hours, and is it really hurting hungry students? Ken Khan, director of the cafeteria staff, reasons, “The cafeteria hours have been shortened because of the lack of students that come in after 6:30. For those that have labs or any other engagements, the Eagle’s Nest is open immediately after the cafeteria closes with the same menu. After the cafeteria closes, students can buy sandwiches, and drinks using their flex money if needed.”

So maybe the problem with the cafeteria and Eagle’s Nest’s hours isn’t flexibility, but lack of communication to the student body. According to Khan, the plan to divide the Eagle’s Nest and cafeteria is a positive one indeed; we just need to be more aware of schedule changes.
MONEY 101
By Denby Rasmussen
Photo courtesy of www.psu.edu

If you are thumbing through this newspaper, it is quite likely that you are a college student. If indeed you are a college student, it is also quite likely that you are strapped for cash, possibly even broke. You are not the only student struggling to get through college without operating in the red, and cash-saving options are available that may cushion the blow from increasing tuition, rising gas prices, and ridiculous textbook fees.

For many students, a full class load and the subsequent homework required restricts their ability to dedicate many hours to working, and probably sleeping as well. What little money many students actually possess for spending on entertainment and social activities usually goes into the gas tank and one decent sized fast food meal. As young people, we have yet to really understand and appreciate the value of a dollar, and we find it difficult to keep from spending whatever money we have earned or received.

The following is a list of techniques that you can employ that will hopefully either lower your expected contribution to your tuition, help you to save some of that hard-earned cash, or perhaps even increase your income.

First, the Financial Aid department here at La Sierra will get you all the money that you deserve and to see that it helps you get through school. However, they aren’t going to spoon-feed it to you. When you first arrived on campus, you may not have asked all the appropriate questions in your hurry to leave the Administration building. Advisors can give you information about scholarships and answer questions about student loans. For example, advisors know which credit options you may be eligible for, and which loan companies work best for you. Also, there are a variety of websites that offer scholarship searches, allowing students to enter their information to apply. Students can quickly and easily determine what scholarships they are eligible for, especially ones which would have been almost impossible to find any other way. Google "scholarships" or "money for college" to get started.

Credit card offers are a second option students can benefit from. Make no mistake, student credit cards are not like student loans. Payments cannot be deferred until you graduate. The "student" title usually just means that your spending limit won’t be too high. If you are a first
or second-year college student, find another way to effectively spend than by racking up a bunch of non-deferrable debt. Perhaps even take another external student loan if it is necessary. At least you won’t have to worry about paying for it until you are out of school and have a better job, or more hours to consistently work. However, if you have been in school for a while, have taken a class like Personal Money Management, and have already proven yourself capable of handling your finances, applying for a credit card and using it to purchase things like gas and groceries might not be a bad idea. It is important to remember that spending more on your card than you will be able to pay off in the same month would not demonstrate the most of your responsibility if you are ready to take this step. This will allow you to gradually build your credit so that in the next few years, when you are trying to buy a car or a place to live, your credit score will be solid.

The La Sierra University SIFE Team has created an online credit clinic designed to teach college students about the fundamentals of credit. In a few quick steps, you can not only access information but test your knowledge of shrewd credit usage. Visit the SIFE Team’s website at www.sifelink.com and scroll down to the link on the left side under the March 7 posting titled “Get a Clue” to learn how to successfully handle your credit.

Employment is a third way students can dedicate time in that isn’t already dedicated to class, homework, or a decent night’s sleep. If you find it difficult to find work in the area that won’t conflict with your school schedule, there are almost always a fair number of jobs available here on campus. Keep an eye out for “help wanted” signs as you stroll around the campus, but for a recent list of on-campus job opportunities, you can visit the La Sierra website, access the Human Resources page, click on the Student Resources link, and finally the link for current position openings. You can also find what you need to know about the process of becoming employed on campus on the Student Resources page.

It is often difficult for college students to save money, probably because we believe we make so little to begin with that we can’t afford to put any away. However, staying on a budget is a way to manage and maintain a safe amount of cash for any occasion. As long as we keep thinking along those lines, nothing ever gets saved, and we live paycheck to paycheck. What we should be doing is setting aside a portion of our bi-weekly paychecks in a savings account immediately upon receiving the check.

If you live in the dorm, eat at the cafeteria whenever it is possible. Eating fast food or going out to dinner will burn through your cash real quick. If you are bored, don’t go for a Sunday drive if you can’t really afford the gas. Wasting money on frivolities is an easy way to quickly waste money without paying attention to priorities you have as a college student. This campus features many productive and positive ways to spend time without spending money, so make the most of them. Try not to drive so much, La Sierra wants to see you on campus!
Welcome back to the Vox Discipulus Forum! This week, we feel a stronger sense of community around us, as we reflect on the effects the fires left, or have loved ones who have been affected by it. It is now that we realize the true “stuff” that life is made of—you and me. Because we live in a world full of “you’s” and “me’s”, we come to be aware of each others’ unique qualities. We also realize that there is so much we can learn from our differences, as we work side by side, and help one another through the rough times. We accept each other’s help because it makes our lives a little better. Shouldn’t we also accept each other’s differences, because it makes our lives a little richer? With this in mind, if you’re interested in the richness of the opinions around our campus on everything from politics, culture, to religion, read on. If you agree, disagree, or would like to post your own thoughts, please feel free to email me at lsuvox@gmail.com. We will be having a discussion board up and running shortly online at http://www.blogger.com/salsuforum. Look for many more responses there throughout the month. At this forum, we are thrilled to provide a constructive environment, in which students can open up, learn from each other, and think critically about the world they inhabit. This is all about La Sierra students coming together and sharing our beliefs, standpoints, and backgrounds. Please feel free to email me with any suggestions or questions you would like to see on here.

--Zulema Ibarra, Forum Editor

Q: Should pastors with little to no financial training be allowed to manage finances in churches?

A: I come from a conference that had to be bailed out, due to financial crisis. I remember the frustration of my teachers as they came to work, week after week with little or no paycheck waiting for them. I remember the scandal after one pastor was caught dipping into the tithe pool, ostensibly because he had received no paycheck for quite some time. This was from the same conference that had previously sold off a great deal of prime real estate, back in the days when real estate was still fetching enormous sums of money. I have no “inside knowledge” of why these things happened, but anecdotal evidence and hearsay all indicate that it was the M.Div. trained leadership of our conference that lead to these problems. I would love for someone to explain to me that this wasn’t the case. Until then, I must answer the question above with a resounding “No!” Leave money matters to people who spent four years earning the relevant degrees.

--LSU Student

*The opinions and thoughts presented in the student responses are not those of SALSU or its entities but of the contributor.*
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11/4
Want something added to the Criterion calendar?? Email salsu.publications@gmail.com

11/5
6am - CABL Run
12pm - Prayer at the Statue
12pm - Men's Soccer at home vs. CSU East Bay
10pm - Angwin Dorm Worship

11/6
6am - CABL Run
11am - Political Awareness Assembly
10pm - Angwin Dorm Worship

11/7
10pm - Rendezvous at HMA

11/8
6am - CABL Run
11am - UW at LSUC
6pm - Pie Feed

11/9
7:45pm - First Service at LSUC

11/10
10am - Sabbath School Breakfast & Bible study at Sierra Vista Chapel

11/11
6am - CABL Run
12pm - Prayer at the Statue
10pm - Angwin Dorm Worship

11/12
6am - CABL Run
12pm - Prayer at the Statue
10pm - Angwin Dorm Worship

11/13
6am - CABL Run
10pm - Angwin Dorm Worship

11/14
10pm - Rendezvous at HMA

11/15
6am - CABL Run
11am - Breakouts TBA - SALSU Fall Feast

11/16
7:45pm - First Service TBA - Men's Basketball vs. Claremont Mudd-Scripps College
8pm - Observatory open

11/17
10am - Sabbath School B&B at Sierra Vista Chapel
BEGIN THANKSGIVING BREAK

11/18
"Give thanks to the LORD, for He is good; His love endures forever." 1st Chronicles 16:34

11/19
7:30pm - Women's Basketball at home vs. University of La Verne

11/20
TBA - Men's Basketball vs. Occidental College

11/21
6pm - Women's Basketball vs. Cal Lutheran University

11/22
THANKSGIVING DAY

11/23
7:45pm - First Service

11/24
10am - Sabbath School B&B at Sierra Vista Chapel

11/25
6am - CABL Run
12pm - Prayer at the Statue
10pm - Angwin Dorm Worship

11/26
7pm - Women's Basketball vs. University of Redlands
7:30pm - Men's Basketball vs. University of La Verne
10pm - Rendezvous at HMA

11/27
10pm - Angwin Dorm Worship

11/28
7pm - Women's Basketball vs. University of Redlands
7:30pm - Men's Basketball vs. University of La Verne
10pm - Rendezvous at HMA

11/29
6am - CABL Run
11am - Breakouts
TBA - Best Buddies Taping
Last day to withdraw with a "W"

11/30
7:45pm - First Service and Midnite Cafe
8pm - Observatory open

12/1
10am - Sabbath School B&B at Sierra Vista Chapel

12/2
10pm - Rendesvous

12/3
12pm - Prayer at the Statue
7:30pm - Women's Basketball vs. Cal Lutheran University
10pm - Angwin Dorm Worship

12/4
10pm - Angwin Dorm Worship

12/5
7:30 pm - Women's Basketball vs. Occidental College
10pm - Rendezvous at HMA

12/6
11am - UW at LSUC
GET THE DEC. ISSUE OF THE CRITERION!!
TBA - SALSU To Go

12/7
1:30pm pm-
Women's Basketball vs. Claremont Mudd-Scripps College
8pm - Observatory open

12/8
10am - Sabbath School B&B at Sierra Vista Chapel

DECEMBER 3, 2017
The beginning of the month is always a stressful time, not because of tests, quizzes, projects, or homework assignments, but because tuition bills are due. Whether or not you’re scrounging around the dorm looking for loose change to make your tuition payment, or if you have generous parents who are paying for your tuition, making that large payment is always a difficult process. It is not easy to ignore that figure of $28,206 inside one of the Student Financial Service offices at the beginning of each year, wondering how on earth it’s going to get paid. We all stress out about whether the cost of a college education is worth it, and where our money is going. Hopefully, I can clear some things up for you as well as give some tips on how to make the most of your money. Now, I am not really going to list out 28,206 ways to maximize your tuition money because we don’t have enough space and I don’t think I can count that high, but hopefully you’ll get something out of it.

I’m sure at some point in time, we have all wondered where all our money goes, and we have a right to do so because we’re paying a high premium for an intangible product. In order for us to get to the careers that we are trying to get to, we each need a lot of help from advisors, coaches, professors, and others who can get us on the right track and ensure our success. However, that support and knowledge available to us does not come free. People who make this university run properly and the professors entrusted to prepare us for careers in the real world have families and bills of their own to pay, and they need to make money in order to meet those needs. A lot of our tuition money goes towards covering those operating expenses. La Sierra charges students taking anywhere from 12 to 18 units $21,060 and an extra $585 per unit over 18 to help meet those expenses. That amount is intended to cover professors’ and assistants’ salaries, money for maintenance and physical plant expenses, as well as other expenses that many of us do not even realize exist in order to make a university run efficiently.

So you are taking classes and getting good grades, but you also need a place to stay. If you are lucky, you have found a fairly reasonable residence off-campus at an affordable price for rent or lease.
This can be a stretch in Southern California, especially considering current market pricing for real estate. However, if you want to avoid all that and also have a decent place to eat, an additional $6,330 is needed to have a roof over your head and food in your stomach. It may seem like an outrageous amount for rent and food because you can probably find rent off-campus for just as much or cheaper. What about all those other expenses when you live on your own? Utilities, appliances, food, Internet, television, and the expenses can start piling up quickly. If something breaks down, you have to deal with a landlord or call up maintenance to fix your leaky faucet or broken air conditioner; these are all things you never have to think about when you’re living in the dorm.

Most importantly, don’t skip your classes! Have you ever stopped to think about how much each class period costs you? If you skip one of your classes that meets four times a week at an hour per period, that’s almost $160 per class coming out of your pocket. For a two-hour class that meets twice a week, that number doubles to $320, and doubles to almost $640 for those long four hour classes. You better have an excellent reason to miss class, because it is costing money for each missed period. So get the most out of your money, by maximizing your La Sierra University experience. Hit the gym, go to SALSU activities, eat at the cafeteria, and go to class! By the time you receive your degree, you will have a healthy body, a ton of memories, and most importantly, a well-balanced education.
This quarter the Drama team will be re-enacting the play Twelfth Night set in the 1920s. Whether you desire some good drama, or need to attend because of your classes, this play has something for everyone thinking of attending. The drama includes a wonderful portrayal of the battle of the sexes written by William Shakespeare. La Sierra University’s Shakespearean expert, Robert Dunn, shares that this play is about the definition of love. All the characters seem to portray conflicting ideas about love, and the play reveals how each character deals with this common emotion. Whether it’s love for themselves or unrealistic love, the play strives for “bringing people back to the way they ought to be,” says Dunn. The play will be at the usual drama location, Matheson Chapel. It’s a dramatic portrayal of love that you won’t want to miss.

Summary: Viola loves Orsino with all her heart. There are just two problems. First, Orsino is in love with the fair, but fickle Olivia. Worse is the fact that Orsino believes Viola is a man...never a good thing. To further complicate the matter, Olivia is falling for Cesario (aka Viola) and somewhere out there Viola’s nearly identical twin brother is stumbling about.

Meanwhile, the nefarious Sir Toby, his girlfriend Maria, and other members of his motley crew are determined to destroy the malevolent Malvolio. Their plan is to trick him into believing that the fair Olivia is in love with him.
Women's Volleyball: Teaching New Tricks

Articles and photos by Michelle Lumban-Gaol

Playing their 16th game with the addition of ten new freshmen, only one returning player and with only six spectators watching, the Lady Eagles volleyball team won during the final tiebreaker. The team is having a season of highs and lows, with its share of growing experiences and life-sustaining friendships. Kim Elgarico, second year volleyball head coach said, "This has been more like a rebuilding year. Our team is fairly inexperienced but overall, the improvement is amazing. Most importantly, these girls are a big family."

Considering that there are only 13 players on the team including the ten freshmen, building a strong and connective bond is imperative to the team-structured game of volleyball. Elgarico said, "Trust and communication is the key to winning games, and being successful."

The team has worked on this winning component and many other factors to their game for the past three months, putting in two to three hours a day, five days a week. This commitment easily makes their game appear tricky and fast-paced.

Volleyball consists of three main steps; the bump, the set, and the spike. A play may consist of a high speed serve, a precise location return bump, a dangerous spike or a perfectly-positioned set. The sets are usually made by an experienced setter, however, the lady eagles team has a setter that is new.

Volleyball is a game full of passion, something that girls' volleyball team has a lot of. Unfortunately, many people do not get to see this because they do not go to their games. Enthusiastic fan, sophomore Swirve Bramble said, "Maybe a sport assembly would be nice for the team but man, it's really the fans. I've seen the girls play when they have people rooting for them and they don't disappoint."
By Michelle Lumban-Gaol

After seeing the phenomenon High School Musical, I had a comical image of talent tryouts; so as I made my way to the front seats of the Freshman Talent Show, on Thursday, November 1, 2007, I wondered if anyone was going to present something of those emotional chanters, or the falling ballerina man variety. But that was not the case; rather, La Sierra University has some serious talent!

The talent show, which featured mostly freshmen, but had appearances from upper classmen, began with Justin playing George Harrison's "While My Guitar Gently Weeps" on the ukulele. His crazy fast-finger playing started off the show with a bang, leaving me with the question, "who would want to follow that?" Then a ladies trio of Keisha Paez, Phoebe, and Kay, a.k.a. "Keisha and the Beautiful Ladies," followed with a beautiful hula tribute to the impromptu gift of Adam Hicks on the ukulele and Rico Legaspi on vocals.

After, Kevin Jobe continued to lift the evening's spiritual theme with an original song on the guitar. He did not have to go far because the next act included him, Ariane, and Christina Thompson who performed an instrumental trio that performed a Celtic inspired piece featuring the piccolo, violin, and guitar. Judging from the applause from the crowd, their talent was certainly a fresh, crowd-pleasing performance.

The cheering and laughter continued with the genius and amazing quick wit of the LSU improv team (Donovan, Kyle, Alex, Rebecca, and Kristi). The crowd (or rather, the ladies) was treated with the evitable vocal talents of Jame Yeargin and Gatra Suhari (both accompanied by pianist Arthur Brown). Paulette Jumalon brought more good laughter to the crowd when she sang about the unlikely story of meeting her true love at a Starbucks.

Finally, the band Colma Clarity rocked the night away with an edgy and catchy original piece. But, in the end, the inevitable had to be announced- the winners. The instrumental trio of Christina, Ariane, and Kevin won the talent prize, but as I see it, they weren't picked as the winners; but rather, as representatives of LSU's talents.

Think Major Talent

13
School Text Message Alerts

By Michael Neglia

Have you heard? La Sierra has a new state of the art emergency text message and email notification service. The program is called the e2Campus Emergency Notification System. This system is designed to notify students about emergencies around our campus. Last week’s power outage makes a good case for this system. If you were signed up prior to the power outage, you would have received a message notifying you of school being cancelled within the hour. It could have saved you driving all the way to school just to find out classes were cancelled.

Now I know what you’re saying, I don’t want my number to be publicized; well e2Campus is committed to the privacy of your number and will not share nor sell your cell phone number. This is a completely optional program and you may opt out at any time you choose. The only catch to this system is the text messages cost the standard rate your cell phone provider charges.

To sign up, go to lasierra.edu/e2. It only takes a minute to sign up, so take a look at it and try it out for yourself.
The Big Fight
By Patrick York

The ropes are parted on either side of the ring for the event of the night. The fight will be broadcasted to an international audience of advocates and laymen alike, but the defending champion in the left corner knows that he holds the upper hand. In the right corner, the fighter only thinks about the past when he used to be at the peak of his power, but now people all around the world only scoff at the thought of him. The crowd stands and a flood of applause ushers the champions to their corners.

“In the left corner weighing in at 1.4 to one... Euro!”

An eruption of elation resounds.

“And in the right, weighing in at a measly .70 to one, Dollar.”

Hissing and cursing is heard all around. What had happened, where did he go wrong? The fight ends as soon as it begins, the fans leave the stadium with only one thought in mind:

“It wont be long until that old Dollar is in the same league as the Mexican Peso.”

As a student that is studying abroad in Italy this school year, I have come to realize that the American Dollar seems to be holding its weight for now, but the euro is flexing it’s massive arms and cracking its knuckles, preparing to take a little out of the dollar every time someone takes it out of the bank. I didn’t realize that my money would be worth less in Europe than it is at home, which isn’t much to begin with! My advice is that if you want to go overseas, save save save! Oh, and get a job!
I never could decide which one I wanted more: to be admired for my hard-work or effortlessness. On the one hand, diligence is a very agreeable quality that your parents always stressed that you develop. Then again, to be naturally adept at anything without really trying is, at the risk of sounding juvenile, pretty cool.

It’s a bit like cheating. The immense appeal in the message conveyed by that impression is this: I am this healthy/intelligent/amazing/(insert desirable quality here) that I can do dangerous things, flout all the rules you petty little people have to abide by, and still come out unscathed. Conventions like working out to remain fit, like studying to get a good test score, like practicing scales and arpeggios in order to nail that mazurka. This alluring tid-bit was discerned as far back as 1538, when The Courtier outlined sprezzatura and disinvoltura, meaning hauteur, ease, and effortlessness all as essential qualities of an aristocrat.

It’s insidiously funny how we always think we are going to be the exception. My first two years in university, I ate truly horrendous things, slept at all odd hours of the night or sometimes not at all. The night before an exam, I would watch, not a Heroes episode, but a rerun of a Heroes episode—just another one of my wise choices because God forbid I looked hurried or strained. Castiglione would have been proud.

Tiffany’s epiphany arrived when the school posted a picture of the Speech and Debate team, something I’m also involved in, on the school website. There I was, standing next to my teammates at tournament, looking haggard, a forced smile that resembled a grimace more than anything else, and to my girlish chagrin, I definitely had packed on a couple pounds. The public spectacle had made it official. My leisurely lifestyle had taken its toll and there was zero hiding of my indiscretions.

That unforgiving photo was all I needed to make a 180. You can find me at the gym every Monday, Tuesday, and Thursday. High grades for the most part don’t come unless I sequester myself in the library for a couple hours a week. Even this editor’s letter took around two hours to churn out because I’m not a savant.

At the present, I’ve accumulated a small fortune of health and all-around wellness, but it’s been amassed through good old fashioned hard work. I make it a point that there is nothing distasteful in the noveau riche. What is so terrible about wanting the freedom to achieve goals if one should choose to work hard enough? Besides, when did it become good form to flaunt harmful habits?

Accordingly, my Christmas toast this year is unabashedly democratic. I wish you health, every happiness, and the best of luck in all your endeavors. None of this pansy several-centuries old European hierarchical stuff; I believe in the American dream.

Tiffany Ap
Editor-in-Chief
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all i want for christmas 5
forum 7
calendar 8
nutrition in the cafeteria 9
young minds for a healthy mother earth 10
sports 11
active classes slated for winter quarter 13
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the funnies back cover

SALSU! Retreat! Yosemite!
January 18th - 21st
Space is Limited!
Sign up and pay during mealtimes or at SALSU office
$35

Spiritual Rejuvenation Fellowship Relaxation
"Be still, and know that I am God..."
Psalms 46:10 NIV
SALSU TO GO is happening today, December 6, at 6 pm. Join us in the Student Center for free Jamba Juice and your Perspectives!

CANDY GRAM sales end today! Send a personal message with a beautifully wrapped bag of goodies while supporting your yearbook. Grams will be delivered December 7.

SPIRITUAL RETREAT to Yomesite is kicking off 2008 from January 18 through January 21. Space is limited so sign up now at the cafeteria or in the SALSU office. Cost is only $35.

WINTER FORMAL is being held on January 27, 2008. For more information, check out myspace.com/redlantern08

TAKING PHOTOS at campus events? Send your pictures to salsu.publications@gmail.com to get them in the yearbook. Include your name, people included in the photo, and make sure the image quality is at least 6 megapixels.

CRITERION AND YEARBOOK are looking for dedicated and creative staff members. If you are interested, please email salsu.publications@gmail.com and get involved today.

Have something notable? Send it to us at criterionlsu@gmail.com!
Budget Cuts Bring New Time Changes

By Heather Corona

Every department at La Sierra University suffered a thirty-percent budget cut this year resulting in fewer resources and shorter hours of operation.

According to Dr. Warren Trenchard, this budget cut was determined last year in preparation for the 2007-2008 school year. The number of enrolled students has decreased in recent years causing a lack in tuition income for the school's operation.

Even though the school has made financial sacrifices, it has been able to save money in other ways. "Since the numbers have dropped in student attendees, so has the number of grants and scholarships," said Trenchard. The unexpected little sum of money saved is going to benefit the students and school for the next upcoming school year.

Some of the really noticeable budget cuts happened at the campus library, the MICOL computer lab, the gym and the art studios. Most of these reduced hourly changes are caused by a shortage of security officers.

According to the Security department, they suffered an extra three-percent budget cut on top of the original thirty. This caused a lack of officers and the expiration of unfilled positions.

Now that the hours have been reduced, the students benefit in not having to work as late. Ceramics lab assistant, junior Michael Neglia said, "The reduced lab hours in the art department benefit my academics allowing myself more study time."

The library closes at 10 p.m. Monday through Thursday and on Sunday. However, as the quarter nears the exam period, it's previous hours extending to midnight will be in place. So from December 2 through December 12, the library closes at midnight. MICOL closes at 10 p.m. Monday through Thursday and Sunday. The art studios close at 11 p.m. Monday through Thursday, and on Sunday. The gym closes at 10 p.m. Monday through Thursday, and on Sunday. Most of these departments and student facilities have only been reduced an hour or two in comparison to last years' operating hours.

Editor’s Note: Since this article has been written, administration has stated that the library will remain open until midnight indefinitely. They are also continuing work on extending hours at other campus facilities.

SALSU-TO-GO

Thursday, December 6
6 PM @ Student Center

Come for Jamba Juice and pick up your Perspectives book if you took a picture!

www.salsu.lasierra.edu
By Giovanna Sobrinho

The special white embroidered table cloth and the carved silverware, only for special occasions. Excited faces reflect from the glistening ornaments. The lights have a warm glow. The food is eaten. The people laugh. The people hug. The people kiss. The young expectant faces await the strike of twelve. A glass is bound to shatter. The left over crumples of paper are scattered across the cold tile. The night is bound to end, and with it, another passing of innocence.

"Just look how beautiful she is. Yes, that is what I want more than anything." But I knew she was expensive. She was the most expensive.

With my father in graduate school, and my mother just starting the business (was it around that time?), our family’s life did not include much money-spending. I, however, was convinced that I would somehow have it. Ask, and thou shall receive, so try, right? My mom saw my glimmer of hope as I asked. Her voice with so much love (I cannot think of seeing human love so concretely expressed apart from the utterance of an "I love you"), told me that we just could not afford it.

Just let me say that this doll was one of the few toys I ever obsessed about. I cannot exactly say why I wanted her so much. Maybe because she was just so beautiful; she had long flowing hair and a gorgeous dress. Why do certain girls just obsess about beauty from such an early age? That just might be another story for another time.

Christmas was done a little differently in Brazil. In American culture, there is an association with Christmas and snow flakes, fireplaces, and cozy sweaters. In Brazil, it is summer during that holiday! Instead of sledding, we have pool parties. Instead of eggnog, we have barbecues. With our weather never including snow, our houses do not have chimneys; it is rare for a house to have a fireplace. This, inevitably, eliminates the whole aspect of Santa coming down the chimney. Our ceremonies are different. Gifts and fellowship around the tree take place at midnight of Christmas Eve (it was so exciting to stay up that late)! We stare at the presents under the tree since the time they have been bought. That is the Christmas I had that year.

My flashes of memory bring me to the white house with navy blue shutters in São Roque. It’s the house where my dad told me, “Just look forward! I’ll be holding on to the bike, don’t worry!” But then he let go, and I, not trusting him, looked back and fell. It’s the house with the hill that I excitedly rolled down on, a shortly lived bliss once I became covered with fiery red ants.

It is the house where I finally receive my bride doll.

My grandmother’s food is just perfect. Even more so on Christmas, when she makes an exception and cooks non-vegetarian style to please the rest of the family. The adults sit on the better table; the kids sit on the kitchen table, because, after all, there are six of us. A glass is bound to shatter. We can still overhear the adult conversations though. They are intriguing because they somehow usually include us, the kids. The special white embroidered table cloth and the carved silverware. I can still see Artur laughing, Rodrigo’s sweet smile, Carol’s chubby cheeks, my sister’s huge black eyes, and can still hear Thiago’s raspy loud voice. The food is eaten. The people laugh.

The tree is beautiful (why does it have that hazy glow in my mind, just like those memory sequences in movies?). The red, gold, and green, the ornaments hinted of a winter theme while most of us have never even seen snow. The young expectant faces await the strike of twelve. Packaged in the beautifully folded, cut, and arranged boxes, their appearance would drive any child crazy. Sometimes I would get lucky and an edge of the box would poke through. Tonight it does! I can see the pink corner of the box.

I run my fingers over the box; careful to feel for spots of less resistance. Those mean that the box might have the plastic display side, and most likely, the doll. For additional evidence, I shake the box. I hear a small object bouncing around, strongly pointing for the possibility of an accessory without the usual wire holding it in. All observations point toward the doll. Excited faces reflect from the glistening ornaments.

The other gifts do not matter. The only other I
Want Christmas

recall is Carol receiving a Barbie bathtub. A real bathtub that you can hook up to the faucet and real water comes out! I did not even know they sold those! My aunt has just come from Disney World though, so that is understandable. After all, America is the land of the coolest and most affordable toys. Even we play with that toy as others open their gifts, my mind still wanders toward that box, my gift.

The leftover crumples of paper are scattered across the cold tile.

I hold it in my hands. The excitement feels just like a Looney Tunes cartoon, when bliss is so uncontainable that the figures lift off the ground as violin sounds dance in the background. My thrill grows even more as just before I open the box I look up at my mom, whose smile reassures me of my upcoming joy. Do I quickly tear the wrapping apart? Do I slowly peel it off? All I know is that before I have even seen the actual doll, I read it: Barbie. I quickly scream and turn the box to look into the display, and there she is, kind of.

I do not understand. The box is just what I saw at the store, but the doll is different. Her dress is different. I quickly peer down into the darkness of the box to look at the shoes. She is not wearing any! Her dress has pearls. There is a bow I have never seen before. “What is wrong with her?” I say. I put it all together as I recall seeing my mom sewing a tiny little pearly thing at home. Mom betrayed me, tried to trick me. How could she? She explains to me that since the doll was so nonsensically expensive, she went to someone she had heard about who resold toys that had been slightly used. She bought a Barbie and made the dress. That is why there are no shoes.

From a confident and expectant smile, my expression quickly turns into anger. She had tried to trick me. I see a deep sadness in her eyes, but in the moment, I brush it off and give priority to me. To my anger, my wants, my desires, because all I want is the doll, the real doll. Not the one made with love.

I’d like to say that my character was big enough that night to be thankful right away; to say that I appreciated and valued her love more than the doll. In the moment of anger however, things change, and suddenly my wants are what matter, and my pride excuses my odiousness. I am like the glass.

With paper I reflect on the melody that is sung as the glass shatters on the cold tile floor. It is glass made of pride and selfishness, and carves darkness into the bright night. Then the white cloth is used to bring back the glow on the morning after the passing of innocence. It is the white cloth that covered the world And brought back its glow on the morning after the passing of innocence.
Hello all, and welcome back to the forum. This Thanksgiving, as victims of the California fires were assessing the damage done to their homes, many were simply thankful to be alive. As the economic impact of the fires rises close to 2 billion dollars, a number of bills have been proposed to Congress to help the affected with mortgage payments, and other expenses. Just over the Thanksgiving break, new fires erupted in the Malibu area, with the guilty Santa Ana winds blowing overhead. Following are some perspectives on this year’s fire, mass evacuations, and series of losses. If you have any responses or more stories, please share at http://salsuforum.blogspot.com/

Aid for the Not-Poor: My uncle is an ex-fireman, and over Thanksgiving, we were talking about how much publicity the Malibu fires have gotten. We were especially appalled at the focus on economic status and the pity we were supposed to feel for Carol Stoddard, that 48-year-old free-lance videographer and photographer who lost her 12 uninsured (probably collectible) cars and her 2 million dollar home. Sure, the loss of multi-million dollar homes is horrible, and not everyone in Malibu owns these million dollar homes, but the publicity that these million-dollar structures (as compared to the normal, every-day, unimportant homes lost throughout Southern California) got was verging on indecent. Millionaires will still get their insurance for their second get-away homes in Malibu, which some admit is more profitable than selling on the stalled real estate market. Instead of focusing on those meaningless millions lost, shouldn’t we be focusing on the more significant losses of average-income families, who lost everything in these horrible fires? --Anonymous La Sierra Student 1

VOX DISCIPULUS FORUM

Other Unseen, Untold Stories: As an immigrant, myself, I feel for other immigrant victims of the fire, barely getting their lives started here. My family was affected by the fires, but we also had other family around we could rely on. If we didn’t, the loss would have been too harsh. (I have three younger siblings, and my mother is pregnant with a fourth.) Another area that goes unmentioned is that of undocumented immigrants, who flee shelters when officers go around asking for addresses and such. None have (that I’ve heard) been refused immediate aid, but having no proper documentation, they are not sure which rescue workers to trust, and are constantly scared of deportation. I heard that at least 50 million dollars in farmland was lost, and though I realize there is huge economic impact in that, I also feel sorry for the farm workers, who have lost not only their homes, but also their means of income. Still, they are usually very willing to work under any conditions, even through the smoke of the fires. --Anonymous La Sierra Student 2

If you, like me, were wondering of ways to help the wildfire victims but have little to offer in financial aid, please remember that there has been an incredible shortage of supplies at food banks, even during the holiday season. They are in constant need of donations and are the source for food provided at shelters.

-Zulema Ibarra, Forum Editor

Please Note: SALSU and the Criterion would like to apologize and clarify last month’s forum student response. The opinion of the respondent may or may not be valid, but the facts of the incident referred to were incorrectly represented. Therefore, the Criterion will no longer accept anonymous responses to avoid this in future issues.
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Nutrition in the Cafeteria

By Aline Ueno
Photos by Zach Gola

For most of us, nutrition has not crossed our mind for a while especially since we just went through Thanksgiving break. We probably thought about the diets or nutritional regulations we were going to take right after the holiday because of the not-so-wonderful feeling that comes after eating too much of a Thanksgiving dinner. But staying healthy is a hard task to accomplish, especially as a college student. Healthy foods are usually the most pricey in supermarkets and we don’t always pick the healthiest foods served in our own cafeteria. A survey showed that most people ate pretty healthy during breakfast making sure to add fruits to their meal and others did not have it at all. The blame falls on our busy schedules, but that doesn’t change the fact that we neglected the most important meal of the day. Lunch and dinner were harder to be healthier. People tended to stay clear of the fruits and veggies while filling their plate a little too much with the main event. So, is it possible for students to be healthy? Some students said that the oily food of the cafeteria made it difficult for that to happen while others said that the cafeteria offered plenty of options that enable us to be healthy. All it takes is a little effort and knowledge on what to eat generously, and what to try to avoid.

The food pyramid incorporates all of the food served in our cafeteria. But have you noticed as you walk into our cafeteria that the longest line is for the “Main Event” rather than for the salad bar? The portions of the foods that we are supposed to eat moderately are usually considerably larger than the portions of the foods we can eat generously. This was seen clearly during lunch and dinner.

Here are some tips for a healthier living if you eat at our cafeteria everyday:

1. As you enter the cafeteria feel free to go crazy at the Salad Bar. Making sure to fill up half your plate or even a separate bowl with fruits and veggies.
2. Avoid the pizza section as often as you manage to resist it.
3. The grill and the dessert sections should be used for special occasions only. Reward yourself to something sweet when you do well on one of your tests.
4. Eat the Main Even moderately making sure to include vegetables with the dish of the day.
5. If you absolutely must drink something with your meal don’t forget the wonderful juice machines in our cafeteria. The Passion-Orange-Guava with ice should do the trick.
6. Don’t completely throw out eating healthy as soon as Christmas Break comes! I’m sure there will be some healthy food around the table this year.

Here’s a pyramid to help with your next cafeteria visit:
Whether a child makes his or her home in the fields of the country land or the heart of the city, each one needs to understand that the interests of mother earth and nature are our own interests as well. It is extremely important for the younger generation to be ecologically conscious; as the saying goes, the children are our future. If you have kids or if you have siblings, nieces or nephews, if you are a mentor to younger ones, it is imperative that you educate them to be environmentally mindful. This will not only instill great morality in them, but also great character building skills such as responsibility and leadership.

The majority of us know that our planet earth is in a spiraling decline. Unfortunately, the gloomy predictions regarding our earth come as shocking news for others. At this moment, more than ever, we must teach the younger children how to make the most of the resources that are already available to them, without generating additional damage to the environment. Their awareness of mother earth will lead to appreciation for her, and that will lead into positive action for her.

At a young age, the minds of children are curious, bright, and like sponges; soaking up everything around them. At such a young age, learning about our earth and the various ways of how to conserve our environment will remain in their minds as they grow older. In turn, they will grow and spread the knowledge they obtained to their own children. Protecting our earth is not a job limited to a certain number of people. It is a duty that demands every one’s participation and attention. By being environmentally friendly, not only will we benefit, but the whole world will benefit for generations and generations to come.

So, what is the best way to raise or teach children to be earth friendly? Regrettably, there are so many advertisements all around us, flashing products that make life easier for us, but not necessarily safe for the environment. This might make it harder to teach a greener way of life to the younger ones, but it can be done.

The majority of children are taught the basics of being earth friendly; almost every school has a recycling program and many children are exposed to that first at school. However, the reasons behind these actions may not be so clear. It is important that they know the reasons behind all the earth-friendly activities. This is a great way to start sharing what we know about the earth to these younger ones; to express the need to reuse our rapidly diminishing resources.

Another way to connect with the kids is to expose them to nature and the natural beauty around us. These nature experiences can help them identify that the natural objects around them are interrelated with them and heavily depend on the choices they make. They should know where their food and water comes from; where their input comes from and where their output ends up. Outdoor learning at home is one of the best ways to teach young, inquisitive minds. Growing an organic garden or flower bed is an excellent way for the kids to learn responsibility and we have the opportunity to speak to them about the benefits of having a garden and caring for it. On a side note, make sure to introduce them to the creepy and crawly bugs common to gardens so the kids do not run away from them.

Saving electricity may be a message that is hard to understand for some younger kids, but you can link the burning of fossil fuels to our doomed climate changes. It may also get younger minds thinking when we raise the fact that what we consume has a tremendous impact on children in other countries. Not only is saving electricity important, but emitting fewer carbons into the air is also an important goal for our future world. Teaching the younger ones the importance of carpooling and saving fuel is essential for this goal to be achieved. It is not the effort of a few that is needed, but the combined effort of many. The earlier someone is exposed to the issues of our world, the better chances are made of them sharing it with others, making it an integral part of their life.

By Tara Lauw

Young Minds for a Healthy Mother Earth

If you are reading this and find yourself not connecting with the earth-friendly activities mentioned above, maybe you need to take a step back and examine your lifestyle. Before giving any thought to educating younger kids, you should educate yourself first. What better way to start your personal environmental journey than by knowing your ecological impact on this world. By going to http://www.earthday.net/footprint/index.asp and filling out a simple questionnaire, your ecological impact is instantaneously calculated for you.

The more everyone understands what danger our earth is in and what we need to do to help that, the more confident we can be in the lifestyles we choose. We all can practice conservation. We have the solutions to fight this problem; it is whether or not we have the will to fight.
Men’s Basketball: Shooting for Skills

By Lauren Gifford

With the approach of men’s basketball season comes a chance for La Sierra to take pride in eleven tenacious players representing part of the athletic talent of the university. Potential is highly important to keep in sight for the team as their skills progress. Keeping in mind that this year a whole new panel of guys are playing, different abilities are still coming to surface for the team. Joel Haldeman, La Sierra men’s basketball coach for about eight years, observes that the team is learning more about their strengths and weaknesses, and also becoming familiar with each other. While sophomore captains Andrew Grooms and Jheremy Haynes lead the team, the overall performance has been “up and down.”

Based on how La Sierra can effectively penetrate the defense of the opposing team by scoring baskets, the Eagles should be able to competitively match up with every team on the schedule except for California Baptist University. Coach Haldeman says, “California Baptist is slightly quicker, and we are not as disciplined, some players do not know how to get through the meat grinding business of getting chewed up and spit out into pieces. We always have a chance to evolve or regress, and we will be able to tell after the first three games what kind of progress we are making.”

Haldeman says, “I think we have three players who are very strong, and if they play up to their potential at the highest level, it will keep us in the games. Cortez Ward, Roy Stubbs, Michael Johnson, Andrew Grooms, and Normand Hall are very solid and steady outside people, who have shown they are consistent. We might have two more members joining us who are trying to transfer back into the university.”

As the basketball team prepared for their first game against Pomona-Pitzer College on Friday, November 16 at 3:00 p.m., they hope to remain competitive while learning about the strong dynamics each player has that can take them to a higher level. Haldeman has been trying to encourage players how to make a series of “reads” on the other team. “Reads” refer to predictions about a series of options eliminated by making quick decisions that will open opportunities for scoring. This has an effect on the mental modes of the team, which Haldaman is trying to strengthen. He can already observe moves that certain players will make, and is trying to break the pattern by showing the team how to be more unpredictable on the court. No matter what improvements are made, the product of practices and strategic development will demonstrate how much the basketball team further learns about the game, their teammates, and themselves.

When asked about the current state of Eagles’ basketball, Haldeman commented, “It’s like trying to get pieces of a jigsaw puzzle together that are all the same color. There’s room for improvement, but I see great things from Marcus Epps. He is only 5’8” and is an enormous athlete, and I think he can turn us around in a game.”

Despite that the men’s basketball team is not done perfecting their techniques, it is a good sign that their capabilities are not easily identified. There are several elements about the men’s basketball team that will be enjoyable to watch because there is enough talent within the team to be successful. Haldeman says he also is interested in watching the team react under pressure, and thinks it will help them. There is nothing more exciting than to realize that maybe all the pieces in the jigsaw puzzle are not exactly the same shade as the first piece is put together.
A baseball field is being constructed in order to increase the number of attending students in the future years to come. It is the school’s goal to become NCAA division 3, along with other universities in the area such as Cal Baptist, also a private university and one of our long-time competitors.

By building a baseball field and providing the school with a baseball team, more potential applicants and enrolled students will be enticed to pursue an education with the Eagles. With increasing numbers of students enrolled at the university, decreases in budget cuts and less of an increase in student tuition are expected.

Ten athletic teams are required to be NCAA Division 3 and our baseball team is our tenth and final team. Last year, the university attempted to have a baseball team but due to a lack of a field they had to cancel their season early.

“We are serious about baseball,” said Associate Vice President for Student Life, Sue Curtis. According to Curtis the baseball field will be completed on February 2. “We are getting down to the completion stage,” said Curtis. The building team is installing a water system on the field; the next step is to make a surrounding fence.

Curtis explains that all the money to pay for fence was donated. Student government donated $50,000, the golf benefit tour raised $25,000, the alumni board donated $50,000 and the surrounding apartment complexes donated $50,000.

The baseball field is not going to have a negative impact on academics according to Curtis. However, no academic scholarships will be given to the baseball team players or players of any other sport. NCAA rules that athletic scholarships can not be awarded to a school of our size.

Once the fence is in place, Curtis will be putting up a new baseball sign. “It cost me two hundred dollars,” said Curtis in order to ensure her seriousness about the baseball team. Completion of the baseball field is greatly anticipated by students, faculty and the community and all the benefits it is going to bring.
Active Classes Slated for Winter Quarter

By Michael Neglia

La Sierra University students have many opportunities to engage in fun physical activity classes. Each quarter the Physical Education department offers extra curricular classes ranging from half a unit to two units. These classes are not the typical lifetime fitness class, they venture outside of the campus going on weekend trips and day long excursions. As junior biology major Les Rollankante said, “These classes are a great way to get fit and stay on point for a good exercise session, especially since it is apart from the norm of just running.”

The only outdoor education class offered next quarter is skiing because of weather restraints. Skiing is a two unit class that takes place in the gym and at Mountain High Resort; students spend six weeks in the gym learning the basics on a forty foot ramp and then spend an entire day on the slopes at Mountain High. Among other classes offered winter quarter that are not outdoor education are yoga, weight training, and possibly conditioning for women.

Spring quarter brings many options for students. The class worth the most units is wilderness survival, this is a half unit class that teaches survival in the wilderness and goes on an inexpensive trip to Yellowstone National Park. There are many other half unit and one unit outdoor education classes offered. Canoeing and Kayaking goes on trips to the ocean, Aerobic Games class plays games like Frisbee golf and other games with much conditioning and exercise. Also offered are track and field, scuba diving, water aerobics, life guarding, weight training, and gymnastics. Gymnastics is also offered winter quarter and is offered as a directed study course so you may pick the units desired; many exciting sports acrobatics are learned in gymnastics.

Most of these classes are taught by associate professor of twenty nine years, Roger McFarland. All equipment is provided for each class and all classes are made with student expenses in mind. Professor McFarland said, “These classes are the best kept secret around,” which implies that everyone should take them.
Candlelight Concert

By Keith Ybanez

Once the calendar has turned from November to December, one day definitely stands out to the majority of people: Christmas Day. However, for the faculty and students involved in the Music Department, the Candlelight Christmas Concert on December 7 is definitely considered one of the highlights of the year. The event will be held at the La Sierra University Church at 7:30 p.m. The Music Department will be represented by the University Chorale, the Chamber Singers, the Wind Ensemble, and smaller select groups.

The Candlelight concert will be the culmination of a quarter’s worth of intense practicing and an opportunity for the musicians to finally be able to perform in front of friends and family after weeks of hard work. For the conductors, it will mark another Christmas music season come and gone as they begin to look forward to compiling their spring repertoire. The ensembles will present their best work and the program will feature melodies that will introduce listeners to new Christmas classics.

The Candlelight concert is a time for the community to take part in the university’s celebration of the Christmas season and to truly usher in the holidays. The church will be decked out in decorations and the Christmas songs will leave the audience hoping for a white Christmas in southern California. Now whether or not that happens, the Candlelight concert will definitely be an event to attend, so circle December 7 on your calendars and make sure your friends and family are inside the La Sierra University Church by 7:30 p.m. to enjoy some music and kick off the Christmas festivities.

FINE ARTS

Source Exhibition

By Tabitha Bunch
Photo by Michelle Lumban-Goal

A reception at La Sierra University’s Bradstater Gallery Monday evening welcomed “Source,” a new art exhibition by world renowned artist Linda Lundell. The “Source” exhibition included a collection of 17 original paintings created by Lundell.

Lundell is a seasoned artist who graduated with her bachelor’s degree in Fine Arts from Cal State University, Long Beach in 1969, and her master’s degree from the Rhode Island School of Design in 1971. Her work has been on exhibition in numerous galleries, museums, and art shows throughout the United States and she has received several international awards in recognition for her achievements in fine arts.

According to her website, Lundell is “driven by her desire to help preserve our country’s natural beauty for the generations to come” and has therefore developed a unique realistic style of painting to call attention to our planet’s natural beauty, as well as the disturbing need for preservation of the environment.

Lundell reveals her strong convictions about the impact of humans on the environment in her artistic statement on her website. In this statement, she asserts that humanity is in a state of emergency due to several factors including: greed, environmental degradation, and over-population. She believes that the world is perishing for countless reasons. In an effort to confront the global environmental crisis, she founded EcoArtLA in 2004. EcoArtLA is an art group that shares her passion for fighting against the causes of global degradation, and its members are dedicated to creating art work that encourages and inspires others to lead more sustainable lives.

Lundell writes, “My passion is for the restoration of our environment. For over forty years I have used a variety of media with a focus on nature. My primary attention is devoted to the rain forest because of its breathtaking beauty, knowledge, and spiritual rejuvenation. For me, there is no substitute for learning directly from our greatest wisdom teacher—nature.”
Holiday Cheer or Jeer?

By Denby Rasmussen

It’s that magical time of year, once again, when the American public is divided into two Christmas camps. A happy-go-lucky, tune-whistling minority, filled to the brim with Christmas cheer, prancing down the street making sure everyone else remembers that it’s the holiday season. Then there’s the stressed-out, aspirin-popping majority, who just realized how broke they actually are. Too broke to buy presents for most of their friends. For them, it’s going to come down to the select few they are in physical proximity to during the holidays. They go to work, present in body but absent in mind, trying to calculate what their next paycheck will look like, minus that twenty bucks they borrowed from a friend. Suddenly, the spirit of the season has become nearly invisible, masked behind phone bills, gas prices, and cheesy decorations.

Then, at the exact peak of frustrated emotion, in comes one of those proud, peppy few, singing a holiday ditty, bent on brightening our gloomy day. “JUST HEAR THOSE sleigh bells jinglin’ ring-ting tingling toooo... come on it’s LUV LEE WEATHER for a sleigh ride together with YEEEEEEWWW!” And that’s when it happens. The brain short-circuits, and one of two scenarios plays out. Either the stressed-out one slips into a transient state, and never returns until sometime after Valentine’s Day, or he grabs the closest over-sized candy cane and issues the peppy one a uniquely festive beat-down. Either way, it’s a turning point.

For those that don’t have that violent tick, the suffering continues. We sleepwalk into Christmas vacation with our family, filled with the negativity that we’ve been influenced into, and likely take it out on them. Our shoulders and neck feel as tight as a rubber-band ball. Everything aches. We’re tired. We don’t mean to be rude, or difficult, or short, but we are.

Then one of those rare few that actually likes us, someone we may occasionally take for granted, without judgment, recognizes our dilemma. They take us aside, remind us that a high-stress level is no excuse to be a Grinch. If anything, they are the ones who deserves to complain because our horrible attitude is ruining it for the rest. Finally, the stress starts to lose its grip as we realize one of the best blessings that the Christmas season has to offer; reunion with our loved ones, whom we suddenly remember have been there for us since day one. This is when we finally see that we aren’t the only people in the world who struggle with stress from school, work, and money. Maybe we can finally appreciate that person, so full of Christmas cheer, in spite of stress, who at this point has eaten three peppermints shy of a bowl. I guess we all need each other. Without the peppy, we’d all be grumpy. But without the grumpy, there would be no one to receive the cheer.
LSU's Internet Bandwidth P. 8
The Big Debate P. 4

The Student News Magazine of La Sierra University
I have a confession to make. In my 19 years of existence, I've never once owned an iPod. Incredible, right? It seems like everybody and their poodle has one these days. My 13 year old sister is on her second. I have certain cousins that have several each. Two videos (completely justified because they're different generations) and an incoming because it's now the Classic, a nano, and half a rainbow of shuffles (because sometimes it's too trying to pick a color). You know, just in case your 50 million other music players break down, you'll...always have a spare?

Please excuse the sarcasm. It's neither here nor there. Moving along, I've gone even as far as to buy a few as gifts for friends and family, but still never kept one for myself. If you hand me yours, I can barely navigate the dizzy wheel thing-a-ma-jig. Not to say my life has been devoid of music on the go. It's just that I'd never been an Apple customer. My phones have always had room for at least 1 GB of music and that worked well enough for me. Plus, predominantly residing in a non-US market with more manufacturers and other player options, I probably managed to avoid the bulk of the Apple products purchasing mania.

Microsoft lovers, please don't stone me, but I think the iPod might be the epitome of technology for this era. There's a vault of statistics and profits to back this up. But somehow, the only sure sign of success for a technological advancement is that it doesn't even register in our brains that it is technology at all. The past year's introduction of HDTV practically screams technology all over. Shiny, flashy, and most importantly, very fresh. Indoor plumbing? Not so much—no pun intended. So I couldn't help but toy with the idea of the iconic iPod becoming the new indoor plumbing. Revolutionary, utilitarian, but simply too commonplace to hold our attention any longer. Well not to fret, it probably hasn't quite hit that stage just yet; maybe in a decade or so, but you see where I'm going with this. Albeit borderline inane, I'll venture that technology is at its best when it ceases to be itself, at least in terms of our ADHD like human perspective.

Lately I've been thinking about jumping on the bandwagon and getting the Touch. I was on a secret wild hope that I might get it for Christmas but no cheery gift-giver picked up on that vibe. Most likely, they thought I wouldn't be into electronics or presumed I already had one. So sometime in the nearby future, I plan on treating myself, that is unless you're reading this and feel the pressing need to join the help-Tiffany-become-more-hip-and-tech-savvy foundation. In that case, you can drop it off at the front desk in Angwin Hall. What does this mean for you? Well, if I'm finally getting a Touch, that's when you know a completely mind-blowing gadget is about to hit the market.

Tiffany Ap
Editor-in-Chief
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MASSIVE CAPTURE THE FLAG is happening today at 6:30 p.m. Join us by the football field for a night of fun.

SPIRITUAL RETREAT to Yosemite is kicking off 2008 from January 18 through January 21. For more information, visit the SALSU office.

WINTER FORMAL is being held on January 27, 2008. It will be held at Seven Degrees in Laguna Beach. Purchase your tickets now at the cafeteria or in the SALSU office. For more information, check out myspace.com/redlantern08.

TAKING PHOTOS at campus events? Send your pictures to salsu.publications@gmail.com to get them in the yearbook. Include your name, people included in the photo, and make sure the image quality is at least 6 megapixels.

CRITERION AND YEARBOOK are looking for dedicated and creative staff members. If you are interested, please email salsu.publications@gmail.com and get involved today.
By Lauren Gifford

Chances are high that if you haven’t heard of Facebook or Myspace, you probably have encountered some other social networking site, or know friends who use them. What is so magnetic about Myspace that its user visits account for 79.9 percent of total market shares in social networking sites? What is so attractive about Facebook that user accounts double every six months? On one hand, Facebook boasts 58 million active users with a steady 3 percent weekly growth rate, while Myspace still stands strong with over 300 million accounts. What do social networking sites have to offer for the person who doesn’t want to just surf the Internet, look at interesting blogs, or look for random friends? Surprisingly, they have a lot to offer. Voice chat, email, file sharing, and discussion groups are becoming more readily accepted as features within social networking sites which can be utilized for educational or business purposes. With 85 percent of college students using Facebook, it’s no wonder that rules and regulations regarding posted material and pictures come into the picture. On every campus, policies regarding explicit content do exist, but may not be as strictly monitored as thought to be.

Associate Vice President for Student Life, Dean Sue Curtis says, “I do not believe the sites are inherently bad, but it is an ethical matter and students have been expelled in the past for posting inappropriate material. We don’t have time to check out every student’s account, but there are other students who search the sites randomly and bring inappropriate material to our attention if need be.”

Pictures of drunkenness or violence, hate speech, and other abusive content are mostly what get students into trouble. While the sites are mostly made for social interactions and keeping in contact with peers, some individuals even use Facebook or Myspace for advertising, political campaigning, or for scholarly purposes. Regulation of behavior portrayed through these sites is minimal to moderate, and Dean Curtis indicated that fortunately, the current instituted policies outlining what is acceptable have not been violated frequently. However, it is possible for students to be reprimanded, and even arrested for posting slanderous messages, or threatening other students.

In one extreme, the issue of privacy and safety could be just as large of an issue as the social networking sites. Dean Curtis provided the example of a 13-year-old girl named Megan Meiers, who was infatuated with a “boy” she was talking to, who turned out to be the parents of the young man. When the “boy” decided to break up with her, the girl committed suicide, and the boy’s parents were able to walk free from any legal penalty. Incidents like these are not very common, but exemplify how important identity theft and safety are when talking on the Internet.

Most students using these sites know very well that social networking is entirely what anyone decides to make it, and it can be as serious or as entertaining as you want it to be. As long as you remember that you are responsible for yourself, there is no need to think twice about consequences of posting pictures, messages to friends, or personalizing information in a tasteful, stylized manner. Jeopardizing future career or educational opportunities because of ignoring policies not only initiated by college institutions, but also by the social networking sites themselves, is simply not worth showing off. Besides, putting your best self forward will show the world who you are as a responsible college student, and who would want to be recognized for anything less? Lastly, don’t forget that an extra hour socializing online could be an extra hour studying to get higher grades!
Some contend that life is constant; I'd like to suggest that life is ever-changing. The sun may make its cyclic ascent and descent every day, but every sunrise and sunset is unique and unparalleled. Despite the comfort of constancy, on some level, we all want change. Perhaps that's why after the cozy, pine-scented traditions that Christmas brings, we set out on New Year’s resolutions to introduce a refreshing “different” into our lives.

Change comes in many forms, from embracing new adventures, to discovering new meanings in the things we do every day. Possibly the most important change comes from inside us—the way our perspective is widened when we learn, love, and welcome life's unexpected turns. But a change on the inside must transform into a new way of approaching life, and a new way of living. It is in this new way of living, that we may see hope within action by the way we treat those who serve us when we stand in line at Taco Bell or Coffee Depot, the way that we look at the odd outsider sitting next to us in class, the way we might remember that beyond nationality, culture, beliefs, and background, we are all humans, and we all make up the community we live in. From many of your responses, not all of which are posted here, it sounds like we all want to embrace community, from working together to being not just tolerant but accepting and appreciative of our different walks of life. Maybe in this way, we can come together at LSU and face a New Year’s resolution: that we might extend our best efforts to acknowledge that we are a community and will act to improve however we can. I know that we are all busy, but I think that we owe it to ourselves to try to work together for a transformation into a meaningful, deliberate way of living out the college life. Please look on the online forum at http://salsuforum.blogspot.com/ for more great responses and to add your own, or email me at lsvvox@gmail.com. If you speak, we will make sure your voice is heard. Let’s continue the conversation and make things happen! Here are some of your opinions on what types of change LSU would benefit from:

“I’d like to see more communication between departments. When administration or a particular department is facing burdens, we all face them. So, let’s keep the complaining to a minimum, and take an active, non-negative stance on the issues at hand. I think that maybe if we all stop the finger-pointing and blaming, in general, and instead, work together to see what we can all contribute to changing what needs to be changed, we would be taking a step in the right direction.”
—Daniel Bermudez II

“I’d like to see better communication, especially with students... like why tuition is being raised. I’d like an explanation of what expenses will be covered by a yearly two-thousand-dollar increase per student.”
—Lionel Henry

“I think we could all benefit from having more activities for dorm students, better food and health services, furniture; and it would be great if we could have a nativity scene at Christmas.”
—Rindala Obeid

“I would like to see more inter-departmental projects and courses focusing on relevant relationships, communication, and respect. I think we’re headed in the right direction, but could use more co-teachers and guest speakers. I think this could help us have a broader perspective for problem-solving and ‘teamwork’ in our future jobs and in the real world.”
—Gia Bermudez

Let these not just be words thrown into thin air, but let us inspire each other to transform our words into reality. As a good friend of mine recently told me, these words give us the promise of a hope-filled New Year! —Zulema Ibarra, Forum Editor
By Emily Bilha

I was finished! With finals finally behind me and home sweet home waiting I decided to check my new schedule and make sure everything was organized before I parted. This is when I was surprisingly shocked to find that my account had been temporarily blocked, yes something annoying we all have to face. I was a little upset but I knew that it had to be a misunderstanding, I had done my homework; clear financial status, check, talk to counselor, check, sign up for classes, check. So very patiently once more I called our friendly financial aid office and was greeted by a very efficient and busy student that seemed a little rushed. She very kindly tried to explain to me that I seemingly was missing another signature among the colossal list of documents I had previously signed. So I once again made my way to an office we are all very familiar with. Once again I was confronted by a long line of students waiting in the lobby and the hallway blankly staring into random corners of the room. Fortunately for me, that day things were able to be resolved faster than usual due to the thoughtful student worker that went out of her way to help me amidst the final rush of students coming in on a Friday. As I left relieved to resolve this last task the kind student worker would tell me; “If you want something to really get done around here don’t call, just come personally.” And so this is how I learned how to resolve my problems at La Sierra University.

Yes, I agree that our school has caring people and employees that are very competent but due to current evidence I have collected many things are overlooked in several departments. I randomly called 13 of the departments that most often are called and left messages asking some information about their office hours or certain service they provide. After waiting I unfortunately received responses from only 4 of the thirteen departments called. With these disappointing results it is clear to see that top quality customer service is not being provided by most departments. It is little things like these that may be prejudicial to the school’s image impairing the school’s growth and development. By going a little out of your way to help you may be able make a big difference to another person.

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Quis custodiet ipsos custodes? This phrase, written by the Roman poet Juvenal is loosely translated as “Who will guard the guardians?” This is a helpful question whenever people seek to evaluate whether or not systems or organizational structures place too much power in the hands of a few, or if systems are truly fit to act in the interest of the people.

It goes without saying that communications and computer technology are advancing at a rapid rate. But there are issues of contention that arise even in the midst of such positive improvements. One of which is the difficulty in finding ways to strike a balance between maintaining civil liberties and security for a nation or a community. Nevertheless, the issue can't be taken lightly. Anything less than a proper balance of the two and a society runs the risk of granting ultimate power to one single entity and slipping easily into tyranny and exploitation.

A few weeks ago the House of Representatives passed a bill to increase government oversight on secret surveillance programs that are said to be used against suspected terrorists. The bill places restrictions on the sharing of information about Americans that is gathered electronically and it prevents future presidents from engaging in any electronic surveillance that goes outside the boundaries of the Foreign Intelligence Surveillance Act (FISA). But the cause celebre for activists and ACLU lawyers was specifically the fact that the bill did not provide retro-active immunity for telecommunications companies that facilitated the Bush administration in warrant-less surveillance efforts in the past. There were 40 civil suits filed that claimed that companies had violated privacy laws in monitoring phone calls and Emails of ordinary Americans and submitting this information to the government.

Last year, three ACLU of California affiliates filed lawsuits against both Verizon and AT&T for illegal and unconstitutional transfer of private customer information to the NSA. The actions of Verizon and AT&T were in violation of the California Constitutions privacy provision and the Public Utilities Code and quite likely even the two companies own privacy policies. California law does not allow telecom companies to provide information that includes, “customers or subscribers' personal calling patterns, including any listing of telephone or other access numbers called by customers or subscribers” unless they have the consent of subscribers.

The ACLU’s executive director Anthony Romero maintains that lawsuits with serious financial losses are necessary in order to garner the attention of the telecom companies. “We need to bring lawsuits that would have enough of a punch or a bang,” said Romero.

But what does any of this have to do with La Sierra University?

As the university continues to expand and make improvements it may soon possibly find itself drawn into similar dilemmas involving personal privacy and security. In the case of MICOL, many students may not be aware that each time they log into a computer, all their activities, from personal emails to homework, can be monitored from the front desk by student workers. Cesar Tinoco, a junior at LSU who is in charge of MICOL, explained, “We have the power to take complete control, share control, or view exactly what’s on someone’s computer screen.”

This surveillance is carried out using a program called Net Support. The program has many different practical functions that facilitate things like software installations on each of the MICOL computers and it allows teachers to command their students’ full attention by blocking student monitors during class sessions. However, it is also a blatant monitoring system that polices MICOL, though according to student-workers at MICOL, the program is temporary awaiting updates and is not currently in use.

This kind of surveillance may be justified in preventing Internet piracy and other sorts of illegal activity. It may help in conserving bandwidth and helping Internet usage to be more equitable. But every hour, MICOL workers are instructed to routinely take a record of the total number of computers in use and do monitor checks of any students who might look “suspicious.”

MICOL student-workers are not asked to sign any sort of ethical agreement or contract that asks them not to abuse the surveillance software. But Tinoco maintains, “I've been really careful in selecting who works for me. All seem ethical. All seem to respect each other and the customers who are the students.”

Should Americans watching the illegal wiretapping controversy unfold on a national scale really be...
concerned if they are not involved in terrorism? Should we be concerned if they truly don't check Myspace while at MICOL, or do illegal downloading?

The Fourth Amendment says, "The right of the people to be secure in their persons, houses papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probably cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized." Is it such a far-fetched idea that such surveillance activities employed by government agencies and telecom companies could be exploited and used against political dissidents in the United States in the service of the dominant political parties?

Furthermore, some of the plaintiffs in last year's lawsuit in California against the telecommunication companies included medical professionals who realize that warrant-less wiretapping is a threat to doctor-patient relationships which are meant to be founded on confidentiality and trust.

Our system might not appear troublesome at first. Consider what might happen if some one's online banking account is tampered with, or their transcripts and sensitive personal information are compromised.

Indeed- Quis custodiet ipsos custodes? Who is watching the watchmen in our nation, and our communities?

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LSU’s Internet Bandwidth

By Heather Corona

La Sierra University is in the process of increasing the campus internet bandwidth. Last school year a team of students purposed a plan to improve internet bandwidth by increasing the cost of student tuition, specifically the technical fees. The fees will rise ten dollars a quarter per student, which is a total of thirty dollars per student a year. The goal is to reach $60,000 for the fiber-optic lines, installation and maintenance.

LSU is due for an updated internet connection. The school is at a category 3 and the purposed plan will bring the school up to a category 5. Categories are determined by the quickness and advancement of the running internet. The increased technical fees will pay for fiber-optic cable lines to be inserted into all the buildings on the entire campus. It will also go to pay for maintenance and upgrades.

Jesus Noland, one of the students who purposed this improvement, sent the proposal to SALSU during spring quarter of 2007. The proposal was approved this year by SALSU and was sent for approval from administration.

"It is going to be SALSU's responsibility to manage the funds going to improve the internet bandwidth and to make sure that improvements are being made," said Noland. According to Noland and his student committee, improvements have already been made in preparation for the increase of internet bandwidth. The school purchased the fiber-optic lines and installed them, however, the need to be activated and controlled in order to function properly. The new system is not functioning but is in place.

There are many students who are anxious for improvements to the school's internet access. "A lot of my friends who dorm in Angwin and Calkins, have constant problems with their internet access. Their sites are always crashing or taking days to load. I know they can’t wait for improvements to the internet," said freshman Michelle Lumbar-Gaol.
Art Exhibit is Thinking Blue
By Mike Neglia

On January 14, 2008 the Brandstater Gallery will hold the opening of “Blue, I dream a world.” This exhibit is in collaboration with University of California Riverside Museum of Photography. The exhibit is a series of video installations consisting of 10 works form students of La Sierra University, Poly High School, and the Inland Agency which is an after school program.

Curator and director of digital studio and educational outreach, Reggie Wollery said that “This exhibit will be an interpretation of the kind of world we live in.” Ethics of peace and war will be displayed.

The theme of the exhibit is Blue, which is meant to create a metaphor in the viewers mind and a mental image of what may be viewed. Junior English writing major and art minor Heather Corona said “I can only imagine what videos may be shown with such a vague theme, however I am looking forward to finding out.” The exhibit will be open January 14th through February 8th, Monday through Thursday 10am to 4pm and Sunday 2pm to 5pm.

Music by the Professionals
By Michelle Lumban-Gaol

The faculty in the Department of Music presents several concerts throughout the year that showcase their superior talent and love for performing. Each year, various faculty members present a solo or ensemble concert that features them in their respectable musical area: piano, violin, vocal, and many others. This year so far, three faculty recitals have graced the stage of Hole Memorial Auditorium. On October 21, 2007, Jungwon Jin, D.M.A. (Piano), performed the first of many faculty recitals this year. She first came to the United States to study at New York City’s Juilliard School then continued her studies at the Manhattan School of Music, and earned Master and Doctoral degrees under Nancy Bricard at the University of Southern California. On November 11, 2007, world-class performer, Lee Zimmer (Guitar), enchanted audiences with his brilliance and musicality. Since 1985, Lee has been on the board of directors for the Orange County Guitar Circle, a guitar society that has existed for over thirty years. He was the president of the organization from 1996 to 2005.

On December 9, 2007, Jason Uyeyama, M.Mus. (Violin), Jeffry Kaatz, D.M.A. (Cello), and Vadim Serebryany, D.M.A. (Piano) performed the first ensemble concert consisting of songs from Beethoven and Smetana. Each of these three faculty members has fascinating and unique backgrounds. Jason Uyeyama received his master’s degree from the Juilliard School,
and performs regularly with the Los Angeles Philharmonic and will again join the St. Paul Chamber Orchestra for performances during the 2007-08 season. Acclaimed by audiences and critics on five continents for his innovational music making, Vadim Serebryany was born in St. Petersburg, Russia and immigrated to Canada at a young age. Before becoming a highly sought after soloist and chamber musician, He graduated with honors and distinctions at the Royal Conservatory of Music in Toronto; went on to complete his Bachelor and Master’s degrees at the Juilliard School; and completed his doctoral studies at Yale University. While studying at University of Southern California, Jeffry Kaatz was recognized with the Outstanding Chamber Music Performance Award and was named the Outstanding Doctoral Graduate of the Year from the department of strings.

With oozing brilliance, worldwide acclaim, and passionate commitment for their respective area, the faculty at LSU’s music department gets better with the years.

They have studied with the very best, traveled all over the world, and performed in many prestigious music halls. As these amazing musicians settle in their teaching positions here at LSU, they are not only committed to equipping quality education to future ingénues, but they will entertain and enthral us with their rich musical ability, and excellence.

Check out future faculty concerts:

Faculty Recital Series
ELVIN RODRÍGUEZ, piano
January 27, 2008
DAVID BRENNAN, saxophone
February 10, 2008
RAEJIN Lee, soprano
February 23, 2008
RICHARD HOFMANN, trumpet
April 6, 2008
GRACE CHUNG, piano
April 20, 2008

Chamber Music Series
JASON UYEYAMA, violin
MAURYCY BANASZEK, viola
ERIC SUNG, cello
VADIM SEREBRYANY, piano
January 12, 2008

JASON UYEYAMA, violin
JEFFRY KAATZ, cello
ELVIN S. RODRIQUEZ, piano
KIMO SMITH, piano
February 9, 2008

JASON UYEYAMA, violin
PIN-FEI TANG, cello
VADIM SEREBRYANY, piano
April 5, 2008
There were no formal papers, quizzes, or tests in Professor Dan Tinianow's Communication course, "Living in the Information Age," but that's not the reason it was a high-rated class in the eyes of nine students, including myself, enrolled in the class for the Fall 2007 semester. What is the Information Age? According to what is taught in this course, we are already living in it, and should educate ourselves about how our future is being affected by it. In this experimental 200 level course, different groups of students picked the topics they wanted to study, such as Interpersonal Communication, Information Literacy, Privacy and Security, Information Age Economics, and other interesting topics.

On the first day of class, Professor Tinianow said, "This will be an experimental course, there is no textbook, and you will be doing most of the research instead of learning from a textbook." He referred to this type of teaching method as "generative learning," and stated he thought of the idea when visiting China last summer.

He discussed the idea with other professors, and mentioned that studying from a textbook was becoming redundant. Also, most of the material he wanted to extract from the limited number of texts relevant to the content of material in this course was outdated, or could be further simplified.

Every week throughout the Fall semester, myself and other students would choose to research our own subjects of interest to us. We would compile information, sharing our knowledge in class and discussing our thoughts on implications individuals face as the fabric of our future is woven through technology. Overall, our class assembled 143 pages on ideas dealing with business globalization, technology's impact on society, computer hacking, and even quantum computing. Professor Tinianow also said, "This course will be offered next semester, and I think we will be able to cover even more information.

This course has been very successful, but we were also lucky to get a good group of students who were hard-working enough to push other students who weren't working as hard to do their work. I think students liked the course after we got started, and I saw students become more motivated."

In addition, all the effort demonstrated by groups and individuals who researched knowledge about the Information Age was posted on the class Web site: www.profdan.com/infoage. This site shows all our work, which was not written word for word entirely, but is an immense amount of facts for nine people to actively gather. Class participation, discussion, and presented material count for everything in "Living in the Information Age." This was a fun, technologically oriented course that remains intriguingly different, but never overwhelming for the person who isn't familiar with computers. In my personal opinion, this course is ideal for a Communication or Business major, and lots of subject matters relate to working in professional environments.
La Sierra University's Golf team has a bright year ahead of them. With 13 players the team has its largest roster of its three-year career. This is because players have a hard time making matches due to scheduling of their classes; and golf matches generally take half the day to complete. The team is led by Coach J.J. Gless and by assistant coach Ryan Butterfield.

This season the golf team will be competing in 8 matches all occurring in February and during the first week of March. The packed schedule is due to La Sierra's quarter system conflicting with other colleges' semester system. The golf team's home course is no longer Jurupa Hills Country Club, and is now General Old golf course in Riverside.

In hopes of a prosperous year, Assistant Professor and Coach J.J. Gless said, "The key to success is for the whole team to have nice, consistent scores." This will be the team's second year of a four year probation period in order to be a NCAA Division Three team.

Senior team member Nathan Oster said, "This has got to be our year. We've got a lot of talent this year so it's only a matter of time." With experience being the strong point of the golf team, players and coaches are looking forward to a prosperous and exciting year.
Peace Week to Feature Art, Conferences

Information contributed by Lourdes Morales-Gudmundsson.

Peace Week on La Sierra’s campus is beginning January 21 and will showcase many aspects of spreading peace. Sponsored primarily by the Office of the Provost and organized by Lourdes Morales-Gudmundsson, chair, World Languages Dept., and Sam Leonor, Campus pastor, the week will consist of many activities themed on peace. This includes an assembly, an art exhibit, a panel discussion, a poetry reading, and a peace conferences sponsored by Adventist Women for Peace. The planned activites feature a number of special guests and students are invited to participate any or all of the events.

Schedule of Events:

January 14- February 7, 2008:
“Art for Peace,” an art exhibit organized by Prof. Beatriz Mejia-Krumbein, opening reception, Jan. 14, 6:00-8:00pm.

Tuesday, January 22:
Special assembly featuring humanitarian and peace activist, Cynthia Prime, 11 am, LSU Church
Prof. Christine Law, panel discussion, “Race and Peacemaking”, Cactus Room, 5-6pm (Dept. of History, Politics, and Society)

Wednesday, January 23:
Prof. Lora Edmister Geriguis, poetry readings from world languages on the theme of peace, Brandstater Gallery, 7-8 pm (English Dept., faculty and student readers)

Thursday, January 24:
Rev. Paula Cripps, pastor and peace activist, University Worship, 11 am, LSU Church

“Mass Appeal,” play presented by the LSU Drama Dept., Prof. Marilynn Loveless, 8 pm

Friday, January 25:
First Service; Peace and Prayer Vigil, featuring Profs. Kendra Haloviak and Wonil Kim, LSU Church and the “Glory of God’s Grace” statue, 7 pm

Sabbath, January 26:
<table>
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<th>Date</th>
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<tr>
<td><strong>1/6</strong></td>
<td><strong>HAPPY NEW YEAR FROM THE CRITERION!</strong></td>
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| 1/7 | 12pm - Prayer at the Statue  
7:30pm - Women's Basketball at home vs. Pomona-Pitzer College  
7:30pm - Men's Basketball at home vs. Claremont College  
10pm - Towers Dorm Worship  
Winter quarter begins |
| **1/13** | Want something added to the Criterion calendar? Email salsu.publications@gmail.com |
| 1/14 | 12pm - Prayer at the Statue  
10pm - Towers Dorm Worship |
| **1/20** | **Martin Luther King Day**  
NO SCHOOL |
| 1/21 | Peace Week Begins  
Last day to withdraw  
11am - Assembly  
10pm - Angwin Dorm Worship  
10pm - Rendezvous at HMA |
| **1/27** | SALSU Winter Banquet at Seven Degrees |
| 1/28 | 12am - Prayer at the Statue  
7pm - Winter Debate Challenge  
10pm - Towers Dorm Worship |
| **2/3** | 11am - Men's Basketball at Occidental College  
12am - Prayer at the Statue  
10pm - Towers Dorm Worship |
| **2/4** | 11am - SEW at LSUC  
10pm - Angwin Dorm Worship |
| **2/5** | 11am - SEW at LSUC  
10pm - Angwin Dorm Worship |
| **2/6** | 11am - SEW at LSUC  
GET YOUR FEBRUARY CRITERION ISSUE!  
TBA - Gamer's Challenge  
6pm - Meet the Firms  
7:30pm - Women's Basketball at San Diego Christian College  
10pm - Angwin Dorm Worship  
10pm - Rendezvous at HMA |
| **2/7** | 11am - SEW at LSUC  
GET YOUR FEBRUARY CRITERION ISSUE!  
TBA - Gamer's Challenge  
6pm - Meet the Firms  
7:30pm - Women's Basketball at San Diego Christian College  
10pm - Angwin Dorm Worship  
10pm - Rendezvous at HMA |
| **2/8** | 1pm - Men's Basketball at home vs. Southwestern Coll.  
2:30pm - Men's Basketball at Univ. of Redlands  
7:45pm - First Service and Midnight Cafe |
| **2/9** | 10am - Sabbath School B&B at Sierra Vista Chapel  
10pm - Towers Dorm Worship  
10pm - Rendezvous at HMA |
| **2/10** | Last day to add a course  
7:45pm - First Service and Midnight Cafe |
| **2/11** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/12** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/13** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/14** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/15** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/16** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/17** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/18** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/19** | **JANUARY 8 - FEBRUARY 9, 2008** |
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| **2/26** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/27** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **2/28** | **JANUARY 8 - FEBRUARY 9, 2008** |
| **3/1** | **JANUARY 8 - FEBRUARY 9, 2008** |
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attack of the singing
Valentine robot-teddy bears

To quote the renowned 50 Cent “Ayoooo, I’m tired of using technologaaay…” As much as I love Facebook, EBay, free iTunes downloads, Gmail and RSS feeds from CNN, sometimes my poor little brain feels like it is going to suffer from a meltdown. Often, I am bombarded by an overwhelming desire to imbed myself in the wonders of technology. As I log on, I wonder, does my grandpa obsessively check his Myspace page three or four times a day, or is he free from that burden? Did our parents have to deal with Turnitin.com, or did their professors diligently look up the sources on the ‘Works Cited’ page? All I’m saying is, that after texting my BFF or IMing on AOL, I often have to literally stop myself from saying out loud “OMG!” or “LOL”, and you know I’m not kidding. So far, 2008 isn’t quite like the Jetson’s said it would be, I mean, there are no flying cars or hover boards and I don’t have a robot butler yet. We do live in an age when technology is running the world, and we are one A.I. robot away from a Terminator-esque ending to this planet. With this as common knowledge, I have to wonder why humankind persistently desires to create, maintain, and purchase more MORE MORE when most of us are just crying for a little peace and quiet.

I freely admit that technology has saved my life more than once and touches everything that I do, from saving homework, to keeping in touch with old friends, and even satisfying midnight urges to download Frederic Chopin off of LimeWire (oops, I mean PAYING for it). In this day and age, our society is not prepared to function without certain amenities, and I respect that. I couldn’t survive without my iPod or my flash drive, and I’m not saying you should have to either. What I’m saying is that we all need to take a step back and see that some of these technological advances that we believe we cannot live without have the potential to hold us back from experiencing life to the fullest. We cannot go day to day simply sleepwalking through life, using and abusing anything and everything available to us. Take a moment and consider what makes you feel good, kind of like a kid again. I’ll bet that isn’t your iPhone or your xBox 360. More often than not, those stress-free moments come from time spent enjoying the world without any distractions. My suggestion to you is during Winter quarter, when it all seems too much to endure, instead of getting on your phone or hopping online to surf the net for hours on end, take a walk on our beautiful campus! Maybe you can blow some bubbles, but always remember a time when life was simple, and there were no Valentine singing robot-teddy bears staring at you in the checkout line at the grocery store.
The Spirit of Worship P. 8

Mission Trips P. 4
On my last vacation, I traveled deep deep into Adventist country. I first spent a week with my extended family in Loma Linda, Seventh-day Adventist capital of the world. Probably the only place on earth, I discovered, where the mail comes on Sunday and not the day before. Never before have I seen such a high concentration of SDA churches along a city's streets. I guess Loma Linda is to SDA's as Salt Lake City is to Mormons. The second half of my trip took me north to Napa County where I traipsed around St. Helena, Pacific Union College, and all up and down the Holy Hill. I made a pseudo pilgrimage and found myself at Elmshaven, standing in Ellen G. White's lounge and writing room, and her bedroom, too.

Seeing as how I was born and raised SDA by a fairly conservative family the whole trip seemed very befitting. (For those who don't share the same background, it would still make a more than worthwhile visit. The site was marked a national historic landmark and the surrounding scenery is astoundingly beautiful.) Even with my mentioned upbringing, I'm a far cry from an overtly religious person. I've been a recurring guest on the university worship probation list. In my defense, I am working on being written off. On Saturdays, there's a 50/50 chance I'll choose sleeping in over attending church. To further prove this, I can share with you that the choice of LSU for my undergraduate education wasn't even a conscious decision made by me. You see, at the end of high school, school wasn't the most important thing on my mind. In the half-hearted degree of thought I gave it, I didn't realize attending one of our own church-based schools would make a difference. However, the SDA factor was important to my parents. Since I figured they were paying for my tuition and it would make them sleep a little better at night and I didn't really care either way, I thought "Sure, by all means, enroll me away."

Two full years and three academic ones into it, I would have had to gain some perspective on it. Because I know my parents won't be reading this, I can admit that they were more or less right. It's the little things that make the difference even if you are a passive member much like myself. The little important thing is that we are Seventh-day Adventist, and in the absence of this the texture of my life would be unrecognizable.

From what I've heard through the Asian Mom Network, the reputation LSU has built among the sister Adventist colleges is as the most liberal/hedonistic one. More than one of my parents' friends have expressed genuine concern at my being at La Sierra. They've been trying to persuade my mother to transfer me off to Southern where I'll be safer from all the evil influences of the world. I suppose I should be glad I'm in a place where it's a lot more subtle than that. Don't get me wrong, it might take up to graduation, or longer, or never for me to stop thinking the worships are too long, too many, and the single sex dorms unnecessary. All the same, Seventh-day Adventism is the ethereal but necessary characteristic that makes La Sierra edification what it is.

Tiffany Ap
Editor-in-Chief
Not the same as Perspective Pictures!!

Come to Student Center to take your Picture

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**SALSU Updates** at the tip of your thumbs

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GAMER’S CHALLENGE is happening today at 6:30 p.m. Join us in the Student Center.

YEARBOOK PHOTOS end today! If you haven’t already, take it during lunch or dinner in the Student Center. No photo, no book!

TAKING PHOTOS at campus events? Send your pictures to salsu.publications@gmail.com to get them in the yearbook. Include your name, people included in the photo, and make sure the image quality is at least 6 megapixels.

CRITERION AND YEARBOOK are looking for dedicated and creative staff members. If you are interested, please email salsu.publications@gmail.com and get involved today.

Have something notable? Send it to us at criterionlsu@gmail.com!
Mission trips are proof of the unlimited ways experiences can change your life, whether you travel to find religious perspective, or to find yourself. Matthew 16: 25-26 says, "For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it. What profit would there be for one to gain the whole world and forfeit his life? Or what can one give in exchange for his life?" This calling exists at the heart of mission trips, sending people to work and providing aspects of life when it is viewed from an unfamiliar place or situation.

Money paid to travel on a mission trip normally contributes to construction, and the trips include working on community projects. Lots of options are available for interested students, even if they do not want to participate in international work. There are opportunities in San Bernardino, Riverside, and other local communities which are equally appreciated as outlets assisting community members. Debra Marovitch is a person who understands the spiritually renewing quality of mission trips, and attests that they have strengthened her interpersonal relationships.

International development is a crucial element of the purpose of mission trips, and enforces awareness of issues concerning current events. She says, "Mission trips helped me understand the academic context of what professors discuss, and gives me insight to their wide experiences. It broadened me as a person, and makes me see things in a different light. It changes your life in obvious, and less obvious ways."

As a senior Honors student, Marovitch is writing her thesis on her International Development internship which focused on ecotourism. She is centering her ideas on macro-development and micro-development, which investigates the methods institutions respond with when assisting those in need. Micro-development takes an individual, closer look at the impact of issues on communities, and macro-development takes a more generalized approach related to assessing what can be done to generate a positive effect on entire populations. On the trip Marovitch took to Peru, she lived in the mountainous glacier valley of Chichón. Through this mission trip, she became more aware of how to conserve, observed flora and fauna in nature, and was educated on how to take environmentally friendly actions. One example of a productive contribution she made in Peru was building a house for a family in only three days. She said this project is supported by an organization named "Pro-Peru" which supports a larger sponsor called "Hakutrek," which means "let's go" in the language of Peru. In addition to her mission trip in Peru, Marovitch has also been to one in a Navajo Indian reservation, and several others.

La Sierra Chaplain Steve Hemenway and Linda Biswas from Spiritual Life are knowledgeable individuals on campus who can get students information about mission trips, and further detail what kinds of activities they take on. Students can choose to take mission trips lasting a couple days, or a couple months.

After relating the impressions and revelations Marovitch received from these experiences, Marovitch said, "God can use anything you do. Sometimes I wonder if what I'm doing is giving people a handout or a hand up. Mission trips have helped me see people as fellow human beings in need of help and love, and make me see that maybe it is I who am in need of help and love."

One last, insightful part of Marovitch's account on mission trips grasps the hidden beauty that lies in her reflection on what mission trips have meant to her. As a final word she says, "Interactions with members of the community are the most significant part of the trip because it's part of what they're giving back to me. You find out the importance of your priorities, and help people succeed." She particularly emphasized how interacting with people internationally affected her, and how she feels closeness when being with families and holding their children. By their nature, mission trips are not simply one of those things that make the world a better place. They create a fulfilling, memorable effect by taking an active initiative, turning impossibilities into real environments for people everywhere calling out for justice.
As we faced the primaries this past week, an interesting question was posed to me about students in the political process. This past weekend, I was at a Barack Obama rally, and one of the organizers inquired into the fact that many of the students campaigning are excited about the ideas behind their chosen candidates, but interestingly enough, this doesn't translate to actual votes. Most students, regardless of their involvement in political campaigns, still find excuses for not voting. As I was thinking about this, I began to see this as a reflection on other areas of our lives. Being students, our primary focus often becomes narrowed into the ultimate goal of graduation, so much so that we tend to lose sight of the significance of what is before us. We may talk animatedly about issues in the context of classes, but when it comes to acting upon our convictions, our enthusiasm wanes. We are too busy, too drained, and too bogged down with the stresses of being students, that the realization of our convictions becomes too far away for our immediate concern. We find excuses about life being too hard to justify our inaction, and we give up before we even try. It won't always be an easy path, and there's no guarantee that life will get any less chaotic after we graduate. This doesn't mean we need to accomplish everything right now, but it is the best time to align our thoughts with our goals and set up the groundwork for future action. It is now that we establish our approach to life, and if we do nothing now, it will be harder to do something later. So, I encourage you to take a few moments to reflect on your approach to life and challenge yourself to let go of the excuses. Let us live life in the fullest, and not allow the present to define us.

To post your responses, please go to http://salsuforum.blogspot.com/.

-Zulema Ibarra, Forum Editor

Q: What types of things that you feel are important to your life end up getting put off as you deal with the present?
A1: "Relationships, family, and my relationship with God tend to be put off. Also, significant others get put on the back burner, because of being preoccupied with school. Relationships make your life go round and round. They are the people that are always there for you. Sometimes, you think that it's ok to set them aside, because they'll understand, but sometimes you take advantage of this, which is sad." - Ana Martinez, graduate student.

A2: "Having a social life, reading for pleasure, keeping up with the news, and even applying to graduate schools get put off with just trying to stay above water and graduate. These things are valuable in my life, and unfortunately, are neglected." - Mary Gamino
Big Band Concert

By Aline Ueno

La Sierra University Big Band, directed by Kenneth Narducci, will be playing on February 23rd at the Ball Banquet and on February 24th here at our own university. You may have seen them play in President Geraty’s retirement party or on the California Speedway in Fontana. La Sierra’s Jazz Ensemble which started in 2003 was renamed Big Band last year, but the style and spirit of the musicians has not changed. “I think they sound great. They are sounding very strong,” comments music student Jay Avila. You can look forward to hearing pieces by Gordon Goodwin and Dizzy Gillespie. They will also be playing some older songs like “Caravan” and “A Night in Tenesia.”

Enjoy Art, It Lasts

By Michelle Lumban-Gaol

The brilliant sculpture works by renowned artist and sculpture, John McDowell, will grace La Sierra University at the Brandstater Gallery on February 11 with his sculpture exhibit titled Atonement. John McDowell is currently the Honors Program director, and English professor at Pacific Union College, but has been an artist most his life. Dr. Randal Wisbey, a collector of McDowell’s work and good friend, says that his art will “invigorate you...and make you think.” McDowell once stated that “art occupies space, a place for the eye to engage in a visual dialogue” and when one “looks at art, [his] first suggestion is not to be afraid of the unfamiliar and to understand that art and other visual images can have a kind of power.” Knowing that this generation has shifted the emphasis of art from ear to eye, McDowell suspects that, like most artists: “I want my art to reward viewers on repeated viewing. For me, art that is understood and comprehended in a glance only gets a glance. I try to leave enough room in the work for the viewer to create his or her own relationship with the piece. I want the pieces to be suggestive, not declarative.”

Through his art, John McDowell hopes to give his viewers an opportunity to look beyond the canvas itself. He wants to people to visualize the creative process that is involved in all forms of art. His creative process involves the following: belief, courage, play, doubt, and ambiguity or mystery. An artist needs belief- belief that they can create. McDowell says of his own belief: “If I do not believe that I can create; I can’t and won’t. Belief is the basic to the creative process.”

The next step is to have courage and play. Sometimes, intuition and inspiration plunges the artist’s creative process “into the unknown with no guarantee of success.” Failure is expected with every creative act, and having doubt is normal. Doubt “keeps the eyes of belief watchful and alert. Doubt is a generator of questions that, when explored with belief, opens the door to insight.” If one follows these steps, then they can achieve anything in their artwork.

So what do you think of the bronze helmet? Whatever is it you believe, believe that it is what you think it to be, and know that its ambiguity is suppose to make you doubt your reasoning. Or simply, the bronze helmet, perhaps, “speaks to the idea of courage”- that you can have the opportunity to mold it into anything you want. John McDowell’s art allows you to do that.
Every so often, while playing basketball, volleyball, or passing through on your way to pump some iron, you may have noticed some impressive feats of athletic ability being performed on the gymnasium stage. What you may have witnessed was a group of your peers participating in one of the best kept secrets of La Sierra University: the gymnastics program. Few students are aware, but La Sierra was once a pinnacle for gymnastics among Adventist colleges, fielding a four-time national championship men’s pair, and hosting the 1988 national championship competition, as well as various international events. La Sierra even sent a group of five gymnasts to perform at the Super Bowl when it was hosted locally. In those glory days of its existence, the program was not limited to the stage. The area we currently employ as a workout room was then entirely devoted to our competitive gymnastics program. However, funding is always a necessity, and unfortunately it wasn’t always adequate. The program was basically eliminated relatively soon after it reached its peak, but there were still people interested in gymnastics, as there continue to be today. There will be a gymnastics class offered for credit next quarter, and you can sign up for lessons or meet on the stage from 4:30-6:00 P.M. Monday and Wednesday to participate with some of the students that are already taking advantage of the facilities and the professional coaching that our campus has to offer. With enough interest in the program, La Sierra could once again have a competitive gymnastics team. If you are interested in participating in the program or taking classes or lessons, contact Roger McFarland in the Department of Health and Exercise Science to sign up or to get more information.

Field of Dreams

By Tabitha Bunch
Photo courtesy of PR

Root, root, root for the home team! That’s right, the baseball team will be playing their first home games ever with the completion of our own field. Last year the boys had a pretty trying season without having a home field; their endurance and commitment were tested because their practice field was over a half hour away. This year things have changed and the squad is more invigorated than ever. Senior second basemen, Kevin DeLeon said, “The guys on the team this year are all good ballplayers. More than that, however they are all good kids and we are all looking forward to laying the foundation for a successful baseball program that teaches values both on and off the field.” Sophomore catcher, Ricky Wagner agreed with his teammate adding, “It’s exciting to have a great group of guys together, playing under an even better staff that will be the cornerstone of a new baseball program here at LSU.” The team is in high spirits about how the season will fare. The next time you can support your Golden Eagles is on February 7, at 1 p.m. on our spanking new home field! Go show your support!
More likely than not, you've heard the worship song that goes, "Here I am to worship, here I am to bow down..." As you sing that song, have you ever stopped to wonder what it would sound like if it was written "Here I am to worship...because if I don't then I'll be put on attendance probation?" Of course you haven't because that sounds absolutely ridiculous. However, that phrase highlights a key issue we wonder about. Why are we required to attend worship?

Since 1922 when the doors of La Sierra University first opened, there has been a worship policy of some kind in effect. There was a time when part of the punishment for missing worship was having to go to the library and listening to a tape of the service and then write a report on it. Fortunately the rules have changed since then. For those of you unfamiliar with the current policy, you can look it up on page 61-62 of your student handbooks, but it basically goes like this: You have to attend worship if you're an undergraduate student (regardless of age) taking eight units or more, unless you don't have a class until 1:00 p.m. on the day of worship or have made arrangements with the Student Life Office. Which brings us back to the question: why are we required to attend worship?

First, let's clear up some misconceptions. La Sierra University isn't the only college with a worship policy. There are 13 SDA universities around the country and they all have a similar worship policy. Comparative faith-based schools in our area such as Cal-Baptist (which requires 15 worship attendances per semester), and Biola University (requires students to attend 30 chapels per semester) have school sponsored worship events as well as policies requiring their students to attend. When I discussed the worship policy with Dean Sue Curtis, she stressed that "worshipping together as a community is a core principle of an SDA school". Although the school operates under the principles of the Seventh-Day Adventist church, it does its best to honor and respect other faiths. There have been speakers of differing faiths that have presented for university worship. In the past, the cafeteria has made special provisions for Muslim students during Ramadan.

Doesn't requiring attendance at worship take away from the spirit of worshiping? There are two sides to this debate. One side is that if worship wasn't required, we would not all honestly attend all the university worships that take effort to put together. On the other hand, if motivation to worship isn't present, then what effect will being physically present at worship do for your spirit? I can't answer the question of which side is correct in that argument, but I do not doubt the debate will continue to go on. Faith-based schools have struggled with these questions far longer than we have, and they will continue to after we've all finished our college days. However, as a school founded in the moral and ethical principles attached to religion, worship is a necessary component of fulfilling the objectives of the university. I believe that requirement to attend will continue for the foreseeable future as long as we continue to operate as a Christian university.
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<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>2/3</td>
<td>11am - Men's Basketball at Occidental College</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>2/4</td>
<td>12am - Prayer at the Statue</td>
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<td>11am - SEW at LSUC</td>
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<td>11am - SEW at LSUC</td>
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<td>GET YOUR FEBRUARY CRITERION ISSUE!</td>
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<td>TBA - Gamer's Challenge</td>
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<td>6pm - Meet the Firms</td>
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<td>7:30pm - Women's Basketball at San Diego Christian College</td>
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<td>2/8</td>
<td>1pm - Men's Basketball at home vs. Southwestern Coll.</td>
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<td>2:30pm - Men's Basketball at Univ. of Redlands</td>
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<td>7:45pm - First Service and Midnight Cafe</td>
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<td>2/9</td>
<td>10am - Sabbath School B&amp;B</td>
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<td>12pm - Prayer at the Statue</td>
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<td>6:30pm - SALSU Talent Show</td>
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<td>Auditions in HMA</td>
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<td>11am - Assembly</td>
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<td>2/11</td>
<td>10pm - Towers Dorm Worship</td>
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<td>2/12</td>
<td>11am - Assembly; SALSU Elections</td>
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<td>7:30pm - Men's Basketball at home vs. West Coast Baptist</td>
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<td>2/13</td>
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<td>11am - Breakouts</td>
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<td>TBA - SALSU Thursday: Cosmic Bowling</td>
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<td>2/15</td>
<td>NO CLASSES</td>
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<td>2:30pm - Men's Basketball at home vs. Chapman University</td>
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<td>7:30pm - Women's Basketball at home vs. Southwestern Coll</td>
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<td>2/16</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>2/21</td>
<td>Basketball Intramurals Begin</td>
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<td>11am - UW at LSUC</td>
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<td>TBA - SALSU Thursday: Talent Show</td>
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<td>7:45pm - First Service and Midnight Cafe</td>
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<td>2/22</td>
<td>TBA - Women's Basketball NCAA D3 Independent Tournament Playoffs</td>
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<td>7:45pm - First Service and Midnight Cafe</td>
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<td>2/23</td>
<td>9am - 2nd Biennial Peace Conf. at Matheson Chapel</td>
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<td>10am - Sabbath School B&amp;B</td>
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<td></td>
<td>at Sierra Vista Chapel</td>
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<td>2/24</td>
<td>12pm - Prayer at the Statue</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>2/25</td>
<td>10pm - Towers Dorm Worship</td>
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<tr>
<td>2/26</td>
<td>11am - Assembly; SALSU Elections</td>
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<tr>
<td></td>
<td>7:30pm - Men's Basketball at home vs. West Coast Baptist</td>
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<td></td>
<td>10pm - Angwin Dorm Worship</td>
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<td>2/27</td>
<td>10pm - Rendezvous at HMA</td>
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<tr>
<td>2/28</td>
<td>11am - Breakouts</td>
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<td></td>
<td>TBA - SALSU Thursday: Talent Show</td>
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<td>2/29</td>
<td>3:00pm - Men's Baseball vs. Azusa</td>
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<td>Pacific University</td>
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<td>7:45pm - First Service and Midnight Cafe</td>
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<td>3/1</td>
<td>10am - Sabbath School B&amp;B</td>
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<td>at Sierra Vista Chapel</td>
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<td>Winter quarter begins</td>
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<td>3/3</td>
<td>11am - Assemblies by school</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>3/4</td>
<td>10pm - Rendezvous at HMA</td>
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<td>11am - Breakouts</td>
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<td>TBA - SALSU Thursday: Talent Show</td>
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<td>3/6</td>
<td>7:45pm - First Service and Midnight Cafe</td>
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<td>3/9</td>
<td>Daylight-saving Time begins</td>
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<td>Winter quarter begins</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>3/11</td>
<td>10pm - Rendezvous at HMA</td>
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<td>3/12</td>
<td>11am - UW at LSUC</td>
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<td>GET YOUR MARCH CRITERION ISSUE!</td>
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<td>TBA - SALSU Thursday: Talent Show</td>
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<td>3/13</td>
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<td>Pi Day Celebration (Campus Mall)</td>
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<td>10am - Sabbath School B&amp;B</td>
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<td>at Sierra Vista Sierra Vista Chapel</td>
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ASK Betty V. and Mr. Hitch

It has come to our attention that love, while happy and beautiful, can also be described as confusing and unpredictable. One need not venture very far into the world to realize that there are difficulties when it comes to love and dating. A lot of people date before they are ready, or even worse, dates the wrong person. Often times people date or even marry those with whom they are not compatible. So the purpose of this article is to bring to light very real issues that concern the student body, because let's face it, the divorce rate is very high, and college is the time when dating becomes serious. Neither of us has an advanced degree, nor do we claim to have the perfect advice, but we do have a lot of observations and a willingness to answer the questions that our fellow students have concerning dating. What makes this article special? We would like to present issues that plague you in the student body in the most objective manner, by providing both the male and female perspectives, which may not always agree.

So for all of those who would like to know how they should answer the question “Do I look fat?” here is an article with advice from students just like you who have pondered the same question. So to all of you faithful romantics, regular men or women that have many questions in the art of romance, and would like a different opinion send you’re questions to: bettyhitchlusu@gmail.com. The most frequently asked questions will be answered in the next issue of the Criterion.

- Mr. Hitch and Betty V

SALSU’s Red Lantern

Winter Banquet

By Nina Park

A sensational event was planned out and executed on the 27th of January 2008. Banquets have come and gone, but this round had an unforgettable punch: Asian-themed! Not only was the venue and atmosphere top notch, but the planned entertainment also went above and beyond the normal expectations.

This year’s banquet was held at the posh and modern 7 degrees, located in Laguna Beach. The night was a hit, starting off with a team of breakdancers then a cultural fashion show organized and modeled by students. The fashion show represented Asian countries such as Korea, Japan, Indonesia, China, Philippines, Cambodia, India, and Vietnam. Dinner followed, and as people ate they were entranced by the Taiko Drummers’ performance. The rest of the night, people were free to roam the grounds including a garden, a fountain, and a lantern lit tent. Also, a photobooth was available to students for a small sum with unlimited pictures, resulting in a long line of anxious couples and friends.

The evening was unforgettable. Many students like Alix Lopez had great things to say, “I liked how it was really diverse and interactive. I especially liked the photobooth, it was affordable and you could take as many as you wanted for $2. It was also way more candid and natural.”
A Spiritual Institution  By Rebecca Renee Hess

Although I have attended Adventist schools since kindergarten, I also spent a few years doing my thing at a public college, and out there in the “real” world. After 6 years out of high school and not really doing anything in that real world, I decided to come home, back to the comfort of an Adventist institution, and began studying at LSU. Wow. What a different environment. It was hard to get used to the “all veggie, all the time” fare of the cafeteria, or the mandatory Breakout sessions and UW’s. People seemed nice and the campus was clean and pretty, so I let go of my preconceived notions, enjoying unique moments that can only happen at LSU.

After spending time on a campus where I could hang out in the Quad all day long, ditch class, avoid my teachers and not be held accountable at all, LSU was a refreshing change of pace. With a familiar face at every corner of the campus, I truly believe those that work at LSU have a spirituality that shines through them, because I know I have been blessed by so many caring people at this University. Faculty at LSU invest not only time, but emotion into our journey through college. All of the amazing teachers have helped each one of us get through courses we never thought we would.

I am reminded of the quarter I was taking the dreaded MATH 121 final exam. Regardless of the masterful teaching, I was freaking out. After hours spent with the free tutors in the Learning Support Center studying, I was heading out to take my test when I ran into Dr. Kendra Haloviak, my former teacher and a good friend. We chatted, and as I began to leave, saying I was off to take my final exam, she quickly asked if I wanted to pray with her. She proceeded to ask God to calm my nerves, and in the process, helped do so.

YOU KNOW YOU'RE AT LSU WHEN...
YOUR PROFESSOR IS FROM KENYA, YOUR DEAN IS FILIPINO, YOUR PASTOR IS FROM PUERTO RICO, YOUR TA IS FROM KOREA, YOUR BEST FRIENDS ARE INDONESIAN, CUBAN, CHINESE, AND BENGALI, AND YOUR SCHOOL NURSE CALLS YOU “MIJO” EVEN THOUGH IT’S VERY OBVIOUS YOU CAN’T SPEAK ANY SPANISH... AND NOTHING SEEMS ODD ABOUT ANY OF IT.

[Contributed by Branden Stoltz]

As much as anyone can judge or complain about what is not offered here on our tiny campus, there are a hundred stories of extraordinary people that are only here at La Sierra University. As a graduating (God willing) senior this year, the thought has crossed my mind what I will tell people when I am asked where I received my degree. My first instinct is to mumble quietly the unrecognizable name of the unrecognizable school quietly under my breath, and hope the question is not repeated. As I think of the quality of my experiences here at LSU, I have realized that at this small, spiritual institution, God has introduced me to some of the friends and mentors I hope to know the rest of my life. No reason to be ashamed of that.
Student Center & Cleanliness P. 4

Granting Scholarships to Change P. 13
When it comes to establishments of higher learning, there usually is only one rule: the older, the better. The passage of time has come to be synonymous with status. It cements that certain air of credibility, of esteem, and dare I say it, downright snootiness. You'd be hard-pressed to find a school on any top rankings list that didn't date back to at least the 1800s.

Take Harvard University. No, actually, forget the 'University' part. It seems superfluous really, because everybody seems to be on a first-name basis with this Ivy Leaguer. As I was saying, take Harvard for example. It was the first college to be built on United States soil and surprise, surprise, is widely regarded by both academia and pop culture (a pretty rare combination, I might add) as the number one university in the nation; hence the nicknaming.

This observation seems innocent enough but holds critical implications. On closer examination, is this perfectly aged fine wine line of thinking even rational? Who's to say that we don't go past our prime and then take that inevitable terrible stumble a la Britney Spears? The past 4 years haven't done much for her situation. In fact, I don't think all the time in the world would do much for her cause and this is coming from a pretty devout Britney fan. I know it's near sacrilegious to compare Britney to Harvard, and I know I probably made it even worse because I now just placed the two in the same sentence, but it's a rough analogy.

I'll assume the role of devil's advocate and acknowledge that the ubiquitous conviction didn't materialize out of thin air. There is indeed a correlation. With experience comes know-how and no sane person ever seriously doubts the quality of a Big Three education. But you'll then have to concede that it indicates a ceiling. That "formed 1636" Harvard casts a great big shadow over La Sierra's established 1922. As a school, are we to forever remain an upstart? Can we then ever really catch up to these personages knowing that this bigoted idealization of venerability will always impede our progress?

This immutable prejudice leaves us with stunted prospects. But from another slant, it could be seen as a statement of optimism. This valuation system inadvertently signifies that each day's enactment is a betterment upon its predecessor. And that antecedent an improvement on its own before that. That our peak is yet to come. Or maybe even smarter yet, that it's silly to think that we're limited to having only one shining moment; and once that juncture is pinpointed, all the rest of our existence be required to immediately depreciate to less than stellar.

Three hundred years from now, I like to imagine we may be able to drop the 'University' off of our name. That would be pretty epic. Oh and that we'll never have to be mistaken for Louisiana State University again. That would be nice too or is that being overly ambitious?
## Table of Contents

- **SALSU Event**
  - Date: 3/13
  - Guests: Everyone
  - Server: SALSU
  - Number: 0708

- "OASIS" Food
  - Provided by "OASIS Vegetarian Cafe"

- *While Supplies Last

- **Notes:** SALSU TO-GO
  - Thursday, March 13
  - Student Center
  - 6:30 pm

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- **Presidential Inauguration**
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- **The Funnies**
  - Back Cover
SALSU TO GO is happening today! Join SALSU in the Student Center at 6:30 pm for free food from Oasis. Supplies are limited, so be there on time!

TAKING PHOTOS at campus events? Send your pictures to salsu.publications@gmail.com to get them in the yearbook. Include your name, people included in the photo, and make sure the image quality is at least 6 megapixels.

CRITERION AND YEARBOOK are looking for dedicated and creative staff members. If you are interested, please email salsu.publications@gmail.com and get involved today.

**SALSU Officers 2008-2009**

The following officers are the result of the February 19, 2008 election:

Martlyn Cuenca, President
Jake Moreno, Executive VP
Rebecca Kern, Social VP
Les Rollakanti, Religious VP
Cindy Sihotang, Financial VP
Andy Schroer, CABL Director
Jacquelyn Weischadle, Publications Manager
Charmidale Tuazon, Public Relations Director
American Journalist P.J. O'Rourke hit the proverbial nail on the head when he deviated from the standard phrase "Cleanliness is next to godliness" with his quote "Cleanliness becomes more important when godliness is unlikely". As college students, we're stuck in a metaphorical no-man's land. In society's eyes, we are considered adults, however at times we still act and think like kids. Often times, this translates to how we take care of our environment and our personal space. As many of you know, the Student Center and the Eagle's Nest were renovated last year and re-opened this year. Thousands of dollars were invested to ensure that it would be a place where we, the students, could have a place to go and unwind from the day and create a comfortable social atmosphere. However, when we begin to leave our trash lying around and begin treating it like its our personal room, it takes on the look of a landfill. While there are student workers there whose job it is to supervise the area, the students need to take the initiative to clean up after themselves so that everyone can continue to enjoy the student center. No one likes eating on sticky tables and walking on sticky floors because someone spilled their juice and didn't clean it up, neither would you want to have to throw away someone else's food so you can have a place to put your stuff down and do your homework. Let's all make a better effort to be a little more clean because while godliness may be out of reach, cleanliness is definitely in our own hands.
After the SALSU Easter Egg Hunt, and Student Life Barbecue at the Campus Mall, students were ready to accept the installment of La Sierra University’s third President. March 6, 2007 will be a momentous addition to La Sierra University’s time capsule. President Randal Wisbey was officially inaugurated at La Sierra University Church, delivering an address of conviction and hope to the La Sierra community. His positive attitude, caring nature, and happy demeanor never fade. Every student who encounters him never forgets his presence, or the undeniable level to which he actively devotes himself to the university. Not every individual is presented with the honor of an inauguration and a gala, and you could tell from the booming applause and joyous reception that this honor was meant to be bestowed on Wisbey. During his affirmative responses to accepting his new role, he emphasized powerful messages to the student body. Most of all, he stressed the need for active initiation from students, faculty, and staff members to turn hopes into effective changes.

In his own words, “To our students, let me say directly, ‘I encourage you to work with me to create an environment on this campus that will truly enable you to be successful in reaching your goals. I long for our campus to be responsive to your needs, and I pledge my commitment to listen carefully to your hopes.’ I would be happy if people would one day remember that I had fulfilled this commitment.” Wisbey also voiced that our university has an impact that reaches beyond Riverside into the world that does not yet know us, and we have great opportunities as college students. Ceremonial greetings from Riverside Mayor Ronald Loveridge, Loma Linda University Chancellor
Richard C. Osborn, State Assemblyman Bill Emerson, and others acknowledged this very special occasion.

A high level of anticipation has welcomed Wisbey as President into the La Sierra community in a recent press release. Wisbey has demonstrated leadership by instituting the five-year strategic plan for enrollment, renewing the women's residence hall, and helped implement a campus-wide technology program. Other than these achievements, his commitment to La Sierra is assured by his dedication to advancing educational growth. One theme in Wisbey's speech was that "The key to success in education is respecting the student." He mirrors this by centering his proposals on how his interactions with students are instrumental to evaluating strong qualities of La Sierra, such as its 44,478 hours of service to others, and the SIFE team's World Championship for the fourth year in a row.

President Wisbey's inauguration has signified the end of Larry Geraty's 14-year presidency, and Wisbey says he will build on past accomplishments. Wisbey stated, "I love working at La Sierra University, surrounded by truly committed professionals who care for students. I also love the fact that the energy of our student body is contagious. I am absolutely convinced that we have the best students of any university campus!" How can any student not feel gratitude toward a President who has so much faith in La Sierra? In addition, his regular visibility at SALSU events and desire to communicate with students demonstrates a willingness to reach out to students on a personal level.

When I asked Wisbey what he thinks the role of a President is he said, "I recognize that I am called to exemplify the mission of this institution in both my life and my leadership. My service to our students and to our faculty, staff and alumni must be one of vision, commitment and passion. I see this moment as a moment of possibility and great hope, and I pray that God will continue to bless us as focused in our mission: 'To Seek, To Know, To Serve.'" Wisbey's vision is one balanced by his devotion to Christian beliefs and his willingness to enable the efforts of others to their highest potential. He embodies the figure of a President with enough devotion to remain at La Sierra for years and years. He is determined to take students to new horizons by focusing on goal-setting, and creating a campus experience that students can be proud of belonging to.

President Wisbey has voiced that cooperation among students, faculty, and staff will enable students to build on foundations in our past that will take us where we choose. On a last note he says, "We can always do things better, and I am convinced that one of my jobs is to demand that we give our very best. I also think we need to spend more time talking about what is great at La Sierra. We are working to make sure that the student experience here is a good one, and we are committed to removing obstacles that prove daunting to students." It is up to students of La Sierra to justify themselves by benefiting from a quality education that offers so much. Not all universities can claim to have a President with a spiritual and academic presence as strong as President Randal Wisbey's.
"To Seek, To Know, To Serve." Our school's very own motto proves that one of the many roots we are diversified with is recognizing the outstanding academic work of students. This academic recognition, the Dean's Academic Honor List, is published every quarter of the school year to recognize those students who have done an outstanding work academically during the quarter. "The Dean's Academic Honor List contains names of students that have completed at least 15 G.P.A units of coursework with a grade point average of 3.5 and above, with no unsatisfactory grades," says Dean James Beach of the College of Arts and Sciences. Students who are eligible to be on the list receive a Dean's Letter of Recognition congratulating them for an outstanding work.

Students that have maintained a grade point average of 4.0 for three consecutive quarters of the same school year receive a Letter of Recognition from the University's President. The Dean's Honor List not only recognizes students with qualified grade point average but also motivates other students to strive for the best and seek the advantages of getting an outstanding academic grade. "There are many factors to acknowledge here in La Sierra University and one of them is the Dean's Academic Honor List," says Dean John Webster of the School of Religion.

School of Business
Allen, Matthew
Anthony, Vanisara
Ap, Tiffany
Cardona, Enid
Chand, Ileana
Chu, Davin
Clement, Jonathan
Dart, Casey
Davis, Matthew
Deng, Yuyan
Elder, Justin
Entezari, Hojat
Garcia, Jose
Henri, Christopher
Hernandez, David
Hor, Adam
Im, Chaehyeon
Kaatz, Brian
Lawson, Erik
Le, Vanessa
Lopez, Alexandra
Meza, Mayra
Muchinyi, Juliana
Mung, Niang
Ochoa, Nataly
Quattlebaum, Ryan
Ratzlaff, Carolyn
Rivera, Christine
Roquiz, Rebecca-Ann
Ruiz, Andrew
Saunders, Brett
Sevilla, Nathaniel
Schmidt, F. Alexandre
Schneider, Richard
Sicher, Coll
Soto Wilder, Daniela
Smith, Valerie
Suarez, Karolyna
Westphal, Erin
Wibsey, Alexander
Ybanez, Keith
Zendejas, Lizette
Attalla, Eireini
Avila, Jay
Bae, Sang
Barakat, Michael
Barcelo, Rebecca
Bautista, Javierna
Bayen, Nolan
Brandt, Ariane
Bunch, Tabitha
Castanor, Nicole
Chang, Min
Chelbegean, Matei
Chernin, Tzelon
Cho, Daniel
Cho, Elliot
Choi, Eunice
Choi, Sun
Choi, Sungjo
Cocjin, Invest Joy
Cummings, Rochelle
Dason, Ashley
Diaz, Roxana
Dobalian, Paige
Ewert, Jason
Fischer, Alyssa
Fukuda, Andrew
Furr, Bryan
Gallimba, Lydona Faith
Gamin-Gould, Maryana
Garcia, Cecia
Garma, Justin-Lloyd
Gifford, Emily
Gifford, Lauren
Goh, Joshua
Goltiao, Darren
Gravino, Giselle
Guizar, Harold
Guy, John
Hayton, Cambria
Hernandez, Jennifer
Holiman, Jennifer
Holiman, Shaina
Holm, Lynsey
Horst, Nathan
Hsu, Angela
Hutabarat, David
Ibrahim, Dina
Jaborillo, Jared
James, Adrian
Janson, Amber
Johnson, Rajiv
Jung, Eunjung
Kidby, Katelyn
Kim, Ji Young
Kim, Jooyeon
Kim, PyoungHwa
Kim, Sophia
Kim, Youngchang
Kim, Yul Ho
Kohatsu, Aimee
Kwon, Soon Rye
Lam, Andy
Lauw, Tara
Le, Justine
Lee, Amy
Lee, Dae-Sun
Lee, Dong Jae
Lee, William
Lee, Young Min
Limbong, Samuel
Lopez, Allina
Lumban Gaol, Michelle
Ma, Yi-Shen
Malaquist, Allan
Man, Chun Piu
Manzano, Sarai
Martinez, Stephanie
Mavingire, Nicole
McDonough, Megan
Mesipam, Avinash
Michaelson, Bobbi
Mize, Matthew
Modell, Brent
Mursic, Zachary
Neglia, Michael
Nguyen, Phong
Nick, Darlene
Norman, Candace
Oendo, Rebecca
Okari, Zablon
Ong, Allison
Ong, Brian
Osato, Kazumasa
Pang, Britanny
Park, Sarah
Patel, Ravi
Peacher, Jacqueline
Perez, Edgar
Perrin, Jared
Pershing, Kelli
Pick, Britanny

School of Religion
Chadwick, Christine
Chun, Bub
Cleveland, Mark
Dever, Kyle
Lee, Andrew
Sevilla, Nathaniel
Taylor, Trent
Trinh, Jessica
Yang, Jin
Yazid, Syahryl

College of Arts and Sciences
Aguilar, Dina
Aquinaldo, Jennifer
Alpizar, Alma
Anderson, Ashley
Anugera, Ariana
Aguilar, Dina
Aquinaldo, Jennifer
Alpizar, Alma
Anderson, Ashley
Anugera, Ariana
Is it really that bad to have sex in a relationship before marriage?

-Antonymous

At the risk of sounding redundant or boring, pre-marital sex can bring about a lot of detriment not only to a person, but to a relationship as well. Sex was not intended to bring about feelings of guilt or hurt. However, more and more individuals who find themselves rushing into a physical relationship often find themselves feeling guilty and/or hurt. Our interpretation is that sex was intended to create a unique and intimate bond between two people. The problem in today’s society is that people have misunderstood what sex was intended to be. Addressing the issue of premartial sex, there are certain issues that one must take into consideration. For instance, a lot of people dive into physical relationships before getting to know the other person. In doing so, they skip the very important part of a relationship that is, getting to know the other person on mental and spiritual levels. This makes trying to go back and building a friendship difficult, because there are new emotions that may affect the process of getting to know the other person. Feelings of jealousy, insecurities, loss of interest in the person, and many more feelings can arise where they might not have if the relationship had a foundation based on friendship rather than on a physical attachment. Another issue that premarital sex brings about is the thinking that one is in love, when really it is just an attachment. This false feeling of love can become a long grocery list of sexual partners, which can desensitize a person to the intimate aspect of sex. Waiting until marriage to have sex has its benefits. It gives a relationship the opportunity to grow on an emotional and spiritual level, which is a plus when the person is ready to have sex. Sex in and of itself is not bad, it is the timing of sex that can become an issue.

Thank you to whoever sent in this question. We hope our response is helpful. For those of you who didn't get a response to your questions, keep sending them in to bettyhitch@lsu.edu. Remember the most frequently asked questions will be answered. -Betty V. and Mr. Hitch
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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>3/9</td>
<td>Daylight-saving Time begins</td>
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<td>12pm - Prayer at the Statue</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>3/11</td>
<td>11am - Assembly</td>
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<td>10 pm - Angwin Dorm Worship</td>
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<td>3/12</td>
<td>10pm - Rendezvous at HMA</td>
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<td>3/13</td>
<td>11am - UW at LSUC</td>
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<td>GET YOUR MARCH CRITERION ISSUE!</td>
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<td>6:30pm - SALSU To Go in the Student Center</td>
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<td>3/14</td>
<td>Pi Day Celebration</td>
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<td>(Campus Mall)</td>
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<td></td>
<td>7:45pm - First Service</td>
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<td>3/15</td>
<td>Winter Quarter Ends</td>
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<td>SPRING BREAK</td>
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<td>Final Exams Begin</td>
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<td>Email it to <a href="mailto:salsu.publications@gmail.com">salsu.publications@gmail.com</a></td>
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<td>3/19</td>
<td>Have a calendar event?</td>
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<td>3/20</td>
<td>Winter Quarter Ends</td>
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<td>7:45pm - First Service</td>
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<td>3/21</td>
<td>SPRING BREAK</td>
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<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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**Enjoy your Spring break!**
For those of you who weren't able to attend the 50th Annual Orchestra Concerto Concert, you missed out on a great performance. The La Sierra Symphony Orchestra's conductor, Daniel Cummings, gave a brief history on the format of the program of the night's performance to start off the show. The evening started with two piano pieces for four hands played by Elvin Rodriguez and the conductor himself. Raejin Lee gave a wonderful performance accompanied by Cummings on the newly purchased Steinway grand piano, one of the finest in the world. It is La Sierra University's desire to make the music department and all Steinway school. Following were two Scottish Folksongs for Piano Trio by Darlene Nick on the violin, Miguel Fernandez on the cello, and Cummings on the piano. The La Sierra University Chamber Singers also performed during the program performing "The Lord is My Shepherd." The last two performances were by the La Sierra Symphony Orchestra with Julia Park playing the piano. They were rich performances whose quality could not be watched for just $5 anywhere else. "The student's need to take advantage of the fact that these are quality performances that they can watch for way less than if they wanted to see the L.A. Philharmonic," says Jay Avila, a viola player for the La Sierra University Symphony Orchestra. It is a great opportunity to expose students to different kinds of music on a student's budget. The DVD of the 50th Annual Concerto Concert is available for purchase at the Musical Department.
Mighty, Mighty Eagles: Softball

By Heather Corona

La Sierra University's softball team is on the road to success. Currently the Lady Eagles have eight returning members and four new freshmen. This could possibly be why the team is so close and connected.

Favor with their fans was definitely displayed at their last home game on Sunday, March 2, 2008 at 12:30 p.m. There was not an open seat in the house. Dedicated fans brought their own chairs, blankets, etc. to sit on and placed themselves all around the field. For a cold and windy day, this turnout was amazing. Committed fan and proud parent, Ray Meneely said, "I've been to most all of the games. It's a good group of players; the team is really close this year."

Currently the girls are at a 3 to 5 record. On Sunday, they lost their first game by 3 points and their second game by 10 points against Whittier College. Third year coach, Hal Phipher, said, "We have an outstanding team. As the season continues, we are definitely looking forward to improvements." Phipher believes that the Lady Eagles just need to pick up their intensity. Phipher said, "We are a team to be recognized."

According to Phipher, the ladies will be playing Patton University during their next game on March 7th, 2008. Team member, Junior and Exercise Science major, Ashley Meneely said, "It's been a fun season. We work hard everyday and pull together as a team, win or lose." Meneely states how close the team is this year: "Everyone gets along well with each other."

The Lady Eagles' softball team are an asset to LSU. Their hard efforts and team work are recognized by students, faculty and the community. With such a supportive fan base and a dedicated coach, the girls are destined to excel.
Festival of Students

By Michael Neglia

From February 28 to March 2, La Sierra University’s English and Communication Department and Drama program presented seven short one act plays called the Festival of One Acts. Each performance was incredibly unique and hilarious that brought something entertaining and different to the table. The plays were all directed and performed by students and averaged fifteen to twenty minutes in length. Laughter was guaranteed. Coordinator and English Professor Dr. Marilynn Loveless said “Everyone should come to the show because laughter is good for the immune system, and you will be comedic from the sarcasm, dark comedy and silliness.”

The first play, titled “Playwriting 101: The Rooftop Lesson” was a dramatic comedy about what amenities a play should have in order to make it successful, however when the roles changed with the actors and director, the actors come out having the last laugh. The next play was “The Tridget of Greva” this play was the debut of all three actors. This Dada inspired play was a nonsense comedy about three friends fishing and discussing life. The next play was “Teeth,” a frightening comedy of how people feel when visiting the dentist and their thoughts and dreams associated with teeth. Following “Teeth” was “The Siren Song.” This act was centered on a man literally falling onto a woman’s life and in the end becoming friends while sharing each others issues. The next play was “The Role of Della” also the debut of all three actors. This comedy was about an actress auditioning for a play who ended up being perfect for the role, but after leaving, the audience found out the director was actually another actress in disguise waiting to steal her audition card. The next play was “Traces of Memory,” a dramatic story of two strangers on a road less traveled; each of which claimed to have committed murder and were escaping their problems. The last play “The Fifteen-Minute Hamlet” was a hilarious comedy of Shakespeare tragic Hamlet.

As far as La Sierra’s drama productions are concerned, this was a big notch in their belt; the plays were an absolute success and had the audience laughing in every act. After each performance the audience participated in voting for the best act, and the winner was “Hamlet” with “The Role of Della” not far behind. La Sierra students and faculty missed out if they did not catch this festival, but in the middle of May the comedy “Sylvia” will open.
Granting Scholarships to Change at La Sierra

By Emily Bilha

Time has come once again to file in your FAFSA, to seek financial aid and scholarships for the upcoming year. Are you ready to go for next quarter, or are you dreading the lines from the financial office to get one of your holds cleared? Well have no fear because a change has come to benefit all.

In previous years here at La Sierra University, freshman enter with a very encouraging financial package from institutional funds for their first year. But after this first year transition all students had to reapply for these institutional funds yearly, making this a longer process with more paperwork, and other time consuming tasks. This of course can be very frustrating on top of all other things students have to worry about in such a busy time of the academic year. Many times this process would also be unfair to some students that may have gotten behind in filing paperwork or did not understand how this process worked. To the benefit of all this process is about to change for the next academic year and years to follow.

I had the privilege of interviewing Jay Teele, the current director of Student Financial Services who was able to explain to me the changes of the institutional financial aid process; changes that were developed by Dave Lofthouse, director of Enrolment Services, and Jay Teele. The main idea for this new and improved process is to evaluate both the scholastic performance and financial need of each student providing more to those that are committed and have a greater need. So starting with the next academic year of 2008-09, institutional scholarships will be consolidated into a single renewable award, this is not including individualized scholarships from different department or private scholarships.

Awards will be given based on the evaluation of a combination of high school GPA, SAT or ACT test scores for incoming freshmen. For returning and transfer students their cumulative college GPA will be evaluated. Along with academic success financial need will be determined by the federal formula for Expected Family Contribution (EFC) taken from the FAFSA. Jay Teele also noted the importance of our students that are not eligible to apply for the FAFSA: “A fairly significant portion of the student body is international, probably about 15% or so. There are people that are not eligible to file the FAFSA, but we still want to include them in this process and still have a need-based component.”

So what happens to students that are currently enrolled at the university? How will this new process work for them? All existing students that are planning on returning to the University next year will be receiving an award letter by the end of April with an estimate of their financial aid.
for the following academic year. The award will take in consideration your previous estimate of institutional awards as well as your cumulative GPA up to winter quarter. For example Financial Services from now on will be meeting with seniors that plan to continue on to Grad school to estimate their financial package while Enrollment Services will care for incoming freshmen and transfer students. This will greatly decrease the long lines and back and forth commotion between both offices making the process smoother and easier for everyone.

Scholarships that were combined into this new and improved package include: University Grant (Contingency), La Sierra Scholarship (LSU Grant), Academic Merit Award, Transfer Merit Award, Sports, International Discount (Undergrad), Commitment to Excellence. Jay Teele explained: “A number of these scholarships were awards that were similar in nature but rather then having them in several different categories we have pulled them into this single one.” Every year the Student Financial office will look at our cumulative GPA at winter quarter and award scholarships accordingly.

So there will be an opportunity for increase or decrease in awarded funds depending on your academic success and commitment. Other funds available that can be added to this package include: SDA Membership Award, Leadership, National Merit, Family Discount, Performing Art Awards (Music and Drama), Honors Scholarship, School of Business Award, Matching Awards (Church and Camp), NAD Graduate Awards, International SDA Discount (Graduate), and Endowed Scholarships. We all hope that this will be an encouragement for all; this new process has been designed to be an incentive.
It doesn’t seem that long ago we were using “Back-to-School” as an excuse to buy a new outfit. All of a sudden, Alumni Weekend comes, and along with it, strangers and loved ones wandering around our little campus, with memories that closely resemble the ones we are creating right now. It’s somehow unnerving to see unknown faces roaming the halls of our school with a confidence and ease that is vaguely...familiar. It’s getting close to the end of Winter quarter; by now we are all used to writing “2008”, and some of us are beginning to think about GRADUATION and the Great Unknown that comes after.

As we are all preparing for dead week, final exams, and of course, spring break, it can be hard to stop and take the time to appreciate it all. Pretty soon, it will be time to pick a different Breakout group, find a comfortable seat in a strange classroom, and uncover the idiosyncrasies of a new professor. Then all of a sudden, Riverside will start getting unbearably hot and summer will send us to our respective necks of the woods. There will be some people we will miss, maybe a few classes we won’t, but I know for a fact that things are going to be very different...they always are. It won’t be long until ours are the unfamiliar faces roaming the Science Complex, pointing out the classroom where “I used to have lab!” I am definitely up for the challenge of change, but at the moment, I am trying to savor each day, because I am beginning to realize that time is going by way too fast. I have visions of myself in 20 years with my family, wandering up and down the hill as I point out all the different departments, places, even benches that I’m pretty sure will always hold a special place in my heart.

It’s fun to get caught up in the limes, the lobsters and other campus craziness, but we have to remember to relish the moments, not rush through them. So, here’s to a presumably hectic dead week followed by a blissful spring break! If you are anything like me, you are going to need the break desperately to refuel and prepare for that last stretch before summer...
I have discovered many people don't understand my sense of humor; they either think of me as hilarious, or take quick offense to my crass, quirky antics. I have been the Humor editor of the Criterion this entire school year, attempting to put smiles on the faces of my fellow La Sierra University students without offending or alienating anyone too badly. Each month we have discussed everything from stereotypes to limes and lobsters, attempting to alleviate the pressures of school with a one-page humor section. Well, now the “Funnies” have taken over, because this month is all about humor. From the cover shot of your faithful Criterion staffers making fools of themselves for a good laugh to the word search, you are definitely going to know you’re at LSU when you see some of the fun stuff we have put together for you! Our own Sports editor, Heather Corona, will tell you all you need to know about What’s Hot and What’s Not at LSU, along with a bunch of silly photos snapped of your LSU classmates. Laughter is a healer, and I think God gave us the ability to laugh so we would be able to get through some situations we could not otherwise handle without the grace laughter lends. Also enjoy the news we’ve included as we know many things continue to happen around us here on campus. So enjoy the Humor Issue with the firm resolution that the only goal we had was to make you snort milk out of your nose in a fit of desperate laughter.

Rebecca Renee Hess
Humor Editor

the funniest thing that ever happened to me at LSU...

By Rebecca Renee Hess

I am a walking disaster area. I am constantly tripping, falling, hitting my head, running into things and people...I am used to it by now, but strangers find this type of stuff hilarious. So the last day of my Biology class, some time last year, me and my friend Steph were going to ditch out after a quiz and go to Starbucks, all sneaky like. So we turned in our papers and got up all stealth-like to get our coffee fix and as I go to step up the stairs, my big Peggy Hill feet got mixed up and in an instant, I was falling. Needless to say, we weren’t being sneaky anymore. Check out other funny stories throughout the rest of this issue by fellow LSU students here on our campus!
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your friendship can make a difference

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SPRING DEBATE Challenge is happening April 14 at 7 pm in Cossentine Hall 106. The debate topics include:
- Should the U.S. explore potential oil reserves in Alaska to decrease current gas prices?
- Is it beneficial for the U.S. economy to allow large scale Chinese investments?

CRITERION AND YEARBOOK are looking for dedicated and creative staff members. If you are interested, please email salsu.publications@gmail.com and get involved today.

TAKING PHOTOS at campus events? Send your pictures to salsu.publications@gmail.com to get them in the yearbook. Include your name, people included in the photo, and make sure the image quality is at least 6 megapixels.

Have something notable? Send it to us at criterionlsu@gmail.com!
What's Hot, What's Not!

HOT: The new baseball field
HOT: Scholarships, grants and loans
HOT: Going to SALSU events with your significant other
HOT: 50 minute classes, 4 days a week
HOT: Graduating in June
HOT: A free day planner from Student Life
HOT: D2L
HOT: Recycling
HOT: The one and only MICOL computer lab
HOT: Breakouts
HOT: $20 LSU sweatshirts in the LSU Bookstore

NOT: Not being permitted to use the baseball field
NOT: Paying back your loans
NOT: Parking on the side of Raley Drive with your significant other
NOT: A 6-10 p.m. class, 1 day a week (Thursday night, YUCK!)
NOT: Taking the exit exam before you graduate
NOT: $25,000 tuition
NOT: Teachers who don't use D2L
NOT: Throwing your trash in the recycling bins
NOT: Classes scheduled in the MICOL computer lab
NOT: Not knowing which Thursday is Breakouts or UW
NOT: $200 required textbooks in the LSU Bookstore
A little note from Betty V and Mr. Hitch-

Hey guys, this is Betty V and Mr. Hitch checking in after Spring break. We hope you all had a good break and lots of rest to prepare you for the loss that you will accrue this quarter lol. Thank you for all of your dedicated responses. Be sure to look out for next month’s article which is titled, “How to Know if Someone Likes You”. So for all of you clueless romantics, stay tuned for the next article. In the meantime, good luck on your classes. Keep sending in your questions. Remember the most frequently submitted question to bettyhitchlsu@gmail.com will be answered.

-Betty V. and Mr. Hitch

the funniest thing that ever happened to me at LSU.

By Mona Bascoy

One day, I was walking to class and noticed a yellow fire hydrant near MICOL had began to leak large amounts of water. “That’s funny,” I thought as I walked back to class. In less than an hour, I was walking back to my car with my friends, Tiffany and Jacquie. Behind MICOL, there had formed a flood of water in the street up to our knees! I was wearing sandals and a skirt, so I waded across to my car. My friends got wet too; Tiffany lost her sandal in the water, and Jacquie tried to jump across, but I ended up getting in my car and going through the flood to pick her up and ferry her to the other side of the river.

Broadway Returns to LSU

By Nina Park

Wicked, My Fair Lady, Jekyll and Hyde, and Songs for a New World. What do all four of these have in common? They’re all Broadway shows of course! On the second weekend of Spring Quarter, students will be performing select songs from each of these musicals. This event is completely student run and directed. Darlene Nick, Xander Legaspi, and Nic Coffey have dedicated their time and effort blocking scenes, arranging music, and overseeing the whole production. Being upperclassmen and woman, their time is especially valued. This is the second time they’ve advocated such a performance to happen. As a personal witness to last year’s show, I can assure you that the experience was amazing, and this year’s will be even more so. Therefore, don’t miss your fellow students putting on a marvelous musical on April 12 at 7 p.m. and April 13 at 8 p.m. If you’ve seen any of the musicals that will be performed, you will observe that each performer brings their own unique personality to the production. This will also prove true in Hole Memorial, as students of La Sierra University offer their talents and voices for an evening of breathtaking entertainment. Come out and support your friends and their efforts in preparing a magnanimous event just for you! Best of all, it’s free! No extra charge for Orchestra Sets or for pleasing your eyes and ears. It can’t get better than that!
Club Spotlight: Amo Brasil

By Emily Bilha and Aline Ueno

The Amo Brasil Club, which started Fall Quarter 2007, has a goal. The goal is to introduce the Brazilian culture to La Sierra University. The students were already exposed to a small part of the culture at the Amo Brasil Club’s Welcome Party during Winter 2008. One of the cultural activities introduced was Pagode, a variation of samba which is easy to dance to and also very fun. There was also a very popular finger food available, a cheesy appetizer called “Pao de Queijo.” Another item displayed at the party was a blend of a rapidly growing popular fruit from the Amazon, the acai berry. There was a tasting available and another tasting will be available during their next event which will be focused on Capoeira.

Capoeira, a Brazilian system of movements which is similar to dance and martial arts, was created by slaves brought in from Africa to work in sugarcane and tobacco plantations in Brazil during colonial times. For these slaves, Capoeira was a way to escape their harsh realities and later on was used to make public statements of protest. Combining elements like original instruments, martial arts movements, dance, and acrobatics capoeira today has become widely practiced by many as a form of physical activity.

The Amo Brasil Club will be offering an opportunity to all that are interested in learning more about Brazilian culture and specifically Capoeira on Tuesday, April 8 at 6 p.m. in front of the Student Center. There will be a presentation by the Capoeira group Cordão De Ouro led by Master Penteado, as well as an opportunity to sign up for classes in Capoeira this quarter. Come and enjoy some Brazilian music, food and entertainment while being culturally enriched!

The Amo Brasil Club is also looking to introduce samba and an opportunity to learn some of the Portuguese language during this year and next year. There is also a Brazil Project developing with SIFE which will focus on helping a part of Northern Brazil with finances as well as education. Show up to these activities for more information.

What’s black and white and red all over?
The Criterion

Two guys walk into a bar...you would’ve thought the second one would’ve seen it coming.

What does a slice of toast wear to bed?
Jammies

Why is the math book always upset?
Because it has a lot of problems.

A Biology class student conducted an experiment on what would happen to a grasshopper if its legs were taken off. He pulled off one of its legs and yelled ‘hop!’, and the grasshopper hopped. Then he took another leg and yelled ‘hop!’ and the grasshopper hopped. Then he took all of its legs and yelled ‘hop!’ but the insect did not hop. He yelled again, but the insect did not hop. So he came to the conclusion that when all the legs of a grasshopper are removed, it will become deaf.

Roses are red
Violets are blue
I’m a schizophrenic
And so am I.

Two football players, Bubba and Tiny, were taking an important exam. If they failed, they would be on Academic Probation and not allowed to play in the big game the following week. The exam was fill in the blank and the last question read, “Old MacDonald had a ______.” Bubba was stumped -- he had no idea what to answer, but he knew he needed to get this one right to be sure he passed. Making sure the professor wasn’t watching, he tapped Tiny in the shoulder. “Tiny, what’s the answer to the last question?” Tiny laughed, then looked around to make sure the professor hadn’t noticed. He turned to Bubba and said, “Bubba, you’re so stupid. Everyone knows that Old MacDonald had a FARM.” “Oh yeah,” said Bubba, “I remember now.” He picked up his No. 2 pencil and started to write the answer in the blank. Then he stopped. Tapping Tiny on the shoulder, he whispered, “Tiny, how do you spell farm?” “You are really dumb, Bubba. that’s so easy,” hissed Tiny, “farm is spelled ‘E-I-E-I-O’.”
By Denby Rasmussen

As winter began to sweep over our southland community, along with it came an anxious feeling of anticipation for many athletes here on campus, especially those drawn to the hardwood. Even before school was out for winter break, alliances were being formed, and trash-talked spewed back and forth through the dormitory and the cafeteria. One could sense the tension mounting as the new quarter approached, bringing new classes, new challenges, even new faces to campus, but more importantly, the dawning of a new season of Intramural Basketball.

Fortunately for those of us who spent the first half Winter quarter reviewing our depth charts and dreaming up offensive schemes, the wait was finally over a couple of weeks ago, when the season officially got underway. Sean Lucero, student coordinator for Intramural Basketball, put together a fantastic schedule, allowing all ten teams to play eight games each prior to the playoffs. There was some speculation that with the sheer number of teams participating this year, the league would need to be split into two divisions, limiting each team to five or six games before the postseason. However, with a little bit of genius planning and the support of the staff of student officials, a much preferred extended schedule was created, leaving most players feeling thrilled at the prospect of so much game time.

After two weeks of play, most teams have already played four games, and the competition has been intense. Three nights a week, the gym is filled with players, spectators, and the sounds of whistles, shoe squeaks, and boisterous cheers. La Sierra Academy was gracious enough to host some of the games as scheduling conflicts arose with our own gymnasium, but the change of venue didn't stop many supporters who made the walk or the short drive to try to help cheer their team to victory, some even touting banners with their favorite team's name.

In consideration of an increased demand for time and scholastic energy during dead week and finals week, no more games have been scheduled until the beginning of next quarter, but be sure to come down to the gym and watch some of the action before this season of Intramural Basketball becomes sports history! Games are played on Monday, Thursday, and either Tuesday or Wednesday, depending on scheduling necessities. Three games are played each evening, and they begin hourly starting at 6 pm.

By Jaceta Fevrier

On a certain day, as I was walking to class in the old Psych building and talking on the phone, I heard a strange noise. I looked up, and to my surprise saw a bird coming right at me. Then it attacked! I ran screaming across the street to the University church, and was almost hit by a car. Come to find out, I wasn't the first victim of this evil attack bird!
The Lime &
The Lobster

By Jonathan Duke Finau

La Sierra University English Department is presenting upcoming 2007-2008 DNA Play Festival "The Lime and The Lobster". One of the most thrilling aspects of these plays is that they showcase a unique short dramatic writing style for both stage and screen (some of the plays have been written by faculty members, others by students). This utilizes the idea of seeing how writers approach the same topic and developing it in their own way. Artistic Director for LSU Drama, Marilynn Loveless, explains "As far as the history of the Lime and the Lobster, the glory must rest squarely on the shoulders of LSU student Marcus Chapman, who wrote a play last year entitled, "Now What?" The play featured two actors (Mike Tyler and Steph Troyer) dressed as a lime and lobster. "When I arrived this year, I discovered these fabulous costumes in our collection and wracked my brain to think how we could use them again." Students who are interested in writing a play for the festival are required to write no more than two pages with a maximum of 4 characters per script, and 5 entries per writer before the due date of April 1 (for more information on the submission guideline contact Marilynn Loveless). However, no play can be produced without the commitment of talented actors and actresses, which are set to audition on Sunday the 6th of April at 2pm in Matheson Chapel. Additionally, the department also needs a backstage crew and make-up/set/light/sound/ costume designers. If you would like to get involved on this production come to the auditions. The Festival will feature 15-20 short DNA plays, which will all be performed for the Festival of Original Student Works from May 29 to June 1 of this quarter.

FINE ARTS

Those Artistic Students!

By Michael Negila

Coming to the Brandstater gallery on April 14 is the annual student art show. This is where great works of art made by students will be displayed for all to enjoy. Every year students submit their best works of art along with the art professor’s choices to be shown in the gallery. Senior graphic design major Lauren Kistler said, "It’s awesome you should come; besides art majors are way better than pre med students."

Works will be displayed from every type of art class offered, from book making to photography; and from 3D to two dimensional. Please come and support your fellow classmate’s hard work and efforts. If that's not reason enough to come, there will be free food offered at the opening reception on April 14 beginning at six o’clock and ending at 8 o’clock.

The Brandstater gallery is open Monday through Thursday from 10am to 4pm and on Sunday from 2pm to 5pm. Tell your friends and family to come see the amazing things that take place in the art department.
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<td></td>
<td>TBA - SALSU Thursday: Laser Tag</td>
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<tr>
<td>4/11</td>
<td>7:45pm - First Service &amp; Midnight Cafe</td>
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<td>4/12</td>
<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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<tr>
<td>4/13</td>
<td>12pm - Eagles Men's Baseball vs. Chapman University</td>
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<td>4/14</td>
<td>7pm - Spring Debate Challenge: Economic Human Rights in Cossentine Hall</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>4/15</td>
<td>11:00 AM - SEW with Matthew Gamble in LSUC</td>
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<td>10pm - Angwin Dorm Worship</td>
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<td>4/16</td>
<td>11:00 AM - SEW with Matthew Gamble in LSUC</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>4/17</td>
<td>11:00 AM - SEW with Matthew Gamble in LSUC</td>
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<td>TBA - SALSU Thursday: The Price is Right</td>
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<td>4/18</td>
<td>7:45pm - First Service &amp; Midnight Cafe</td>
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<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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<td>4/20</td>
<td>12pm - Eagles Men's Baseball vs. CSU San Marcos</td>
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<td>4/21</td>
<td>12pm - Prayer at the Statue</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>4/22</td>
<td>Earth Day Volleyball and Softball Intramurals begin</td>
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<td>1am - Earth Day Assembly</td>
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<td>10 pm - Angwin Dorm Worship</td>
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<td>4/23</td>
<td>10pm - Rendezvous at HMA</td>
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<td>4/24</td>
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<td>TBA - SALSU Thursday: Bachelor/Bachelorette Auction</td>
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<td>4/25</td>
<td>7:45pm - First Service &amp; Midnight Cafe</td>
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<td>4/26</td>
<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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<td>4/27</td>
<td>12pm - Eagles Men's Baseball vs. Caltech</td>
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<td>4/28</td>
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<td>4/29</td>
<td>11am - Senior Class Assembly in Angwin Chapel</td>
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<td>11am - Breakouts</td>
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<td>TBA - SALSU Thursday: Food Fight</td>
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<td>5/2</td>
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<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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<td>TBA - SALSU Spring Banquet</td>
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<td>12pm - Prayer at the Statue</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>10 pm - Angwin Dorm Worship</td>
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<td>10pm - Rendezvous at HMA</td>
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<td>11am - UW at LSUC</td>
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<td>GET YOUR MAY CRITERION ISSUE!</td>
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<td>TBA - OSA Study Break Bash</td>
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<td>5/9</td>
<td>7:45pm - First Service &amp; Midnight Cafe</td>
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<td>5/10</td>
<td>10am - Sabbath School B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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**MARCH 30 - MAY 10, 2008**
In today's society, we are bombarded with images of people living in impoverished countries, starving and desperate for water; and while our hearts might pang with desire to help them, they can often seem too far to be immediately reached by our care. If you are someone whose heart aches when they hear about people in need, there is something that you can do right here at La Sierra. Best Buddies is an organization that is determined to impact the lives of people struggling right here in our own backyard, so to speak.

There are currently an estimated 7.5 million Americans living with intellectual disabilities; these individuals are often excluded from social experiences and relationships because of their condition. Best Buddies is a nonprofit organization that is determined to improve the lives of people living with intellectual disabilities by giving them the opportunity to have one-to-one friendships. While the goal of Best Buddies is to enrich the lives of people living with intellectual disabilities, it provides something great for its volunteers as well; it gives them a chance to change someone’s life and in the process, learn about themselves.

This is the first year that the organization has a chapter on our campus and it has already made significant contributions to benefit people living with intellectual disabilities. With an estimated 75 members there is a lot of enthusiasm for bettering the lives of Buddies. Each of the members is paired with an individual that has an intellectual disability. Pairing provides both the member and the buddy the opportunity to get to know one another and bond. Most of the bonding occurs at monthly events that are hosted by the club. These events vary each month; the club has already gone bowling, hosted movie nights, and held car washes.

Currently, the La Sierra Best Buddies club geared up to host an event know as the Festival of Friendship. The Festival of Friendship was a carnival of sorts with game booths, entertainment, and food. Radio Disney was there, as well as Hot Dog on a Stick, and many other attractions that made the event fun-filled for everyone who attended. The Festival of Friendship took place on Sunday, March 30 at 1 p.m. It was one of the biggest events of the year for the local Best Buddies organization, and it was an amazing honor for La Sierra University to host it. There were a total of 19 schools contributing to the festival from all over the Inland Empire, and the La Sierra Best Buddies would invited student, staff, and community members to come share this day with them and their buddies, and make La Sierra the most represented school.

So if you've been sitting, pondering, or contemplating about how to change the world, realize that it is easier and closer than it seems. All you have to do is contact one of the Best Buddy officers, get involved in the club, and you can immediately start changing the life of a person living with an intellectual disability. The Best Buddies club meets every Friday at 1pm at Angwin Chapel.
CRITERION WORD SEARCH

You Are Looking For...  ecivrestsrfewy
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breakouts               jtgamtctvfpipbas
cafeteria food          drsvsfgvrgstfl
 criterion              inoeeoinoiiziquea
diversity              vopmnweouwgofbs
 eagles nest            eiynusnrtknkicow
first service          rrfayhenrasedxil
 group projects    servicelearning
humor                  it lcadlrgshszjs
 edition                tiuyi fb mwaxaadqw
la sierra hall         yroslocimheslfh
micol                   dcesouthhalling
president wisbey        drstcejorp璞璞璞璞
salsu                   pcateriiafoodp
service learning
sife
south hall

YOU KNOW YOU'RE AT LSU WHEN...
DORM STUDENTS DRIVE TO CLASS
INSTEAD OF WALKING.
[CONTRIBUTED BY JEREMY CRUZ]

HAVE AN IDEA FOR THIS PHRASE? EMAIL ME
YOUR ONE-LINERS [RHES295@MY.LASIERRA.EDU]
AND IF IT'S ANY GOOD, WE'LL USE IT. IF IT'S THE
ONLY ONE SENT IN, WE'LL DEFINITELY USE IT.
Outstanding Athletes P. 11

SALSU & Senate: Serving Students P. 9

Student Has Instincts of a Diplomat P. 3
I made a small discovery this past week, that is, I open all my own doors. When a male friend of mine insisted on opening doors for me downtown one afternoon, I found it awfully peculiar. I'm sure that if I was a bystander watching myself instinctively reach for the handles but then remember, step back to allow him, discomfiting smiles all the while interchanging, I would have found it too amusing.

Somewhat unfortunately, this process repeated itself whenever we came across a barrier, any barrier, swinging, sliding, double-door, French. And the situation was aggravated by my being a person easily maddened by dilly dallys, someone who regularly charges around corridors, maneuvering streets with speed ensuring with a 98% accuracy that I would be the first to reach it. You know what they say, you can take the girl out of Hong Kong but you can't take the Hong Kong out of the girl. My friend's gentlemanly efforts for the day simply could not match a whole lifetime of hands-on port experience.

Before we go further, let's be clear here that this is not a commentary on the men in my life nor is it a study on gender roles. Die-hard feminist, I am not. When males hold the door for me, I don't think it's backwards or debasing to my femininity. (Yeah, femininity. Try saying that 5 times fast) I'm also not bothered when they don't bother.

But you know, the door opening episodes sound about right. I open all my own doors, literally and figuratively. What's more, I kind of like it. There's just something distinctly inspiring about the double entendre. The phrase sits right up there with "I am the captain of my soul." Though amity will always be welcome, and maybe the next time I'm with said companion, I'll have gotten the hang of hanging back for him to open the door, I'm of the school of thought that knowing how to open your own doors can never be a bad thing, right? I suggest you try it.
notable news & announcements

SPRING TALENT SHOW
starts at 8 pm in HMA on
Thursday, May 8. Be there to
witness the finest LSU talent!

LOCKS OF LOVE is at LSU!
Visit Holistic Salon on June 1
and receive a discount when
you donate at least 10 inches.
Email locks.of.love.lsu@gmail.com for more info.

JAZZY GARDEN PARTY
is happening May 18 from
6-9 pm! Get your tickets
today in the Student Center
during mealtimes or in the
Student Life office. Corsage/bouteneirre package available.

CRITERION is looking for
dedicated and creative staff
members for next year. Be sure
to attend the June 2 meeting at
12:15 pm in the SALSU office.
If you are interested, please
email salsu.publications@gmail.com

Have something
notable? Send it to us at
criterionlsu@gmail.com!

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Ask Wisbey!
Want to know his
favorite ice cream?
What he envisions for
the campus? Or what his
all-time funniest moment
was? Email your questions
for LSU’s president and
see his answers in the
June Criterion
(salsu.publications@gmail.com)
LSU Student Has Instincts of a Diplomat

By Doug Haberman
Originally published in the Press Enterprise on March 10

When Carolyn Ratzlaff was 2 1/2, her unmarried Kenyan mother died after an illegal abortion. Carolyn was suffering from malnutrition, malaria and pneumonia at the time. Her mother’s family, unable to care for her, dropped her off at a Seventh-day Adventist missionary compound. An American missionary woman who worked there agreed to adopt Carolyn. But she believed Carolyn had limited mental capacity. She was wrong.

Today, Ratzlaff, 21, is a senior at La Sierra University with a triple major: political economy, global studies and management. She has a minor in French after spending 2007 studying in France. And she is preparing for a diplomatic career, dreaming of serving as an ambassador or a State Department undersecretary.

Ratzlaff was chosen in 2006 for a Thomas R. Pickering Undergraduate Foreign Affairs Fellowship, which pays tuition, room, board and fees during the junior and senior years of college and the first year of graduate study. Recipients agree to serve 4 1/2 years in the U.S. State Department’s Foreign Service. The program is meant to help diversify the department. Only 19 others nationwide were chosen as Pickering Fellows.

Ratzlaff said she hopes to go to Marine Corps officer candidacy school in October, which would delay her graduate studies for a year.

“I think it’s always important to maximize on your time and your opportunities,” she said.

Ratzlaff can envision working for the Foreign Service in Baghdad or other global hot spots.

“I have no problem being in a stressful zone,” she said, “because I think you only live once.”

A Passion to Succeed

Prudence Pollard, a professor of management in La Sierra’s business school, encouraged her to apply for the fellowship because Pollard said she had never run across another business student with such a strong interest in government policy.

“It was a passion,” Pollard said. And Ratzlaff “was willing to do what was necessary to succeed.”

Ratzlaff said she was considering law school before pursuing the diplomatic fellowship.

“Somehow everything I’ve been doing in life prepared me for it,” she said.

Everything she has been doing in life includes a strict Adventist childhood with her adoptive mother, Ruby Ratzlaff, who adopted another African girl, Tia, who is now 20 and serving in the Wisconsin National Guard.

Ratzlaff grew up in Northern California without television -- except for National Geographic videos, biographies and Christian tapes.

Her mother didn’t allow the girls to have stereos in their rooms or telephones, Ratzlaff said.

“I read a lot,” she said.

But naturally curious and a bit rebellious, Ratzlaff clashed at times with her mother. She went away in her teens to an Adventist boarding school where she thrived -- editing the student newspaper, serving as a resident assistant and taking honors classes -- and learned to take care of herself.

Ruby Ratzlaff died suddenly of natural causes at age 65 just as Carolyn was turning 17 and finishing high school. “Now I can see how her parenting paid off,” Ratzlaff said. She enrolled at La Sierra University that year.

Socially Conscious

She participates in the university’s acclaimed Students in Free Enterprise program, which pushes students to carry out theories they learn in the classroom through socially conscious development projects. That gave her experience in public speaking, which helped her as she interviewed for the Pickering Fellowship. Other activities have also prepared Ratzlaff for an international career.

She returned to Kenya for a month in the summer of 2005 and met the man she believes is her father, though he hasn’t acknowledged her as his daughter. There, she also
One of the first things a person has to consider when deciphering the question at hand is how far is one willing to go to avoid a situation that could end on bad terms. One of the most common misunderstandings crops up when men or women say “Oh, I’m just looking for a good time.” Whether a good time is hanging out, playing Guitar Hero until three in the morning, eating Cheetos or frolicking in the back seat of a 1964 Chevy El Camino, the terms for that “good time” vary for each person and must be established. Too often, people who are dating with this mindset are unsure of the feelings of the other individual. It is important to make sure both parties are on the same level and to make it crystal clear if either does not want an actual relationship. If these terms aren’t established in the beginning stages of dating, those involved might feel like they are being taken advantage of. Failing to express true intentions could lead to an undesirable reputation, like “player” or “promiscuous,” hindering any opportunity in the long run to date other people within a university, workplace, or any other social community. So really as far as an answer to the question, all we can say is remember the Golden Rule: do unto others as you would have them do on to you.

Thank you to whoever sent in this question. We hope our response is helpful. For those of you who didn’t get a response to your questions, keep sending them in to bettyhitchlsu@gmail.com. Remember, the most frequently asked questions will be answered. Sincerely, Betty V. and Mr. Hitch

Continued from page 3

met maternal relatives, including Omingo Magara, who is a member of the Kenyan Parliament representing the Kisii region where Ratzlaff was born.

She spent the 2006-07 academic year at an Adventist college in Collonges-sous-Saleve in France. The college is near Geneva, Switzerland, and in her free time she would travel there and meet diplomats.

In summer 2007, Ratzlaff interned for five weeks with the United Nations Population Fund in Washington, D.C., working on projects like a school for girls in a remote area of Kenya.

Sarah Craven, chief of the fund’s D.C. office, supervised Ratzlaff. Craven recalled taking her along as an observer to a meeting with senior U.S. Senate staff and representatives from U.N. agencies and non-governmental organizations. Craven asked Ratzlaff for her thoughts afterward.

“She had pitch-perfect analysis of everyone’s stakes,” Craven said. “She had a real kind of sophistication you don’t normally see in an intern.”

Craven said Ratzlaff impressed her more each day.

“I think she will achieve her dreams,” Craven said.
The Student Association of La Sierra University, better known as SALSU, has one goal that they center all their creative efforts upon: "to act upon the will of God and of students," their motto and motivation. The student officers that have been elected into SALSU are dedicated to making LSU a better place for students and faculty. All of their labors are directed at making the college experience as fun and fulfilling as possible. We see these efforts manifested in the many events that they host. It is common knowledge that SALSU is responsible for putting together events such as Human Tetris, Laser Tag, and the formal Banquets. But have you ever wondered what else they do?

In addition to these events SALSU is also responsible for establishing and maintaining communication with administration about the concerns of the students, running the student Senate, conducting the Rendezvous worship service and Midnight Cafés after First Service, as well as producing publications such as the yearbook, Criterion, and Perspectives. There are a multitude of additional duties that have been omitted because the duties and responsibilities of SALSU are practically endless.

The end of the school year is coming quickly and a new SALSU team will be taking office shortly, but there are still a few more events left. One of the last big events that SALSU is putting on is the Spring Banquet, entitled Jazzy Garden Party. The Banquet is scheduled on Sunday, May 18 from 6 to 9 p.m. and it will take place at Edward’s Mansion in Redlands.

With just weeks left until Graduation, outgoing President, Andrew Hibbert has a few last words of great admiration and pride, "My team has done an outstanding job this year. I've seen fun and uplifting events, students working for the good of others, and excellent publications. I am privileged to have led them thus far."

As Hibbert pointed out, this year’s SALSU team has accomplished many things. He is especially proud of the system. "The library hours re-extended to midnight was an important accomplishment,
but it was not mine. It was the system at work. It’s good to see dialogue between administration and students,” says Hibbert.

Next year’s SALSU President, Marlyn Cuenca has similar goals. Cuenca is one of three returning SALSU members. Last year Cuenca served as the Financial VP and she hopes to use this experience to assist her in fulfilling the strenuous duties of being the president. In her term as president, she wants to establish better communication between students and faculty. Cuenca said, “I plan to make the 2008-2009 school year special by helping the students and faculty connect on a social level. I really want to open up communication and have an increase in student leadership.”

The 2008-2009 SALSU team plans to keep the level of efficiency and hard work high when they take office. The team already meets every Monday night and are excited to leave their own impression on the school. Each new member brings with them new hopes and aspirations for making next year the best year ever. Jake Moreno, incoming Executive VP said, “I plan to make and create town hall meetings with faculty, senate, and student body. I want to personally keep finding out about the students’ interests and work towards pushing for everyone’s best interests.”

Senate
College students anywhere are always crying out for their voice to be heard, and for a visible body or person to respond to their cry. Here at La Sierra University, the outlet that serves this purpose is the Senate. The Senate works with SALSU and the University to coordinate and represent issues that the student body feels are important. Within the Senate are specific committees, comprised of various senators with diverse experiences and ideas that help each committee plan and accomplish its goals. Two Senators shared their experience of this year, and uncovered what they’d like for La Sierra students as we begin to look towards next school year.

Nina Park is a sophomore whose role as a social senator is to work closely with Anna Duong, the SALSU Social VP. Nina helps plan and coordinate SALSU social events, specifically the banquets, and provides her input as Anna’s main collaborator. She also works very hard to promote events and generate enthusiasm for all SALSU events. Nina has enjoyed being a senator and has been thrilled with the progress that Senate has made for important student issues. She’s also pleased that there seems to be increased student involvement. Just like anything else, there have been high and lows; however, Nina observed that Senate and SALSU’s efforts have been appreciated, which is rewarding for her. Looking towards next year, she hopes that participation in events will heighten. She wants to encourage students to be involved with Senate, and try to initiate changes at LSU.

Rob Harvey is a junior, and this was his second year as a Senator after serving as one his freshman year. He was also the SALSU CABL director last year. Rob sits on the Emerging Issues Committee of Senate, which aims to find issues that are most pertinent to students. Some of the changes that this committee has spearheaded have been extending the library hours to midnight, and working with the cafeteria. His committee plans to provide students with another means of transportation through the Riverside Bus Transit system. Some of the most essential issues that Rob believes are important to students are achievable through maintained efforts. These include improving the quality of Residential Life for dorm students and other emerging issues relevant to our student body.

On service as a senator, Rob says, “Having different Senators brings together a lot of different perspectives and helps broaden the spectrum of issues.” There have definitely been successes, but Rob has been frustrated with issues that Senate is unable to address, such as tuition. Yet, he understands some things are out of the scope of SALSU’s responsibility. When asked if there was anything he wanted to say to the students, Rob hopes that more people get involved because SALSU and Senate are always willing to listen to students concerns. He wants us to realize that our voice matters and can be heard. When student body members speak out on issues, that’s how change can begin.

Officers
The 2007-2008 SALSU is comprised of ten students and their past sponsor, Kristi Dart. This year’s representatives are Andrew Hibbert: President, Yi-Shen Ma: Executive Vice President, Anna Duong: Social Vice President, Demitrio Camarena: Religious Vice President, Marlyn Cuenca Financial Vice President, Jacquelyn Weischadle: Publications Manager, Zablon Okari: CABL (Collegiate Advocate for Better Living) Director, Darren Golliao: Public Relations Director, Samuel Limbong: Parliamentarian, and Yvette Vargas: Secretary. Fain Nahab has taken over the sponsor position for the remainder of the year.

The 2008-2009 SALSU will be comprised of eight new representatives, as well as three returning officers. Next year’s representatives are Marlyn Cuenca: President, Jake Moreno, Executive VP, Rebeccab Kern: Social VP, Les Rollakanti: Religious VP, Cindy Sihotang: Financial VP, Andy Schroer: CABL Director, Jacquelyn Weischadle: returning as Publications Manager, and Charmidale Tuaizon, PR Director, Samuel Limbong: Parliamentarian, and Alix Lopez: Secretary.
The Importance of Sylvia
By Michelle Lumbar-Gaol

At 9:55am, four years ago, Mike Tyler nervously and anxiously paced back and forth in front of the drama office. He was restlessly looking for a sign; no, not a miracle, but something bigger than that. He was looking for a callback. At ten o'clock that morning, the callbacks for the play “The Importance of Being Ernest” was going to be posted. Mike wanted the role so badly but he did not know if he was going to make it, considering he was only a freshman- with very little acting experience.

***

This is the emotion for many people, who audition for the first time, such as Jay Murdock, who plays one of the lead characters by the name of ‘Greg’ in the up-and-coming play the drama department will be presenting. Directed by Marilynn Loveless and co-directed by Kyle Dever, “Sylvia” is a play about a husband and wife, Greg and Kate, whose lives are changed, for the worse and for the better, by a dog with the name ‘Sylvia’ on her name tag. Found at a park, Sylvia becomes Greg’s best friend, and an escape from his mundane and wearisome life, while becoming a rival for Greg’s attention to Kate. Additional characters include Violette Kjeldgaard as ‘Sylvia’, Diana Wheeler as ‘Kate’, Jay Murdock as ‘Greg’, and Mike Tyler, who will play three characters. This play is one of the last major productions put on by the drama department- and is expected to be the best. Of course, that comes from a biased director who is absolutely ecstatic about the play and the cast, saying “I’m basically in a cat-bird seat, drama lingo for being in a great position. I have a great cast; I have veteran actors, and first time actors. And you know what they say, if you have a great cast, they make you look great.” Another great feature that Dr. Loveless loves about this play is that they are also hosting a fundraiser on Sunday, May 18, 2008 where they will be having a special showing with tickets selling for $15 to benefit the Riverside Animal Services. This is a great cause that helps animals in need of care. Dr. Loveless exclaims she loves it when art and helpfulness comes together for a beneficial purpose.

Another interesting aspect of this play happened when the cute-dog picture contest took place. Students were asked to submit pictures of their cutest dog, and the winner will have the honors of getting their dog painted by renowned artist Jan Inman, come out to the play to see if your dog was considered the cutest dog alive! Do not worry, no jealous wives were included in this judging of this contest!

***

But Mike made it, got the callback, and continues to make the cut every single time he auditions for a play here at La Sierra University. Now a senior English major, Mike does not see anything else he would rather do than audition for a play or musical, spend hours rehearsing and perfecting the show (up to 16 hours a week sometimes!), and ending a job well done.
CRITERION CHALLENGE
It might look intimidating, but try it!
The first person to turn this into the SALSU office correctly completed will win a $20 gift card. Good luck!

Have you seen the changes?
After surveying 150 students at LSU, the Criterion is improving to meet our reader's needs. Check out the new design and updated content for exciting changes. Like what you see or still want more? Let us know!

SALSU’s Ultimate Talent Show
By Jonathan Finau

We are nearly ending the year and Student Association of La Sierra University (SALSU) is proud to present the end of the quarter Ultimate Talent Show featuring the most talented students of La Sierra. The Talent Show is divided into three parts of competition; Music, Dances, and Miscellaneous. This is the first time SALSU has ever featured its talent show under three categories. Auditions started on April 30, and witnessing the performances set by the students during the audition made anyone say that La Sierra Students “got talent”.

Last year, Vasa Laupati did a hip hop beat box talent and took the winning prize. This year La Sierra student Jmar Cajimat, who will be participating in the miscellaneous category is showcasing a “Hip Hop DJ” talent said, “I am trying to continue the pioneer of hip hop that was led by Vasa.” Jmar mentions that this year he is trying to bring the tradition of hip hop and incorporate it into something he enjoys doing with a different taste to La Sierra students.

With more than ten people auditioning, Anna Duong, SALSU Social VP, is certain this year talent show will be the best. When asking one of the students why they want to audition for such an event, Gabriella, former winner from last quarter’s talent show said, “I’m not here to win or compete, I just want to sing a song I wrote and how it relates to me”. Additionally, one of the most exciting parts of this year’s Talent Show is a cultural dance performed by our very own students. Hifo, the leader of this cultural group says, “I feel that performing a cultural dance ties the culture I grew up from and the talent I have which is dancing.” At the end, Anna Duong mentioned that the most exciting thing about this year talent show is seeing the different cultural aspects and it reminds her to appreciate the diversity we have here.

SALSU’s Ultimate Talent Show will be held tonight at 8 pm in the Hole Memorial Auditorium! Admission is free! We have many talented students around La Sierra; it’s time we witness what they love to do.

CRITERION
Out with the OLD
And in with the NEW
Looking for dedicated staff to shape next year’s news magazine?
Get paid for informing the campus!
Inquiries & applications: Due May 21

Positions: editor, section editors, writers, layout designers, photographers, copy editors
Who is Bill?

Presented by Student Senate

Have you ever gotten into an argument with your roommate about who will wash the dishes that week? Have you ever had a lab partner who doesn’t do anything in lab yet gets the same grade as you? How would you feel if you had to split your paycheck with your co-worker; the one that checks his MySpace at work 24/7? In order to prevent any of these similar problems from occurring in student government, SALSU is seeking student body approval of the “Removal of Co-positions Bill.” This bill seeks to change Article V, Section 2, Number 3 and Article V, Section 4, Number 2, of the SALSU Constitution. It is stated in the constitution that “a team of students, consisting of no more than two students, are allowed to run together for the offices of Religious VP, Social VP, and PR director.” SALSU senators and officers believe that having more than one officer for the same position will lead to decreased job efficiency, unbalanced and unfair division of work, and lack of motivation. This belief is based on the bad past experiences of former officers who have held co-positions. One former officer said, “The idea of co-positions has good potential, but in the long run it just doesn’t work. Somewhere along the way one co-officer has to pick the other co-officer’s slack.” In order to change this policy, SALSU senators have written a bill that will amend the constitution on this co-position policy. The bill needs to gain Administration’s approval, and then it goes to the students for a vote of approval. The vote of approval will be held at an upcoming University Worship, and the result will be posted on campus. The power is in your hands to make student government more effective.
There is a certain rawness to Saturday night Voicebox events at Riverside’s Coffee Depot, something even quasi-religious. From the outside, soulful jazz riffs permeate the air around the block, making everything seem a little more enticing, a little more urban. A house band is hard at work throughout the night, transitioning through one pop ballad after another, each improvised with its own soulful twist. As the show goes into full swing, the band cruises into a jazzy rendition of John Legend’s love song “Save Room” featuring a funky solo on the Hammond B3 organ. Within 15 minutes, there is only standing room left in the auditorium, and people keep slipping through the entrances.

A feeling of spontaneity begins to settle. Every so often, large amplifiers are lifted on to the stage, mikes are adjusted and re-adjusted, and someone from the audience (a musician, singer, or poet) steps into the spotlight. Voicebox is largely an open mic event that thrives on this intimate setting where the artists mingle freely amongst the concert-goers. There is a sense that the person next to you could take possession of the stage and deliver a lyrical masterpiece, resounding with such intense profundity that it lingers on, long after the stage is silent.

Warren Sturt is the architect behind the Voicebox music scene. Now a financial analyst at a leading business firm in the city of Irvine, and a graduate student studying accounting at La Sierra’s School of Business, he discusses Voicebox with pride and affection next to his other accomplishments while at La Sierra. The concert series started as an offshoot of Friday night Get-Fed vespers services, a program that Sturt helped to jump-start. Many of the regular artists who perform at Voicebox are accomplished musicians, including Keith Tut, a cellist for the Christian rock group “Switchfoot,” who has accompanied artists such as Tom Morello of Rage Against the Machine, Alice in Chains, and Cypress Hill. The list extends to Bishop Brad, a musician who played with the likes of Amy Winehouse, Mary J. Blige, Chaka Khan, and B.B. Winan.

Sturt himself may not be much of a musician but the trick he says, is to always foster and maintain good connections with a large pool of musicians throughout southern California. “I have a large phonebook of good musicians,” says Warren. “One that is bigger than most good musicians.”

On every first Saturday night of the month since the beginning of 2007, the Coffee Depot has been packed with students from La Sierra, University of California Riverside, Loma Linda University, California Baptist University, and Riverside Community College. “This is a college town. But there’s not a lot of places where we can all get together. That was my main motivation for creating this event. To have an event off-campus where we can see students from different colleges interacting,” said Sturt.

Back at the Voicebox event, a girl with glasses takes the stage. Earlier she had wandered across the room with a guitar case strapped to her shoulder. She seems somewhat apologetic at first. Tonight she’s singing the old Gospel hymn- “His Eye is On the Sparrow,” she explains. Towards the end of the third verse she is overcome with passion as she delivers the high notes with conviction. For a minute, all the oxygen seems to be sucked out of the room as a group of girls standing by the main entrance of the auditorium gasp loudly. When it’s over, the MC retrieves the mike. “I’ve never heard ‘His Eye is On the Sparrow’ sung like that!” he says.
Keeping up with the pace of college is hard and playing a sport at the same time is even harder. There are many outstanding student athletes at La Sierra University who manage to keep great grades and be at the top of their game. Those students deserve recognition for their achievements. The public needs to know about their hard efforts and supreme skill at La Sierra University. There are many great athletes at LSU, however there is room for only a few students who stand out among the crowd.

Kevin DeLeon is a graduating senior and biochemistry Pre-Med major who plays for the baseball team. A key asset to the team, Kevin is able to balance his time of demanding biochemistry curriculum, practicing and playing baseball games. Kevin finished the year with solid stats and bats at the third or fourth position in the line up. He began playing baseball at the age of seven and won multiple awards during high school including league MVP and first team. Aside from baseball, Kevin has been accepted to the Loma Linda University Medical School and has also been doing research there for the past five years. He has also been published. Kevin is an all around great individual contributing to the baseball team and making grades that exceed the deans list.

Rebecca Roquiz, junior business Pre-Dental Hygiene major, plays for the women’s tennis team. Rebecca was recruited from Pennsylvania to play tennis for LSU. She plays number one singles and number one doubles. When commenting about her team Roquiz said, “We are a team and there’s no one star, we have improved a lot and everyone’s really cool.” Rebecca has been playing tennis since high school and has won regionals and MVP. Aside from tennis Rebecca plays the piano and violin, shadows dentists and does community service. She works as a TA for microbiology lab and also works in the Records office. Rebecca is recognized for her great skill in tennis and for making the deans list.

Jodian Lyn is a graduating senior Pre-Med Exercise Science major. She plays women’s basketball and has been on the team for four years. Jodi has been playing basketball since she was six. She came from Miami to attend LSU and play basketball, where she became
an essential player to the team. Lyn said, “It’s been a pretty good squad each year, and things are going to get better.” Beyond the court Jodi spends most of her time studying trying to balance her time between basketball and school. She works as a TA and is on the deans list, making her both an amazing student and an athlete.

Alyssa Fischer is a Sophomore Biology major with Bio-med emphasis and is planning to go to a physicians assistant school. She plays first base for women’s softball. Fischer said, “We all get along well; I had a good time playing this year.” Alyssa said the team struggled a little this year but feels that the future will be strong. Alyssa is certified in phlebotomy and is working towards earning her hours for graduate school. Alyssa is a great help to the team and is a talented student, proving this by making the deans list.

Ryan Ashlock is a graduating senior, earning a Bachelors degree in Business Accounting. Ryan is one of the golf team stars and has been the number one player since the golf team began three years ago. He has been playing golf seriously for the past ten years. Ryan’s teammates hold him in high regard remarking that he is a class athlete and a gentleman on and off the course. Ryan is the co-President of the business club and is currently studying for his CPA exam. Aside from playing golf, Ryan spends his free time with his family and friends and also enjoys playing other sports.

Alan Estareja is a junior Pre-Phar Biomathematics major who plays on the men’s tennis team. Alan has been playing tennis since he was seven and plays number one singles and number one doubles. He has won many awards during high school and while at LSU he has won the Riverside Hall of Fame athlete award twice. Alan holds the tennis team in high regards. Estareja said, “The effort everyone puts in for tennis is a great feeling, not only to me, but to our players and coach.” Outside of tennis Alan is a very sociable and well rounded individual. He enjoys playing sports such as volleyball and basketball, being outdoors, and hanging out with friends. On top of being on the deans list Alan also works three jobs, is the TA for microbiology, works at the Student Center and at the boy’s dorm.
The Power to Change Our Gender  By Heather Corona

Everyday people are given endless possibilities of choices, from how to dress to what brand of toothpaste to buy. Inevitably, choices are a part of our everyday lives. It is within the power of the human being to make these types of decisions; some might even argue that it is our right as responsible and mature intellectuals. But what about biological issues? Does that same rule extend to matters like gender? That discussion was opened up for debate when the world was introduced to the pregnant man.

The media-coined “pregnant man” was originally born a woman, but through modern medicine, such as testosterone injections and other treatments, was able to change his gender and has been living as such for a year. After this legal change, he married a woman who turned out to be barren. Still wanting to have a child, the couple decided to utilize the man’s retained female reproductive organs to get pregnant. Through artificial insemination, he became pregnant and is now in his third trimester.

This man chose his gender, but does he have that right? How will this example shape our future generation? Will this become a new trend in society? And is that choice warranted?

Dr. Mary Wilson, English and Communication department chair who teaches a class on gender issues, gave her point of view on the topic:

“The term transgender has a variety of definitions and for the most part, the concept is confusing, as is its manifestation. One definition is ‘an identity that seeks to cross genders, to transcend the confines and expectations of sex and gender, in order to construct a personal and unique form of gender.’ (from Dana Ivy and Phil Backlund’s 2004 GenderSpeak.)

“This definition is perhaps the most constructive, as gender is primarily socially and culturally constructed. Why should anyone adopt particular gendered behaviors just because they are based on tradition?

“This definition differentiates transgender from transsexual (biologically different than one’s psychological gender), transvestite (cross-dressers), hermaphroditism or intersexuality (having both sexual organs).

“I can fully embrace the behaviors associated with the above definition of transgender. After all, many behaviors that are considered appropriate to females or males in this culture are inappropriate in other cultures. Why link culturally learned behavior to biological sex?

“Another definition of transgender states that these are people who feel that their sex is wrong: female trapped in a man’s body or male trapped in a woman’s body (from Julia Wood’s 2003 Gendered Lives.)

There are some well-known cases of this--where due to surgical errors physicians have “chosen” to change boys into girls and then later very serious psychological problems occurred. There are cases of sex assignment at birth when both genitalia are present, and again documented psychological problems have followed.

“The current pregnant man example fits this second definition. He was a female before taking hormones to grow facial hair, etc. and entered into a relationship with a woman. He did not have his female organs removed, so that is why he is able to become pregnant. He has taken on the role of being male, but is still female biologically.
"This second definition of transgender is more complex. I don't believe that people choose to live these experiences just for the fun of it or because it seems to be the new deviant craze. This is an extremely tough road psychologically. Often time's families and friends forsake these individuals.

"I think that from an ethical perspective, we cannot impose our beliefs on others or condemn someone else for living in a way that we do not understand. There are biological issues involved here; it does not seem to be a matter of choice alone. We can't blame people for their biology and we don't know what happened in their genetic make-up. We have not been given the responsibility of judging one another, but of accepting each person as God's creation."

Dr. Gary Chartier, professor of philosophy at LSU, gave a male perspective on the issue. "These events prompt us to think hard about the meaning of gender, reminding us that answers to questions like, "What is a woman?" and "What is a man?" are not simple or obvious. Indeed, they prompt us to ask whether the simple binary opposition between "male" and "female" ought to be or can be exhaustive, or whether we need different categories that allow us to talk more helpfully about unexpected situations like this one," said Chartier.

It becomes evident that there are no straightforward answers to these questions. Maybe in order to understand the issues of gender change we must understand that each case is individual. Applying this to the concept of choosing our biological gender without forgetting that our choices are critical allows us to create a balanced picture. Some of these decisions will have positive effects and others will not. Regardless, it is our responsibility to accept the consequences that follow. After all, they are what shape the future of our society.

student speak: sex change

con

Brett Saunders, Senior: "It's just attention seeking, I'm against it. If a woman decides to become a man then he should not try to have a baby because men do not give birth to children."

Carolina Saucedo, Senior: "I feel sorry for the birth of any children in this particular situation, they will grow to be confused and will be equally mocked as their parents. It's brave and bold for someone to take on that kind of ridicule from society. I wouldn't have the courage to make those choices in my lifetime. In that aspect, I say kudos to it," said Saucedo.

pro

Ryan Nickel, Junior: "I think that people should do whatever makes them happy, even if that means changing their gender. In the past, if my mother changed her gender to a man and then decided to give birth to me as a man, I would still love and support her because she's my parent and that love is unconditional."

Were you there?

Blood Drive, Food Melee, Geology field trip to Death Valley, and Cendrillon opera
Peeves and Proclivities

Unlike the book *Don't Sweat the Small Stuff*, I am here to proclaim that it is exactly the small things that matter most. Everything can be broken down into peeves and proclivities (things you tend towards). Proclivity doesn’t exactly mean what I am using it for but the alliteration is cool. Having a tissue right when I need one is a “proclivity” of mine, as I like to call it, but it is always coupled with a peeve. I sometimes find myself in the middle of a nap and am rudely awoken, not by the professors lulling lecture, but by an unwelcome drip of snot that I pray the rest of my classmates don’t see glistening in the light. This peeve becomes a joyous occasion when to my delight I find a crumpled paper towel in my pocket. No matter how similar to cardboard my snot savior is, I am always glad to have it at that moment.

Now to peeves. You may think I am a lunatic for mentioning this, but that doesn’t change the fact that it annoys me to absolutely no end. Bundt Cake. Delicious. Is it necessary to call the cake a Bundt? No. For those who don’t know, a Bundt cake is round and is named after the pan it was made in, so what. For almost all other foods we differentiate them by their ingredients. For example, chocolate chip, pistachio, honey-nut, salted, peanut butter, etc. But by the logic presented in the naming of the cake in question, the following would ensue: Person 1: “Hey, this is excellent stir fry.” Person 2: “Thank you, I made it in a wok, it’s actually wok stir fry.” Or, person 1: “Hey, these are good muffins, how did you make them?” Person 2: “In a muffin pan, they’re actually muffin pan muffins.” Or, person 1: “Hey, this steak is great, how did you make it?” Person 2: “I made it on a George Foreman grill, it’s actually George Foreman grill steak.” The only characteristic of the Bundt cake that separates it from pathetically normal quadrilateral cake is that it is round. Amazing. I am at a loss for words. I can only imagine the first time the Bundt cake was introduced, and I imagined it something like this- David (the actual inventor): “Hey Louis, come here, I wanna show you something.” Louis: “What?” David: “Check it out.” Louis: “What is that? It looks like normal boring cake, it tastes like normal boring cake but... but...IT’S ROUND.” David: (smugly) “I know.” Louis: “It’s unbelievable, it’s round cake.” David: (chuckling at Louis’s naivety) “No Louis, it’s Bundt cake.” And the rest is history.

Those are just a couple on my ever growing list of things that vex and please. Maybe you can relate or maybe I’m the only one that is so affected by details that normally go unnoticed. Whatever the case, thanks for reading about the small stuff that makes me sweat.

You know you're at LSU when...

you go grocery shopping in the Eagle's Nest.

[Contributed by Rebecca Kern]

Have an idea for this phrase? Email me your one-liners [rhes295@my.lasu.edu] and if it's any good, we'll use it.

"Batman or Ironman...both!"
- Michael Avila
Soph/Music

"Superman."
- Jorge Guiza
Sr/Bus. Mgmt

"Batman!"
- Jessica Ariza
Soph/Bus. Mktg

"Batman, he’s the bomb!"
- Shea Smith
Soph/Biomed

"Spiderman."
- Enrique Rodriguez
Sr/Social Work

"Ironman."
- Andy Fukuda
Jr/Biochem&Span
Time is one of those curiosities in life. On the most primitive level, everybody has time; a whole lifetime in fact, but somehow no one ever really seems to have time for anything. I know I’m a time-poor woman. It’s no doubt a phenomenon most every college student can relate to as well. But what’s most frustrating is the sad fact that nobody can possibly create more of it. It’s our precious commodity.

Time has a life of its own, sometimes racing at breakneck speeds while at others, dragging like a lead weight. Modern life rushes through the day, dividing it for efficiency and measuring it to the precise nanosecond; yet still tries to take the time to pause, lest we feel as if a year has gone by without really knowing where it went. Trying to frantically squeeze the most out of each experience and savoring life slowly are two approaches that seem mutually exclusive yet we attempt it everyday and swear to use this conflicting creed to govern our lives.

This June, we see our tenth edition come to life and with it, we mark a full year under our new production format. In reality, much more than a school year has gone into revolutionizing this publication. This ingenious idea hatched in our Publications Manager’s head and owes its life and blood to the dedicated staff who labored away to meet looming and relentless deadlines since the previous summer before it finally evolved into what you are reading now.

With this, I hope to offer you a memento of sorts; something that allows you to pause amidst your busy preparation for exams, graduation, summer adventures whatever they may be for a glance back at the year. You see, in spite of lapsing into a panic attack whenever I wake up to see that my first class started exactly six minutes ago, I do actually believe what the Rolling Stones say when they croon in their raucous bluesy rock-and-roll that essentially “time, time, time is on my side.”

Tiffany Ap
Editor-in-Chief

Have an opinion about our articles? Share any of your thoughts by sending a ‘Letter to the Editor’ to criterionlsu@gmail.com. Appropriate letters will be published with permission.

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2008-09 Editor-in-Chief: Tabitha Bunch

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Criterion is a monthly news publication of the Student Association of La Sierra University. The opinions are those of the respective author and do not necessarily represent the opinions of SALSU, La Sierra University, or the Seventh-day Adventist Church. This publication does the utmost to monitor for accuracy. However, please notify us if you note a misprint. Contact us: criterionlsu@gmail.com
notable news & announcements

SALSU TO GO is happening tonight! Come out to the Campus Mall for free Taco Bell at 6:30 p.m.

YEARBOOKS are here! If you took a photo, pick it up at the SALSU or Student Life office.

CRITERION is looking for dedicated and creative staff members for next year. If you are interested, please email salsu.publications@gmail.com

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Dear Reader,

The 2007-2008 academic year at La Sierra University is nearing its conclusion. As we close out this year, I find myself reflecting on LSU's effervescent character. The students this year have really impressed me with their enthusiastic participation in campus life. I was really pleased to see students show a substantial increase in missions. This can only be a telling indicator of how much students care about their neighbors in the world. To see SIFE successful this year at the World Cup was another inspiring highlight.

I have also seen the continuation of a fine performing arts tradition at LSU, with students involved in drama, musicals, opera, and a myriad of musical ensembles on campus. I know we all felt pride and excitement to see our campus sporting a new baseball field and a new student center. Things like these are what create the wonderful community experience found here on campus.

It has been a privilege to lead SALSU this year and be a part of bringing the campus to life. I have been blessed with a talented team of officers who have worked tirelessly for the benefit of the student body. They have proved themselves this year to be outstanding servants of the people. From our banquets to our Rendezvous worships, it has been tremendous fun. SALSU senators, who have worked to represent the interest of the students, must also be recognized. Your senators have gone above and beyond their calling to create events for the students and improve student government and the campus they call home. With the active support of President Randal Wisbey, Student Life VP Yami Bazan, the school administration and our awesome sponsors, Kristi Dart and now Fain Nahab, SALSU has had an excellent year.

I also wish to recognize the Criterion staff, whose dedicated efforts have consistently put the student-run magazine to print in a timely fashion. The Criterion this year has wildly exceeded my expectations in terms of quality content. I am so delighted to have had a full year of the news magazine in print. Under the leadership of your Criterion Editor-in-Chief, Tiffany Ap, and your Publications VP, Jacquelyn Weischadle, the Criterion has come a long way. I hope you have enjoyed reading it as much as I have this year. What pleases me the most is that the Criterion is a publication by the students for the students. Each and every staff member is a student, and yet at the same time is a driven journalist. Next year, you can expect SALSU to continue its tradition of building and enhancing our campus community. I firmly believe SALSU will grow to new strengths under the leadership of incoming President Marlyn Cuenca and her team.

With my upcoming graduation this June also comes my departure from LSU. I have grown to love this place and I have many happy memories to look back upon. I thank you for your support this year, especially for coming out to SALSU events. It has been an honor to serve you this year as your SALSU President. May God bless you in all your endeavors as this school year draws to an end.

Sincerely,

Andrew S. Hibbert
SALSU President
You asked, President Wisbey answered:

When you’re mad, how do you “cool down?”
Exercise works wonders. So does listening to music. If something gets to me at work, or I feel overwhelmed, I love to walk around campus, talk to people, and remember why this is so important.

Do you always wear a suit? No. At home I’m mostly a short pants and t-shirt guy.

What’s your favorite type of dessert? Ice cream. My wife makes the most amazing German Chocolate Cake—with ice cream it is simply the best.

Would you be willing to sing with the praise group next year for worship? Absolutely. I would even be willing to play my guitar, and if encouraged, my tambourine.

How do you plan to keep students updated with the information that is relevant to them? We’ve been holding focus groups with students this quarter, and it is clear that this is one of the leading desires on the part of students. We are putting new resources into both internal and external communication and marketing, and our web site will be revamped in order to better serve students. Plan on more focus groups and Q&A’s.

How do you deal with the current high gas prices? I drive a Camry Hybrid, and I am blessed to live close to campus.

How does it feel seeing your son around campus? Very proud. I love being Alex’s dad.

There are A LOT of squirrels in this campus. Are you afraid that maybe they’ll take over the campus one day? Actually we are developing a special tuition plan that focuses on their dietary needs—classes are optional. The more the merrier!

Can we have a better equipped dorm? I am the first to agree that we need more options for our students in residence. While we will be working this summer on addressing some of the basic needs of our current dorms, the reality is that we need to build new residences that reflect the way that students want to live today. We are looking at options as to how we might finance this endeavor at both the LSU Foundation Board (made up of area business leaders and donors) and the LSU Board of Trustees.

What do you like the school cafeteria food? I enjoy eating lunch in the Dining Commons. I’m still amazed that you can get fresh avocado most days in the Salad Bar, and I love the variety of foods that are available. The cooks seem to really like their jobs—and that translates, I believe, into good food.

What is your favorite color? Blue.

What do you like most about LSU? I know it sounds predictable, but the students are my favorite part of La Sierra. I am amazed by the talents and abilities of our student body—and I am continually encouraged when I get to spend time talking with them. I love going to the theater productions, the concerts, seeing them playing tennis or soccer.

What was your most uplifting moment, spiritually? I lived in Jerusalem, Israel as a student missionary during college. I will never forget the Sabbath evening sunsets, sitting with friends on the top of the Mount of Olives, singing as the sun went down.

What was your most embarrassing moment? That is hard—there have been too many. In college I appeared as a killer bee (our remake of a Saturday Night skit) with a group of friends. Very sad costumes and a really bad song I helped to write. You get the picture . . . .

When you were a kid, what did you see yourself being when you grew up? I wanted to be a cowboy—until I got bucked off my horse one summer at Pine Springs Ranch.
As the 2007-2008 school year closes, we are left with many memories. Seniors will graduate and move on with their lives as will the professors who taught them also move forward. This year, La Sierra University is losing five of their greatest teachers who made their decision to retire. Dr. Gary Bradley, Professor Peter Erhard, Dr. Edwin Karlow, Dr. Larry McCloskey, and Dr. Ray Shelden, will no longer be with us as full time teachers. La Sierra will have big shoes to fill in order to match accomplishments of these professors. As Dell Jean Van Fossen, Director of Human Resources said, “Each have served in the church and each have had an impact with the church and LSU is fortunate to have had them here.” They leave behind an everlasting impact and will never be forgotten.

Dr. McCloskey graduated from Atlantic Union College and then went to Duke University studying biological oceanography. He is the Chair of the Biology department, and has been at LSU for thirteen years, and a member in the denomination for forty years. Dr. McCloskey has an itch for knowledge; always trying to further his education, Dr. McCloskey wanted to share his knowledge with young people and began teaching at Walla Walla University. His concentration is centered on coral reef ecology and physiology. Dr. Larry McCloskey said, “This department (Biology) is a good department, actually a remarkable department.” His future plans include spending more time with his two grandsons, traveling, and doing whatever pleases him. After surviving prostate cancer, Dr. McCloskey is going to make the most of his life cherishing every moment. He will be around LSU for a short extended time, as he intends to teach fall and winter quarter next year.

Art Professor, Peter Erhard, grew up in South Field Michigan, and upon graduating from high school joined the military. From there he attended Andrews University for a year, and then went to the School of the Art Institute of Chicago where he earned an MFA with an emphasis in printmaking. After graduating, he did his graduate work at the Institute of Design in Illinois, studying graphic design and photography. After exploring the industry, Professor Erhard ended up teaching at Andrews and eventually became the Art Department Chair. After his two daughters were raised, Professor Erhard decided to come to LSU. He has been at La Sierra for ten years, and in the denomination
for a long time. Professor Erhard said "Teaching at La Sierra has been great; it keeps me alive and awake." He has been working on a photographic documentary in Vietnam for the past thirteen years, and plans to continue upon retirement. Professor Erhard's future involves lots of travel with a slight possibility of doing some contract photography teaching at LSU in the future.

Dr. Edwin Karlow has been teaching as Physics professor at LSU for thirty years, and belonged to the denomination for thirty-nine years. Dr. Karlow is a graduate of Walla Walla University, went to graduate school at Washington State University, and from there he began teaching at Colombia Union College. Dr. Karlow's work at LSU has mostly been in the classroom and lab. He has done research in acoustics, and has been published. During his time here, Dr. Karlow has developed the music technology program.

In partnership with Physics Professor Dr. Rouse, the two men have developed a computer interface for the physics lab known as the CHAMP Project. This introduced computers in to labs before PC's were built. Dr. Karlow has also served as the Director of the Honors Program for three years. His future plans include moving to Washington with his wife and getting the "travel bug" out of their system. There is a possibility that we may see Dr. Karlow checking up on LSU in the future.

Organic chemistry professor Dr. Raymond Shelden graduated from La Sierra University in 1964 with a degree in Chemistry, and was in the first graduating class at UCI for his graduate studies. Dr. Shelden has been serving LSU since 1969, and has served as the Chair for over half the time he has been here. Dr. Shelden has accomplished multiple tasks over the years leaving a lasting legacy; he has re-directed the focus of the department towards biochemistry and changed the name of the department, was responsible for the hiring of over half the staff, oversaw the remodeling of the labs, and generally fine-tuned the department.

He is also the Coordinator of the Summer Programs, bringing in large amounts of money for the university and departments. Dr. Shelden is responsible for writing the lab manuals for Intro to Chemistry, and Organic Chemistry. Dr. Shelden said, "It's difficult to leave, it is with a feeling of loss that I walk away from my life for the past 39 years, it's a major change... I'm torn." With future plans to move this month to Fawnskin in Big Bear, Calif., Dr. Shelden will be taking it easy enjoying life. He will be around for three weeks this summer teaching Organic Chemistry before his final departure.

Dr. Gary Bradley graduated from Pacific Union College with a degree in Biology, and did his graduate studies at UC Davis. Dr. Bradley is a former Dean of the College of Arts and Sciences and also a former Chair of the Biology department. He has been at LSU for almost thirty-eight years. Prior to La Sierra, he spent four years teaching at San Gabriel Academy. He has done most of his research in the field of genetics, dealing with cacti and strawberries, and performed research on the population of crickets. Dr. Bradley said, "I am teacher, that's my number one contribution, that's where it's fun." He is also an active member of the Honors Committee. Dr. Bradley is retiring and giving up his tenure, but will still have a two-thirds appointment with LSU, meaning he will teach full-time winter and spring quarters. Apart from these sessions, Dr. Bradley would like to get in some travel time with his wife and enjoy life.

Dean Tracie Taylor, Dean Harumie Nomoto, and Coach 'JJ' Glessa are also leaving behind big shoes to fill.
There exists a parallel world within our small university. A world experienced only by a lucky few. These few experience a world both relaxing and stimulating; a world built for peaceful, yet challenging thinking, creative freedom, and unnerving imagination. A world where homework, stress, and tests are temporarily non-existent. Where is this captivating and mysterious utopia? This world is actually accessible to all students—at least until June 15, 2008. With a little trek up La Sierra, one should spot a big orange ball that indicates the entrance—yes, you are at the right spot—the Visual Arts Center (VAC). For the last remaining two weeks of this year, the Visual Arts Center will host their Annual Student Art Show.

This show will feature paintings, drawings, photographs, and mixed media works of graduating Bachelor of Arts seniors: Bomi Kang, Joel Kolb, Justin Baker, Nathan Oster and Sakeena Smith. These graduating students have been dreaming about, accumulating, and preparing their senior exhibits ever since their collegiate careers. Like most graduating seniors who have to prepare a work that finalizes their major, they have been working on their exhibits for at least two quarters. Others who will also have work exhibited are Bachelor of Fine Arts seniors Joem Blanche, Jennifer Halverson, and Scott Shakespeare. These students are presenting works from their senior projects in the Lobby of the VAC. Both features are sure to present a palette of oozing brilliancy, unmatched individualism, and powerful messages: a universe like no other.

This world can be experienced only from June 2 to 13, the gallery will be open Mondays to Thursdays from 10 a.m. to 4 p.m., and Sunday, June 8 from 2 to 5 p.m. The reception will be held on the 15 following the graduation ceremony. What a thrilling way to end your year or years at La Sierra in a world all about freedom!

For more information contact Beatriz Mejia-Krumbein, Art Department chair, (951) 785-2456 or bkrumbei@lasierra.edu.
Jazzy Garden Party
By Jonathan Finau
Photos by Yvette Vargas

There was music in the waterfalls, the trees, the outdoor patio, the food, the caterers, the photo booth, the band, the cake-decorating, the swing dancers, and the people. Music was everywhere! What type of music? Herbie Hancock said, “Jazz is a music that translates the moment into a sense of inspiration for not only the musicians but for the listeners.”

***

The Social Committee of SALSU sat anxiously in the office with their Social Vice President, Anna Duong, after the rewarding banquet, Red Lantern, to plan the upcoming banquet for Spring Quarter. Duong came up with a brilliant idea: a banquet that could feature Jazz music and Swing dancing! “I also wanted to get the music department involved in social events at school; since we have a super-awesome jazz band, I thought, ‘Why not?’ Swing dancing is just so much fun—and it has a cultural context to it. To take a different approach from the last banquet, I also wanted to have an outside banquet, where it was a little less formal,” said Anna. So they called it Jazzy Garden Party.

We know Jazz music as the type of genre that has a different taste to it and can be incorporated into other genres of music. Surprisingly, students that attended the Jazzy Garden Party did the same thing: Guys were quite the gentlemen that night and the girls were beautiful like always. No question about the music provided because LSU’s very own Jazz Band took the lead and transformed the party into a real Jazz Garden Party. I have never seen or heard of swing dancing before but after witnessing the One-Two Step Swing group lifting people up and swinging them around without touching the ground was pure entertainment.

A cake-decorating contest was added into the program; there were marriage cakes, birthday cakes, flower cakes with real flowers, and sunshine cakes. This proved that our students are professionals when it comes to decorating cakes! The fun did not end with cakes and music and performances. It lasted even when the floor was open to some “Y-M-C-A” by the village and many other oldies.

During the program, SALSU also hosted an award ceremony for the hard working Senators of our school. Senators were awarded by SALSU Vice President, Johnson Ma. The overall “Senator of the Year” was presented to Nina Park from the Social Committee. Other awards presented were the “Senator of the Year for the Judicial Committee” to Alex Wisbey, “Senator of the Year for the Wellness Committee” to Michelle Lumban-Gaol, and “Senator of the Year for the Emerging Issues” to Jonathan Finau. A special recognition was awarded to Sam Limbong for his commitment and effort as the SALSU Parliamentarian.

***

The Jazzy Garden Party was wonderful with the talent for improvisation and the liveliness of the people. Anna said, “Planning a banquet is one of the tougher social events to plan for students. You try to bargain for good prices so you could charge students less, you have to make sure the food and entertainment is worth a night out, you have to find decorations that match the theme and the location, and you have to find a new venue that suits your purpose. I’d like to thank the officers that helped, and all of the wonderful Social Committee Senators for their creativity, hard work, and encouragement. Yeah, it was one Jazzy Garden Party.”
## June 1 - June 14, 2008

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<tr>
<th>Date</th>
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<tr>
<td>6/1</td>
<td>12pm - Prayer at the Statue</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>6/2</td>
<td>11am - Assembly by Schools</td>
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<td>10 pm - Angwin Dorm Worship</td>
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<td>6/3</td>
<td>6/4 - Rendezvous of HMA</td>
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<td>6/5</td>
<td>11am - UW at LSU Get Your JUNE Criterion Issue</td>
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<td>6:30pm - SALSU Rendezvous Café</td>
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<td>Thursday - To Go</td>
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<td>6/6</td>
<td>7:45pm - First Service &amp; Midnight Café</td>
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<td>6/7</td>
<td>10am - Sabbath School</td>
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<td>B&amp;B at Sierra Vista Sierra Vista Chapel</td>
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<td>8:30pm - Jazz Band in HMA</td>
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<td>6/8</td>
<td>12pm - Prayer at the Statue</td>
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<td>10pm - Towers Dorm Worship</td>
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<td>6/9</td>
<td>Final Exams begin</td>
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<td>10pm - Prayer at the Statue</td>
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<td>6/10</td>
<td>6/11 - Spring quarter ends</td>
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<td>6/12 - LSU Graduation: Consecration</td>
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**SALSU Shirt Design Contest**

Do you want to see your design on next year's SALSU shirts? WE DO!!

Get creative and remember, SALSU is rewarding winning designs

Submit to salsu.financial@gmail.com Call next 2005 for more details

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**Criterion Challenge**

It's back! The first person to turn this into the SALSU office correctly completed will win a limited-edition SALSU shirt. Good luck!

Across:

1. Breakfast, lunch & dinner
2. Late nights spent with books
3. Boy's dorm
4. Student association
5. Computer lab

Down:

1. Campus magazine
2. Chapel
3. SALSU
4. A girl's dorm

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Congratulations to last month's winner - Brandon McCowan!
Sports Round-up

By Tabitha Bunch and Heather Corona, Photos by Fain

Men’s Basketball: The 2007-2008 Men’s Basketball team consisted of nine players. Joel Haldaman acted as head coach. In total, the team had a rough season with 5 wins and 17 losses. Their last game against West Coast Baptist College was most notable. The stands were almost completely full with fans supporting either squad. For most of the game LSU was in the lead, but the score was incredibly close. As the final seconds of the clock wound down WCBC scored two baskets to steal the win; the final score was 76-73.

Women’s Basketball: The 2007-2008 Women’s Basketball team had a pretty fair season with 10 wins and 14 losses in total. Their longest winning streak began in the fifth week of their season; they went on to win four straight games against Claremont Mudd-Scripps College, Cal Tech, UC Santa Cruz and St. Joseph College. Their most notable victory took place on December 9, when they defeated Cal Tech by a margin of 33 points. Overall, the season was successful considering the how young the team actually is; the squad primarily consisted of freshman and sophomores. As the team ages, they are likely to become more statistically successful. This is one of the best up and coming teams on campus; be sure to go and watch them next winter!

Men’s Tennis: The men’s tennis team consists of ten players, most of which are returning players for next year. The team was led by Coach Steve Bergovoy. The final season record was 3 wins and 8 losses.

Women’s Tennis: The women’s tennis team consists of six players, most of which are returning players for next year. The team was led by Coach Steve Bergovoy. The final season record was 1 win and 9 losses.

Men’s Soccer: The 2007-2008 Men’s Soccer team had a reasonably unfortunate season statistically with 4 wins, 11 losses, and one tie. Two of the team’s wins were against the California Institute of Technology, which is better known as Cal Tech. This was the squad’s third season competing as a NCAA Division III Independent. The team has been coached by John Muñoz for all three seasons.

Women’s Soccer: The 2007-2008 Women’s soccer team had a remarkable season with 9 victories, 4 losses, and one tie. The team played incredibly well and just missed out on a bid to the NCAA Division III Independent tournament. This was due partly because of the horrible fires that plagued Southern California in October 2007 which led to the cancellation of three scheduled matches. While the team did not compete in the tournament, its accomplishments were honored by the NCAA when it named four La Sierra University players to the Association of Division III Independents Squad. Freshman defender Georgia Anagnos was named the “Rookie of the Year” and named to the First-Team All-Independent Team. Also named to the First-Team All-Independent squad was sophomore Starlena Murray. Freshman Shannon Seibert made Second-Team All-Independent, and Junior Jessica “Juice” Calderon made Honorable Mention All-Independent as a midfielder.

Volleyball: The 2007-2008 Women’s Volleyball team completed its season with 3 wins and 16 losses. The squad had two victories that were finished in four out of five sets; those victories came against Cal Tech on September 15 and West Coast Baptist College exactly one month later. The team is relatively young with nine freshman, two juniors, and two seniors. The team is coached by Kim Sattison and Erin Conley.

Golf: The golf team consists of ten players; seven are seniors, one is a junior, and two are freshmen. The team was led by Coach JJ Gless. This season was special for the golfers because it was the first time that the LSU golf team ever won a match, and they won two. The final season record was 2 wins and 6 losses. Senior Matthew Allen said, “I wish we had a mascot that followed us around in a big eagle costume, shouting the eagle cry.”

Softball: The softball team consists of 14 players. The team was almost entirely new leaving many returning members for next year. The team was led by Coach Hal Pfeiffer. The final season record was 6 wins and 21 losses. Junior Ashley Meneely said, “Everyone gets along well with each other.”

Baseball: The baseball team is new to LSU. This was the first year that LSU actually had a baseball team and baseball field. The team consists of 15 players, most of which are returning players for next year. The team was led by Coach Lance Hallberg. The final season record was 2 wins and 22 losses. Infielder, Scott Reed, made the title of 3rd Team NCAA Division 3 Independent All-American.
The Deans' List is a record of students who have completed at least 15 G.P.A. units, maintain a G.P.A. of 3.5 or higher for three consecutive quarters, and have received no unsatisfactory grades. The Dean's Academic Honors List is the acknowledgment that the students have done an exemplary job in their college career by maintaining a G.P.A. of 3.5 and higher for three consecutive quarters. The Deans' Honors List recognizes the exceptional students who have maintained a grade point average of 4.0 for three consecutive quarters by sending a Letter of Recognition from President Wisbey. The students on the Deans' List are truly inspiring, and encourage the rest of the student body to strive for higher academic success. The following students are from the College of Arts, School of Business, and School of Religion, and the list has been updated since Winter Quarter 2008.

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how do i deal with jealousy in a relationship?

Ah, the green eye of jealousy appears. However in your case, reader, it’s not regarding money or material possessions, it’s in regards to your significant other. In order to try to decipher the question at hand, we had to ask ourselves what exactly is jealousy and when is it ok to be jealous? According to dictionary.com, jealousy is defined as: a mental uneasiness from suspicion or fear of rivalry, unfaithfulness, etc., as in love or aims. A mental uneasiness, in trying to answer the question this became a redundant theme that centered on our interpretation of jealousy. When a person is jealous, some may express their emotions through a facial expression or stiffening of the body. It is rare that a person in a relationship will deliberately admit he or she is jealous, for the simple purpose of avoiding being perceived as insecure or in direct competition with someone. At times this feeling of jealousy can be “cute” or “funny” to some women, and even the occasional man. However don’t let this make you feel like it’s ok to be jealous all the time. Usually jealousy outbursts are “cute” and “funny” in the beginning, when jealousy is barely beginning to be displayed. Yet after a while, when this emotion becomes a taxing, it’s not so “cute” anymore or healthy for the relationship. In order to find the perfect balance of jealousy a couple needs to have a mutual understanding of their feelings on the subject, in regards to boundaries they can or cannot cross. By expressing your boundaries and what really gets you jealous, beyond the point where jealousy stops being “cute,” this will enable you to establish a healthy dose of jealousy and add the “spice” and “fuego” that your relationship can enjoy.

We want to thank you all for the questions and the continuous questions and support you have expressed for Betty V. and Mr. Hitch. Thank you for a great year, we hope you guys have enjoyed this year. For the seniors that won’t be joining us next year, may all your endeavors be prosperous and fun. Thank you very much, and we will see you next year. Remember, the questions asked more frequently will be answered. Sincerely, Betty V. and Mr. Hitch
On June 1st, six La Sierra students donated their hair at Holistic Image Salon. This, with other donations from other dates, totaled in thirteen ponytails to be created into wigs for children with terminal hairloss. Check out their before and after photos. Thank you for participating!
Congratulations Class of 2008!

You've made it, finally. Whether it took four years or six, graduation is here! We'll miss you but know you'll go on to do great things. Here's a look back at your last year on campus. Photos by Debra Marovitch.

Class Officers
Enrique Rodriguez, President
Ridley Sendow, Vice-President
Evelyn Moore, Secretary
Jason Tomas, Treasurer
Andrew Millard, Social Vice-President
Pablo Ariza, Religious Vice-President
Debra Marovitch, Historian/PR
Hojat Entezari, Senator
Dean Nancy Guerpo, Sponsor/adviser
Dean Dwight Barrett, Sponsor/adviser

Dean Guerpo and Renee
Stephanie Tucker and Nikki Merizan
Enrique Rodriguez
Senior Beach Vespers
Jason Tomas and Ridley Sendow
How to Survive the Last Week of School
By Renee Hess

At the end of the school year, it becomes almost impossible to concentrate on getting the grade. Most of us don’t want to think about school until September. So we tend to forget that there are still a few things to take care of before we pile into cars to head home for the summer. Here are a few tips on how to survive those crucial last two weeks of school, when we still have to go to class, even though our brains are already on vacation.

Focus: I don’t want to go to class anymore. I want to forget all I have learned about linguistics and geology, sit on the beach, and read trashy magazines. But, I can’t. And neither can you. First we all have to get through finals, term papers and exit exams. Graduation regalia sit in the bookstore, waiting patiently to be picked up. With all these stresses, the only tie to sanity is my calendar that I have been diligently keeping all year, with due dates and deadlines scribbled throughout. My advice is this: FOCUS. Keep up with your classes, remember those seemingly far off goals, and don’t let summer fever cause you to forsake your calendar or the scribbles in it. As difficult as it may be to pay attention as the sun, sand and surf beckon, summer will be here soon enough. No need to fail any classes by getting a head start on what will be three well-deserved months of relaxation.

Update Your Address Book: You know all those great people you met this school year? Surprise! They don’t really live in the dorm; they each have real homes that they will be returning to soon enough. Some of these new friends will be coming back to LSU next year, some won’t. Take the time to get cell phone numbers, home addresses and any other contact info so you can plan a dorm floor beach bash some time in the next three months. You will appreciate having your new friend’s numbers, whether you are scrambling to fatten that guest list for your Annual 4th of July BBQ, or you are just bored on a hot August night and want to watch The O.C. Season One box set with your old roommate.

Prepare For Next Year: Are you coming back to La Sierra next year? If so, you can take care of a few things before the end of this school year to make Fall quarter a lot easier. Start with a trip to Student Financial Services and figure out your loans or grants for the 2008-2009 school year. You can also see your advisor, and start planning out your classes early. If you have to take a placement exam to get into a certain course for the Fall, see if you can take it before you go home for the break. We are all busy this time of the quarter, but it helps to get some stuff done early—if you do, you may not have to cut your summer short by coming back to the 951 at the end of August. Have you experienced summer in Riverside? Good Lord, it gets hot here! Avoid the heat and hassle by doing what you can now for next year. You’ll thank me when all your friends have to hop on the 91 in the middle of their vacation to take care of business at LSU, while you sit languidly by the pool, brushing up on the celebrity gossip. Have a great summer!!